

1 Clinical and biological insights from viral genome sequencing

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13 14 Introduction

15 Since the publication of the first shotgun sequenced genome (cauliflower mosaic virus¹), the
16 draft human genome² and the first bacterial genomes (*Haemophilus influenzae*³ and
17 *Mycoplasma genitalium*³), combined with the rapidly falling cost of high-throughput
18 sequencing⁴, genomics has become a major contributor to our understanding of human and
19 pathogen biology. Multiple large scale systematic pathogen genome projects have been
20 recently completed or are on-going (e.g. sequencing thousands of microbiomes and fungal
21 genomes^{5,6}); these projects are shaping our knowledge of the genetic variation present in human
22 and pathogen populations, the nature of genetic changes that underlie disease, and the sheer
23 diversity of microorganisms with which we share our environments.

24 The methods and data from whole genome sequencing are increasingly being applied to clinical
25 medicine, both from a human⁷ and pathogen perspective. For example whole-pathogen genome
26 sequencing has been used to identify new routes of *Mycobacterium abscessus*⁸ nosocomial
27 transmission and to understand *Neisseria meningitidis* epidemics in Africa⁹, while partial
28 genome sequencing has been used to detect drug resistance in RNA viruses such as influenza¹⁰
29 and DNA viruses such as human cytomegalovirus (HCMV)¹¹. Viral genome sequencing has

30 gained considerable traction, often focused on research or epidemiology. Whole pathogen
31 genome sequencing has the advantage of detecting all known drug resistance mutations in a
32 single test while deep sequencing can identify low level drug resistance mutations early enough
33 for clinical intervention^{12,13}. Whole genomes also provide good data with which to identify
34 linked infections for public health and infection control purposes^{14,15}. Notwithstanding,
35 progress in whole-genome sequencing (WGS) of viruses for clinical practice has been slow. In
36 contrast whole-genome sequencing of bacteria is now well accepted particularly for outbreak
37 tracking and for the management of nosocomial transmission of antimicrobial resistant
38 bacteria^{16,17}.

39 This review will address the challenges and opportunities for making WGS, using modern next
40 generation sequencing (NGS) methods, a standard part of clinical virology practice. We will
41 discuss the strengths, weaknesses and technical challenges inherent to different viral WGS
42 laboratory methods (Table 1). The importance of deeply sequencing certain viral pathogens
43 will be addressed. We will also explore two areas in which viral WGS has recently proven its
44 clinical utility: metagenomic sequencing to identify viruses causing encephalitis (box 1); and
45 role of WGS in molecular epidemiology and public health management of the pan-American
46 Zika virus outbreak (box 2). Finally, we will briefly consider the ethical and data analysis
47 challenges which clinical viral WGS presents.

48

49 **Why sequence viruses in clinical practice?**

50 For small viruses such as HIV, influenza, HBV and HCV, partial genome sequencing has been
51 widely used for research purposes, but also has important clinical applications. For example,
52 the management of highly active anti-retroviral therapy (HAART) for HIV relies heavily on
53 viral sequencing for detection of mutations conferring drug resistance. HAART has
54 dramatically improved survival of patients with HIV, but successful therapy requires long-term

55 suppression of viral replication with anti-retroviral drugs, which may be prevented by impaired
56 host immunity, sub-optimal drug penetration to host tissue compartments and incomplete
57 patient adherence to therapy¹⁸. Where viral replication continues to occur, the high mutation
58 rate of HIV enables resistance variants to emerge. It has become standard practice in many
59 parts of the world to sequence the HIV *pol* gene, which encodes the main viral enzymes, for
60 mutations conferring resistance to inhibitors of reverse transcriptase, integrase and protease¹⁹,
61 particularly when patients are first diagnosed and when viral loads indicate treatment failure.
62 Sequencing resistance mutations has allowed more targeted alterations in treatment with
63 significantly greater reductions in virus loads compared with standard care (undetectable HIV
64 load in 32% vs 14% of patients after six months)^{20,21}. Thus sequencing resistance mutations to
65 guide HIV treatment improves disease outcomes. Similar approaches have been taken for
66 identifying HCV²², HBV²³, and influenza²⁴ resistance mutations.

67

68 **Why sequence whole genomes?**

69 Limited sequencing of the small number of genes that are targeted by anti-viral agents, such as
70 the HIV polymerase gene, has hitherto been the norm in clinical practice. For detecting a
71 limited number of antiviral resistance mutations, WGS has been too costly and labour-intensive
72 to justify. However, the increase in numbers of antivirals targeting genes that are located across
73 the genome, coupled with falling costs of sequencing and the use of sequence data for
74 transmission studies, are driving a reappraisal of the need for WGS. For example, antiviral
75 treatment for HCV now targets four gene products (NS3, NS4A, NS5A, NS5B) encoded by
76 more than 50% of the viral genome²⁵. Separate targeted sequencing for each of these can be as
77 expensive and time consuming as WGS²⁶. Partial genome sequencing is particularly
78 problematic for larger viral genomes most notably those of the herpesviruses HCMV¹¹, VZV²⁷,
79 HSV-1²⁸ and -2²⁹. These have traditionally been treated with drugs targeting the

80 protein/thymidine kinase and DNA polymerase genes. However the growing numbers of drugs
81 in development that interact with different proteins encoded by viral genes scattered across the
82 genome, means that the targeted sequencing of multiple genes required for resistance testing is
83 costly and less tractable³⁰. Sequencing the whole genome captures all resistance mutations
84 simultaneously and obviates the need to design and optimise new PCR assays for detecting
85 resistance to new drugs. A good example of this is HCMV, where WGS can simultaneously
86 capture the genes with products targeted by the licensed therapies such as UL27 (unknown
87 function), UL54 (DNA polymerase), and UL97 (protein kinase), as well as newer drugs such
88 as letermovir which targets UL56 (terminase complex), enabling comprehensive anti-viral
89 resistance testing in a single test¹¹. At the same time WGS has the potential to provide
90 information on epitopes, evolution of sequences within a patient over time¹¹, and evidence of
91 recombination between HCMV strains³¹. WGS can highlight putative novel drug resistance
92 mutations, or predicted changes to epitopes, although phenotypic testing of any findings in a
93 model system is required to confirm clinical resistance (e.g. ³²) or to map epitope changes (e.g.
94 ³³).

95 As pre-existing resistance to anti-viral drugs (for example, protease inhibitor-resistant HCV³⁴
96 and nucleoside analog reverse transcriptase inhibitor-resistant HBV³⁵) increases, whole
97 genome sequences will provide the comprehensive resistance data required for selecting
98 appropriate treatment to achieve good patient outcomes. A complete knowledge of all
99 resistance mutations can also support more radical management decisions. In a recent case
100 report, identification of extensive genome-wide HCMV drug resistance within a patient
101 supported the clinical decision to change to immunotherapeutic treatments, specifically
102 autologous cytomegalovirus-specific T cells³⁶.

103 Whole genomes may also better identify transmission events and outbreaks, which is not
104 always possible with sub-genomic fragments. For example, sequencing respiratory syncytial

105 virus (RSV) genomes demonstrated that variation was present outside the gene traditionally
106 used for genotyping, and could be used to help track outbreaks within households, where there
107 had been insufficient time for single genes to accumulate enough genetic variability to be used
108 for transmission studies³⁷. The increased number of phylogenetically informative variant sites
109 obtained from generating full or near full length genomes has been shown to obviate the need
110 for high quality sequences, allowing robust linking of Ebola cases and public health
111 interventions in real time during the recent epidemic³⁸. This also applies to Zika virus, and Box
112 2 explores the role of WGS in public health efforts to control the outbreak in South America.
113 The increased use of whole pathogen sequencing routinely for diagnostic purposes³⁹ is likely
114 to have wider clinical and research benefits. For example HIV genome sequencing to identify
115 resistance mutations, can also be used to explore questions related to viral evolution⁴⁰, public
116 health⁴¹ and viral genetic association with disease. This includes well-powered genotype-
117 phenotype association studies or genome-to-genome association studies, which look for
118 associations between viral genetic variants, host genetic variants, and outcomes of infection,
119 such as viral load set point in HIV infection⁴².

120

121 **Why do we need deep sequencing?**

122 Modern methods which make use of massively parallel sequencing provide better opportunities
123 to examine pathogen diversity through analysis of viral populations within or between hosts
124 that contain nucleotide variants or haplotypes at low (sub-consensus, less than 50%)
125 frequencies. Minority variant analysis is particularly powerful for RNA or retro-transcribing
126 viruses, because they typically have high within-host nucleotide diversity. HIV is the classic
127 example; the viral replication cycle utilises an error-prone reverse transcriptase enzyme that
128 introduces mutations at an extremely high rate ($4.1 \pm 1.7 \times 10^{-3}$ per base per cell)⁴³. This results
129 in a given patient containing not one, but many closely related viruses each bearing subtly

130 different variants, sometimes described as a quasispecies or cloud of intra-host viral diversity.
131 The presence of a mixed population of viruses introduces problems for determining the true
132 consensus ‘majority’ sequence, but these minority (non-consensus) variants may also alter the
133 clinical phenotype of the virus, or predict changes in genotype, tropism or drug resistance. For
134 example, a minor variant conferring drug resistance in HIV present at only 2.1% of sequencing
135 reads in a baseline patient sample can rapidly rise to become a majority (consensus) variant
136 under the selective pressure of drug treatment⁴⁴. Investigators have observed similar changes
137 in frequency of resistance-associated alleles during treatment of viruses such as HBV⁴⁵, HCV⁴⁶,
138 HCMV¹¹ and influenza⁴⁷.

139 Sensitive deep-sequencing of viruses is not only required to detect drug resistance: for HIV, it
140 is also key in genotypic prediction of receptor tropism, which has clinical implications in
141 treatment of HIV. HIV can be grouped genotypically by its cellular co-receptor usage as R5
142 (CCR5-using), X4 (CXCR4-using) or R5X4 (dual tropism). Maraviroc is a CCR5 receptor
143 antagonist, blocking infection by R5-tropic HIV genotypes, but contraindicated in HIV+
144 individuals who have X4 or R5X4 HIV genotypes. Just a 2% frequency of X4 or R5X4
145 genotypes is predictive of maraviroc treatment failure⁴⁸. Sub-consensus frequencies of X4 or
146 R5X4 HIV are also important to the success⁴⁹ or failure⁵⁰ of bone marrow transplants from
147 CCR5-deleted (CCR5-Δ32) donors. This may influence decisions to continue or stop anti-viral
148 therapy in these patients⁴⁹.

149 Detection of minority variants and haplotype identification may also detect mixed infections.
150 In HCMV mixed-genotype infections or super-infections⁵¹ are associated with poor clinical
151 outcomes - detection of these by WGS might support a decision to treat disease in these patients
152 more aggressively.

153 Establishing the clinical associations of minority variants is clearly important, as with
154 maraviroc treatment failure; Sanger sequencing of a virus population can detect minority

155 variants down to frequencies of between 10 and 40% (e.g. ⁵²), whilst NGS can sequence those
156 same PCR amplicons to a much greater depth⁵³, and consequently capture more of the
157 variability present. Thresholds of sensitivity and specificity established need to be specific to
158 the virus in question, and reflect the potential biases of the sequencing methods used. Many
159 studies of HIV drug resistance utilising deep-sequencing of PCR amplicons require minority
160 variants to be present at >1%, to reduce the possibility of false positives^{54,55}. This may lead to
161 a failure to detect true drug resistance mutations at frequencies of 0.1%-1%, which may
162 ultimately be associated with poor treatment outcome on some drug regimes⁵⁵. While a 1-2%
163 frequency threshold (or lower) may be clinically relevant to drug resistance in HIV, it is less
164 clear whether the same degree of sensitivity would be required for monitoring vaccine escape
165 in HBV or drug resistance in herpesviruses (discussed below). Large cohorts of patients will
166 need to be followed with samples collected before, during and after treatment^{44,48}, to establish
167 clinical significance thresholds for minority drug resistance¹¹ and vaccine escape variants for
168 each virus.

169 Direct deep sequencing of clinical material, either by shotgun or RNAseq methods (so called
170 metagenomic methods) also provides the opportunity for unbiased detection of pathogen
171 sequences and thus primary diagnosis of viral and other infections, thereby providing an
172 alternative to culture, electron microscopy and qPCR. This is discussed further below.

173

174 **Practical considerations for sequencing virus genomes**

175 As previously alluded to, sequencing viral nucleic acid whether cultured or directly from
176 clinical specimens, is complicated by the presence of contaminating host DNA⁵⁶. This makes
177 it different from bacterial sequencing which is easily carried out using clinical isolates and thus
178 sample preparation is relatively straightforward (Table 2). Currently, genome sequencing of
179 viruses can be achieved by ultradeep sequencing or by enriching for viral nucleic acid prior to

180 sequencing either directly or through prior concentration of viral particles. All approaches
181 have their own costs and complexities.

182

183 The three primary methods currently used for viral genome sequencing are summarised in
184 Figure 1.

185

186 (i) **Metagenomics - ultra deep sequencing**

187

188 Metagenomic approaches have been extensively used for pathogen discovery and for
189 characterising microbial and general pathogen diversity in environmental and clinical
190 samples^{57,58}. Total DNA and/or RNA from a sample, including from host, bacteria, viruses,
191 fungi and other pathogens present are extracted, put through library preparation and sequenced
192 by ‘shotgun’ or RNA-seq methods (see Box 1). These approaches have proven to be very
193 powerful for detecting viral^{59,60,61} and other causes⁶² of encephalitis where other conventional
194 methods such as PCR have failed. Box 1 explores the growing diagnostic applications for
195 metagenomics and RNAseq, for example in encephalitis of unknown aetiology (e.g.⁶³⁻⁶⁵). In
196 addition, a number of whole viral genomes have been sequenced in this manner, including
197 Epstein-Barr virus (EBV)⁶⁶ and HCV²⁶. However, these methods may be insensitive, because
198 of the presence of contaminating host and commensal pathogen nucleic acid⁵⁶ (Table 2) in
199 clinical specimens. For example on-target read yields (the proportion of reads matching the
200 target genome) from metagenomic WGS of 0.008% (EBV genome from the blood of a healthy
201 adult⁶⁷), 0.0003% (lassa virus genomes from clinical samples⁶⁸) and 0.3% (a filtration and
202 centrifugation enriched Zika virus sample⁶⁹) have been reported. The read depths obtained are
203 often inadequate for robust resistance calling²⁶ and the cost is high. Thus the method has
204 typically only been performed on a small number of samples for research purposes (e.g.^{69,70}).
205 To improve read depths, concentration of viral particles prior to sequencing (as for example in

206 the Zika case⁶⁹), depletion of host material or ultra-deep sequencing have been employed, all
207 of which add to the cost. Concentrating viral particles from clinical specimens by antibody-
208 mediated pulldown (e.g. VIDISCA), filtration, or ultracentrifugation, to isolate a fragment size
209 profile, and depletion of free nucleic acid⁷¹⁻⁷⁴ have all been tried. These host nucleic acid
210 depletion methods may result in there being insufficient viral nucleic acid for sequencing
211 library preparations. To overcome this, non-specific amplification methods (e.g. multiple
212 displacement amplification; MDA) which make use of random primers and phi 29 polymerases
213 may be effective in increasing DNA load. However, these approaches are time consuming,
214 costly, and may increase the risk of biases, error and contamination without necessarily
215 improving the sensitivity of sequencing^{75,76}. Moreover, there are often still a high proportion
216 of host reads present in treated samples⁷⁷.

217 Where metagenomic methods are used for pathogen discovery or diagnosis, appropriate
218 bioinformatic tools and databases capable of evaluating whether detected pathogens sequences
219 are truly likely to be the cause of infection, innocent bystanders or contaminants are critical.
220 Bioinformatic analyses of large metagenomic datasets places an increased burden on high
221 performance computational resources.

222 The fact that metagenomics requires no prior knowledge of the viral genome, can be considered
223 a strength²⁶ in that it allows novel viruses to be sequenced without the need for primer or probe
224 design and synthesis. This is particularly apposite for rapid responses to emerging threats such
225 as Zika⁷⁸. Metagenomic viral genome sequencing may also ‘piggy back’ on projects to
226 sequence virus-associated cancer genomes, which informs clinical care of the cancer or
227 provides further information on cancer evolution, while generating high coverage of integrated
228 virus genomes as part of the process⁶⁶. However, the presence of incidental findings (human
229 genome sequences with potential disease associations, pathogens which were not part of the
230 question that prompted the initial sequencing) may also present ethical (and even diagnostic)

231 dilemmas for some applications of clinical metagenomics (discussed below and reviewed in
232 ⁷⁹). A recent case in point was a cluster of acute flaccid myelitis cases associated with
233 enterovirus D68⁸⁰. The analysis of the metagenomic datasets derived from patients was the
234 subject of discussion through formal⁸¹ and informal scientific channels
235 (<http://omicsomics.blogspot.co.uk/2015/07/leaky-clinical-metagenomics-pipelines.html>), with
236 different groups disagreeing over the interpretation of the same data, especially as some of the
237 alternative pathogens detected can cause treatable bacterial disease. Regulation and reporting
238 frameworks will be important to resolve future issues of this kind.

239

240 (ii) **PCR amplicon enrichment,**

241 An alternative to metagenomic approaches is to enrich for the specific viral genome prior to
242 sequencing. PCR amplification of hundreds to thousands of base pairs of viral genetic material
243 using primers that are complementary to a known nucleotide sequence has been the most
244 common approach to enriching for small viral genomes such as HIV and influenza, prior to
245 NGS sequencing for diagnostic and public health purposes. Recent examples of this approach
246 being applied for public health include sequencing measles virus by PCR-WGS to provide
247 maximum phylogenetic resolution of an outbreak at the 2010 Winter Olympics⁸², sequencing
248 of Ebola virus genome to study epidemic dynamics³⁸, and Zika virus genome sequencing
249 (explored in Box 2). PCR whole-genome sequencing of norovirus (7.5kb genome) has been
250 used to understand norovirus transmission in community⁸³ and hospital⁸⁴ settings. For example,
251 this research showed that some cases within a hospital with plausible epidemiological linkage
252 were in fact independent introductions of the pathogen; but that other cases were the result of
253 transmission, despite infection control practices being in place⁸⁴. Other PCR-based deep
254 sequencing studies have generated multiple whole genomes for influenza⁸⁵ (~13.5kb), dengue⁸⁶
255 (~11kb), and HCV⁸⁷ (9.6kb). This method is feasible (as with PCR and Sanger sequencing)

256 because these viruses all have relatively small genomes, requiring only a small number of PCR
257 amplicons to assemble whole genome sequences. RNA virus heterogeneity may however
258 necessitate the use of multiple overlapping primer sets to ensure comprehensive amplification
259 of all genotypes, for example HCV²⁶, norovirus⁸³, rabies⁸⁸ and RSV³⁷. PCR amplicon
260 sequencing is also more successful for WGS of samples with low virus loads than metagenomic
261 methods²⁶, although other methods such as target enrichment of viral sequences may work
262 equally well in low copy number samples (e.g. low copy norovirus samples⁸⁹).

263 Overlapping PCRs combined with NGS have been used to sequence the whole genomes of
264 larger viruses such as HCMV⁹⁰, but this overlapping amplicon method has limited scalability,
265 since many primers are needed⁹⁰ and a greater amount of starting DNA to allow for each
266 additional PCR, which may not be available from clinical samples. This limits the number of
267 suitable samples available and also the genomes which can be studied with this method. A
268 molecular epidemiology study of the relatively small Ebola genome required between 8 and 19
269 PCR products to amplify the genome for MinION nanopore sequencing³⁸, whilst 14⁸³ and 22
270 pairs⁸⁴ of primers were needed to amplify and Illumina sequence norovirus genomes. This
271 becomes less practical in a clinical rather than research setting because of the high laboratory
272 workload associated with large numbers of discrete PCR reactions, the necessity for
273 individually normalising concentrations of different PCR amplicons prior to pooling, the
274 increasing probability of reaction failure due to primer mismatch, particularly in very variable
275 genomes and the increasing labour and consumables cost associated with multiple PCR
276 reactions⁹¹. Therefore, although PCR-based sequencing of viruses as large as 250 Kb is
277 technically possible, the proportional relationship between genome size and technical
278 complexity make PCR sequencing of sequencing viral genomes beyond 20 - 50 Kb impractical
279 with current technologies, particularly with regards to large multi-sample studies or routine
280 diagnostics. Another consideration is that increasing PCR reactions require a corresponding

281 increase in available sample, and this is not always possible where clinical specimens are
282 limited. Improvements in microfluidic technologies may help to overcome some of these
283 barriers to PCR-based methods, for example Fluidigm, RainDance and other ‘droplet’
284 sequencing technologies. Microfluidics-based PCR and pooling of multiple amplicons have
285 been used successfully to sequence multiple anti-microbial resistance loci, for example⁹², and
286 can also applied to viral genomes, potentially down to the single-cell sequencing level.
287 PCR may encounter problems in amplifying highly variable pathogens such as HCV⁹³ and
288 norovirus where there are many different genotypes, with some genotypes encountering primer
289 amplification issues^{26,89}, or where there is insufficient characterisation of intra-genotypic
290 diversity, leading to primer mis-matches⁸³. Careful design of degenerate primers may help to
291 mitigate these problems, but novel variants still present a risk to detection and amplification.

292

293 **(iii) Target Enrichment methods**

294 Target enrichment (TE) methodologies (also known as pulldown, capture or specific
295 enrichment methods) represent one solution to problems of PCR or metagenomic sequencing
296 of virus genomes. We and a number of other groups have been developing methods that can be
297 used to sequence whole viral genomes directly from clinical samples without the need for prior
298 culture or PCR⁹⁴⁻⁹⁶. These methods typically involve small RNA/DNA probes designed to be
299 complementary to the pathogen reference sequence (or panel of references). Unlike in specific
300 PCR amplicon based methods, the entire genome can be covered by a single tube of
301 overlapping probes which are used in a hybridisation reaction to capture or ‘pull down’
302 complementary DNA sequences bound to a solid phase (e.g. streptavidin-labelled magnetic
303 beads) from the total nucleic acids present in a sample, followed by sequencer-specific (e.g.
304 Illumina) adaptor ligation and a small number of PCR cycles to enrich for successfully ligated
305 fragments. This has been used successfully to characterise large and small clinically relevant
306 viruses such as HCV²⁶, HSV1⁹⁷, VZV⁹⁶, EBV⁹⁸, CMV⁶⁶, HHV6⁹⁹ and HHV7¹⁰⁰. The reaction

307 is performed in a single well and, like microfluidics-based PCR reactions, is amenable to high
308 throughput automation⁹⁸. The lack of a culture step means that the sequences obtained are more
309 representative of original virus than cultured viral isolates, with fewer mutations than observed
310 in PCR amplified templates^{66,96}. The success of this method is in part based on the number of
311 available reference sequences for the virus of interest: specificity increases when baits are
312 designed against a larger panel of reference sequences, leading to better capture of the breadth
313 of within and between sample diversity. TE probe design allows for limited mismatching
314 between template and probe, but whilst PCR requires only knowledge of flanking regions of a
315 target region, TE requires knowledge of the internal sequence in order to design baits. This is
316 balanced by the fact that TE is less vulnerable to a single amplicon failure due to mismatch as
317 internal and overlapping regions may still be captured even if one probe fails^{66,96}. As such TE
318 is not suitable for characterisation of novel viruses with low homology to known viruses, where
319 metagenomics (or in some cases, PCR using degenerate primers), may be more appropriate.
320 As with all methods, the technique is also subject to constraints with regard to starting viral
321 load. We have shown that although capable of sequencing virus from viral loads as low as 2000
322 IU/ml (HCV) or 2500 IU/ml (HCMV), targets could only be enriched so much, leading to
323 reduced depth of coverage in sequencing data at lower viral concentration^{26,66}. With
324 metagenomics, the proportion of sequencing data mapping to the pathogen genome (the on-
325 target read percentage) that can be expected from unenriched sequencing of clinical samples is
326 small. Depending upon the starting pathogen load in a sample, TE can enrich percentage on-
327 target viral reads from 0.01% up to 80% or more⁶⁶. This allows a higher degree of multiplexing
328 than unenriched metagenomics, and brings an accompanying decrease in the price of
329 sequencing, albeit with a relative increase in the cost of library preparation. There are
330 alternative approaches to enriching viral reads which include pulse-field gel electrophoresis¹⁰¹,

331 which separates large viral genomes from smaller host DNA fragments, allowing for
332 sequencing libraries composed of a smaller proportion of contaminating host DNA.

333 Enrichment techniques which make use of degenerate RNA or DNA probes to hundreds of
334 viral species to pull viral nucleic acid out of samples and sequence them, e.g.the VirCapSeq
335 method, have also been developed¹⁰². This method is designed for detection of both known and
336 novel viruses, although its performance remains to be evaluated.

337

338 **Comparison of all three methods**

339 To date, there has been very little direct comparison between the three methods for viral
340 genome sequencing in clinical practice, with only one paper evaluating relative performance
341 for HCV sequencing²⁶. Results from this study, in which three different enrichment protocols,
342 two metagenomic methods and one overlapping PCR method were evaluated, showed that
343 metagenomic methods were the least sensitive, yielding the lowest genome coverage for
344 comparable sequencing effort and were more prone to yield incomplete genome assemblies.
345 The PCR method was the least tractable and most labour intensive, requiring repeated
346 amplification and was the most likely to miss mixed infections, but where reactions were
347 successful, yielded the most consistent read depth, whereas metagenomics and TE yielded read
348 depths in proportion to virus copy number. Some HCV genotypes (particularly genotype 2)
349 were more prone to generate incomplete sequences when PCR was used instead of
350 metagenomics or TE. Targeted enrichment was the most consistent method, achieving full
351 genomes and identical consensus sequences. The ease of library preparation for metagenomic
352 and TE sequencing of HCV was considered a major advantage for clinical sequencing, but PCR
353 may still be appropriate for very low virus load samples.

354 Similar results were achieved in a study comparing norovirus sequencing from PCR amplicons
355 and target enrichment⁸⁹. TE generated 100% genome coverage in 164/164 samples, while PCR-

356 based capsid sequencing was only possible in 158/164 samples, with PCR failures attributable
357 to low virus titres and PCR primer mismatches, suggesting TE is more sensitive than PCR for
358 norovirus sequencing and better accommodates between-strain sequence heterogeneity⁸⁹. TE
359 has also been used as a fall-back method for samples with lower virus loads which do not give
360 WGS after metagenomic sequencing¹⁰³. Both metagenomic and TE methods have the
361 advantage that they are applicable to all size pathogen genomes, whereas PCR based methods
362 are less tractable for sequencing larger viral genomes or for non-viral (e.g. bacterial, fungal,
363 parasite) pathogen genomes.
364 These direct comparisons of different methods^{26,89} will be important in demonstrating the
365 situations in which each method should be used, based on their sensitivity and specificity, as
366 well as factors which are relevant to clinical diagnostic labs such as cost, scalability and turn-
367 around time (summarised in Table 1).

368

369 **Challenges of analysis and interpretation**

370 Beyond the technical challenges of method choice for viral WGS, there are a number of other
371 roadblocks which may slow the advance of WGS in the clinic. They may be considered in three
372 groups: ethical issues, including incidental host and microbiological findings; regulatory
373 issues, such as the establishment of standards, good laboratory practice and sensitivity and
374 specificity thresholds for sequencing; and analytical issues, regarding data interpretation and
375 the proliferation of analysis options.

376

377 **Ethical issues and incidental findings**

378 In many clinical tests (e.g. MRI scans, host genome sequencing), there is a risk of detecting a
379 disease association that was not part of the original investigation yet may have clinical
380 significance for the individual or their family. These so called ‘incidental findings’ remain a

381 topic of intense medical ethical debate¹⁰⁴. The risk of incidental findings in pathogen
382 sequencing (e.g. discovery of HIV infection during metagenomic sequencing for other
383 pathogens) is not unique and has been resolved in clinical virology laboratories, where
384 multiplex PCRs are used and only one of the tests has been requested. In these cases it is the
385 practice of the laboratory to suppress the result that has not been requested (personal
386 communication, J Breuer). In UK laboratories, the clinical virologist who interprets the test
387 results is part of the team managing the patient and as such may decide to discuss an unexpected
388 result with the physician-in-charge. Incidental *host* genetic findings (e.g. detection of variants
389 that predispose to cancer risk) from a pathogen metagenomics study are not reported to the
390 individual in the UK, because this reporting is only permissible with patient consent. In regard
391 to both host and virus incidental findings, targeted enrichment and PCR have an advantage as
392 they target only the pathogen of interest. The ethical and privacy concerns associated with the
393 presence of host genetic data in publically available metagenomic datasets have been well
394 reviewed by Hall and colleagues⁷⁹ and represent a separate challenge.

395

396 **Regulatory challenges**

397 Regulation, as well as helping to address some of the concerns addressed above, will also be
398 important in standardising WGS of viruses. The framework required to make viral WGS
399 sufficiently robust and reproducible in clinical practice will come from a number of areas.

400 The framework of laboratory accreditation and benchmark testing already available (for
401 example CLIA in the USA, or accreditation against medical laboratory quality and competence
402 standardisation criteria for ISO 15189) will support the development of viral WGS standards
403 if there is sufficient pressure from hospitals, journals and funding agencies.

404 Lessons learned from the use of PCR in diagnostics may be useful here, beginning with
405 ensuring good clinical laboratory and molecular practices^{105,106}. This will mean including

406 negative samples in every sequencing run, to assess contamination thresholds, spiking samples
407 with a known virus to provide a sensitivity threshold and including positive controls and
408 controls for batch-to-batch variation¹⁰⁷⁷, all of which will increase sequencing costs and are
409 likely to deter adoption of pathogen genome sequencing by laboratories sequencing small
410 batches of samples. The result may be to drive centralisation of virus WGS to ensure adequate
411 standards are kept, ensure large batches of samples and keep costs down.

412 The issues of sensitivity and contamination are especially important in WGS because of the
413 risk of both false-negative and false-positive detection of pathogens. Highly sensitive
414 sequencing (whether metagenomic, PCR or TE based) may detect low-level contaminating
415 viral nucleic acid (reviewed in^{108,109}). For example murine leukaemia virus^{110,111} and
416 parvovirus-like sequences^{112,113} are just two of many contaminants that have been recognised
417 to come from common laboratory reagents such as nucleic acid extraction columns¹¹⁴. As with
418 other highly sensitive technologies, robust laboratory practices and protocols are needed to
419 minimize contamination. It is also important to remember that detection of viral nucleic acid
420 does not necessarily identify the cause of illness, and it is good practice when using NGS
421 methods for diagnosis of viral infections to confirm the findings with alternative, independent
422 methods which do not rely on nucleic acid testing. For example in cases of encephalitis of
423 unknown origin, positive NGS findings can be confirmed by immunohistochemical analysis of
424 the affected tissue^{59,115}, or identification of the virus by electron microscopy or tissue culture⁷⁹.

425 The standardisation of methods, including bioinformatics approaches will be key to the
426 successful use of NGS and WGS in clinical virology. Software packages that use a graphical
427 user interface (GUI) rather than requiring command-line expertise, with strict version control
428 of software and analysis pipelines to make results reproducible, best practices easily shareable,
429 and to allow accreditation of analysis software will be necessary, whilst retaining an
430 appreciation that best-practice analysis methods are continually evolving and prematurely

431 standardising in an overly rigid manner may inhibit innovation. Commercialisation and
432 regulation may help, providing financial and regulatory incentives to ensure that analysis tools
433 and technologies meet the needs of clinical sequencing for virology. Finally for drug resistance,
434 the development of well curated databases of which mutations are truly indicative of drug
435 resistance will be critical for accurate clinical interpretation. Such databases have already been
436 created for HIV¹¹⁶, HBV^{117,118} and HCV¹¹⁹, but without recognition of their value by funding
437 agencies, and corresponding centralised funding to ensure their continued maintenance and
438 upkeep, tools may become swiftly outdated or unusable.

439

440 **Financial barriers to the use of viral WGS in a clinical setting**

441 While there are good reasons for sequencing whole genomes, and the general use of NGS, if
442 diagnostic or hospital-based laboratories are to be persuaded to make the transition away from
443 sequencing sub-genomic fragments, they need to see not only that the additional information
444 gained from WGS is really of benefit to patient care; but that WGS is (or will become) as
445 scalable and automatable as sub-genomic fragment sequencing, that the regulatory framework
446 is suitable and that the price of sequencing whole genomes is competitive with sequencing
447 fragments.

448 Currently the costs of sequencing viral genomes, notwithstanding their small size, remain
449 generally higher than sequencing of sub-genomic target resistance genes. Equally, whole
450 genome information may provide important additional knowledge, as discussed above. The
451 cost difference between sequencing a target region and the whole virus genome is largely
452 governed by the size of the genome versus the size and number of target loci.

453

454 **What does the future hold? Long-read sequencing and host depletion**

455 Current generation NGS technologies based around Illumina, 454, Ion Torrent or Sanger
456 methodologies as described above have the ubiquitous problem of generating short-read data
457 which presents challenges for haplotype phasing of intra-host minor variants, which aims to
458 identify whether a set of genetic variants occur on the same genetic background (clonal
459 population) or on related, highly-similar but different genetic backgrounds within the same
460 population (sometimes called a viral swarm or cloud); as well as sequencing across repetitive,
461 recombinatorial or mobile genetic regions which are more difficult to resolve using short reads
462 due to problems such as mapping ambiguities. The clinical implications of understanding
463 whether, for example, multi-drug resistance occurs on a clonal genetic background or in a
464 mixed population of viruses with different drug resistance profiles is currently unclear.

465 While there are computational tools (e.g.¹²⁰) to help resolve these issues, especially of interest
466 to researchers, there are also new technologies available. Newer single molecule sequencers
467 such as PacBio (Pacific Biosciences) and MinION (Oxford Nanopore) are capable of extremely
468 long read sequencing, and in some cases whole viral sequences (for example viruses with
469 genomes under 20kb, such as Ebola virus, norovirus and influenza A) could theoretically be
470 obtained from single reads. The MinION also has the advantage of being very fast, taking in
471 some cases as little as four hours to go from sample receipt to reporting of analysed data¹²¹.

472 Data on viral read lengths achieved from MinION sequencing have been relatively modest (e.g.
473 mean read lengths of: 751bp (Modified Vaccinia Ankara), 758bp (cowpox virus)¹²², 455bp
474 [range 126–1477] (chikungunya virus), 358bp [220–672] (Ebola virus), 1576bp¹²³ or 6895bp
475 (HCMV)[personal communication, M Beale] and 572bp [range 318–792] (HCV)¹²⁴). Results
476 from the better-established PacBio technology are more promising, including a recent report
477 of a pseudorabies virus genome sequenced with a mean read length of 12,777bp (against a
478 double-stranded DNA genome ~142kb in length)¹²⁵, and 9.2kb reads have been achieved in

479 PacBio HCV genome sequencing (where only 9.2kb of the 9.6kb had been pre-amplified by
480 PCR)¹²⁶.

481 A drawback of both NGS and single-molecule sequencing however is the need for high
482 coverage to minimize the impact of sequencing errors, particularly in the context of drug
483 resistance studies, as drug resistance most frequently results from single nucleotide mutations
484 or small deletions (1-3 bases), especially in lower-fidelity RNA viruses¹²⁷. This can be a
485 challenge where the amount of viral genome is dwarfed by the presence of host DNA, and
486 when the error profile of a technology makes point mutations particularly hard to detect
487 accurately¹²¹. At the time of writing, MinION sequencing (R9 pore chemistry) has raw 2D read
488 error rates of ~5% [personal communication, Josh Quick], which compares unfavourably with
489 Illumina (<0.1%), Ion Torrent (~1%) and PacBio (13% single pass, <1% with circular
490 consensus read) error rates¹²⁸.

491 However, demonstration of the potential for using these long read technologies with target
492 enrichment provides a potential way forward^{123,129}, as ambiguities can be resolved if sufficient
493 depth of sequence is achieved for the target pathogen, and errors rates for all methodologies
494 may be reduced with technological and analytical improvements. Products or methods which
495 can deplete the host genetic background but not the viral nucleic acids within a sample would
496 be an alternative solution, meaning a higher proportion of virus reads would be recovered from
497 each sequencing run. While there are already solutions in place for bacterial sequencing (e.g.
498 human ribosome RNA or mitochondrial depletion, selective depletion of DNA with a certain
499 methylation pattern), there are no dedicated products for viral sequencing.

500

501 **Conclusion**

502 Whole virus genome sequencing is of growing importance in a clinical context, for diagnosis,
503 disease management and molecular epidemiology (including infection control). There are a

504 number of methods available to achieve WGS of viruses from clinical samples. Currently the
505 choice of methodology (amplicon sequencing, target enrichment or metagenomics) is specific
506 to both the virus and the clinical question. Metagenomic sequencing is most appropriate for
507 diagnostic sequencing of unknown or poorly characterised viruses, PCR works well where viral
508 genomes are short and diversity in primer binding sites is low, while target enrichment works
509 for all pathogen sizes, but is particularly advantageous for large viruses and for viruses with
510 diverse but well characterised genomes. Two obvious areas of innovation currently exist: firstly
511 for methods that can effectively deplete host DNA whilst preserving viral DNA, and secondly
512 for further development in the long-read technology market in order to achieve the range of
513 flexibility and competitive pricing that exists in the short-read market. New technologies are
514 needed to unite the strengths of these different methods and allow healthcare providers to invest
515 in a single technology which is suitable for all viral WGS applications.

516

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521

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533

534 **Box 1. RNA-seq and metagenomics diagnostics.**

BOX:RNASEQ AND METAGENOMICS DIAGNOSTICS

In cases of encephalitis of unknown origin, metagenomic techniques are becoming increasingly promising diagnostic tools. There are a variety of protocols in use, but the clearest distinction is between RNA-seq and metagenomics. RNA-seq is the sequencing of either the total RNA or a subset of RNA extracted from a sample (cerebrospinal fluid or brain biopsy, for example), converted to cDNA and sequenced. Metagenomics is generally used to describe the same procedure for DNA, but may also include simultaneous sequencing of DNA and RNA by incorporating a cDNA synthesis step. RNA-seq methodologies may improve detection of pathogenic viruses, as many viruses have RNA genomes; the expression of viral genes in the CSF or brain is indicative of both the presence of the virus, and which viral genes are being transcribed. However, DNA viruses which experience low-level transcription may be poorly detected using RNA-seq and read numbers for DNA viruses may be higher in metagenomic datasets⁶⁴.

Both methods have successfully identified new or known viral pathogens implicated in encephalitis of unknown origin. Metagenomics has been used to aid in diagnosis and characterisation of enterovirus D68 in cases of acute flaccid paralysis⁸⁰. Metagenomics identified herpesviruses in the CSF of four patients with suspected viral meningoencephalitis¹³⁰. RNA-seq also successfully identified HSV1 in an encephalitis case, although the use of a DNase I digestion (intended to lower the amount of host nucleic acid

in the subsequent sequencing library) lowered the number of HSV1 reads⁶⁴. Mumps vaccine virus has also been detected a chronic encephalitis case using RNAseq [Morfopoulou, S. Deep sequencing reveals persistence of cell-associated mumps vaccine virus in chronic encephalitis. *Acta Neuropathologica* (In Press.)].

RNA-seq has been very successful in identifying encephalitis caused by astroviruses^{131,132} and coronaviruses⁵⁹. The deaths of three squirrel breeders from encephalitis was linked to a novel squirrel bornavirus through the use of a metagenomic protocol in which DNA and RNA were separately extracted and sequenced as discrete libraries, providing complementary data⁶³. Ultimately, metagenomics provides more information about the virus genome present in a sample than PCR alone, which may be important for molecular epidemiology, while RNA-seq has the power to selectively capture information on which sequences are present, as well as informing researchers about viral gene expression of relevance to pathology.

535

536 Box 2: The role of whole-genome sequencing in Zika virus epidemiology and infection control

Box 2: The role of whole-genome sequencing in Zika virus epidemiology and infection control

Zika whole-genome sequencing is being used to understand the epidemiology of the outbreak (where did the virus come from? When did it enter Brazil?); to understand the connection between the virus and microcephaly; and to inform control measures, by stopping importation or interrupting transmission from a reservoir, and informing blood safety measures in hospitals, for example by demonstrating transfusion transmissibility of the virus. Whole-genome (or near whole-genome) sequence is required from flavivirus genomes to give molecular epidemiology studies sufficient power⁴¹. WGS, phylogenetic analysis and molecular clock dating, combined with other epidemiological data, were useful in excluding

hypotheses about the introduction of Zika virus to South America⁴¹. For example, the most recent common ancestor of strains circulating in Brazil predates the 2014 football World Cup, making it highly unlikely that this event was responsible for introducing Asian-lineage Zika virus to South America⁴¹.

WGS is also central to understanding Zika virus pathogenesis, and could be used to interrogate the whole genome of Zika virus for changes associated with microcephaly, as not enough of the virus's biology is currently understood to allow studies to limit themselves to smaller regions of the genome. It's likely that a wide sample of Zika whole genome sequences, from around the world and from microcephaly and asymptomatic cases, will be needed to give confidence to any studies linking particular mutations to the birth defects seen in the recent Zika virus outbreak. No changes in the Zika virus genome have yet been unambiguously associated with microcephaly^{41,69,78}.

Whole-genome and fragment sequencing were used to identify a case of probably transfusion transmission of Zika virus through a platelet donation. This has significant public health and infection control relevance as it suggests asymptomatic donors are capable of transmitting the virus to immunocompromised individuals, although PCR-based testing had already established the presence of Zika virus in the blood supply in a previous outbreak, in this case without molecular epidemiology to demonstrate cases of Zika virus in blood product recipients¹³³. Blood products may need to be routinely screened for Zika virus¹³⁴.

Finally, whole-genome sequencing of Zika isolates has found sequence polymorphisms within primer-binding sites¹³⁵, which may make PCR-based diagnosis and virus load quantification more difficult. This highlights the need to characterise population-level diversity, especially in epidemics, where the locally circulating virus sequence may have diverged significantly from related sequences from other locations or time periods. A number of projects are underway to achieve these goals, including the ZIBRA mobile laboratory

project¹³⁶, employing portable metagenomic sequencing of Zika virus (<http://zibraproject.github.io/>) and real-time reporting of results¹⁰³.

537

538 **Figure 1: Major methods for sequencing viral genomes from clinical specimens.**

539 All specimens originally comprise a mix of host (in blue) and pathogen (in red) sequences.
 540 Direct metagenomic sequencing provides an accurate representation of the sequences within
 541 the sample at the cost of high sequencing and data analysis/storage costs. PCR amplicon
 542 sequencing uses many discrete PCR reactions to enrich the viral genome, significantly
 543 increasing the workload for large genomes, but reducing the sequencing costs. Target
 544 enrichment sequencing uses virus-specific nucleotide probes bound to a solid phase to enrich
 545 the viral genome in a single reaction, reducing workload, but increasing library cost (relative
 546 to PCR).

547

548 **Table 1. Advantages and disadvantages of different viral sequencing sample**
 549 **preparation approaches**

	Advantages	Disadvantages
Metagenomics	<ul style="list-style-type: none"> • Simple, cost-effective sample preparation • Can sequence novel/poorly characterised genomes • Effective in ‘pathogen fishing’ approaches to identify potential underlying pathogen • Low number of PCR cycles limits introduction of amplification mutations • Preservation of minor variant frequencies 	<ul style="list-style-type: none"> • High sequencing cost to obtain sufficient pathogen sequence • Relatively low sensitivity to target pathogen, and coverage proportional to viral load • High proportion of non-pathogen reads increases computational challenges • Incidental sequencing of human and off-target pathogens raises ethical/diagnostic issues

	<p>reflects <i>in vivo</i> variation</p> <ul style="list-style-type: none"> • No primer/probe design enables rapid response to novel pathogens or sequence variants. 	
PCR	<ul style="list-style-type: none"> • Tried and trusted – large technical resource of well-established methods and trained staff • Highly specific – most sequencing reads will be pathogen, reducing sequencing costs • Highly sensitive, with good coverage achievable even at low pathogen load • Relatively straightforward to introduce new primer designs for novel sequences 	<ul style="list-style-type: none"> • Labour intensive and difficult to scale for large genomes • Iterating standard PCRs across large genomes requires high sample volume • PCR reactions subject to primer mismatch, particularly in poorly characterised or highly diverse pathogens, or those with novel variants • Limited ability to sequence novel pathogens • High number of PCR cycles may introduce amplification mutations • Uneven amplification of different PCR amplicons may influence minor variant and haplotype reconstruction
Target Enrichment	<ul style="list-style-type: none"> • Single tube sample preparation suited to high throughput automation and sequencing of large genomes • Increased specificity over metagenomics reduces sequencing costs • Overlapping tiling of probes increases tolerance for individual primer mismatches 	<ul style="list-style-type: none"> • High cost and technical expertise for sample preparation • Unable to sequence novel pathogens and requires well characterised reference genomes for probe design • Sensitivity is comparable to PCR but coverage is proportional to pathogen load – low pathogen load yields

	<ul style="list-style-type: none"> • Reduced number of PCR cycles (relative to PCR) limits introduction of amplification mutations • Preservation of minor variant frequencies reflects <i>in vivo</i> variation 	<p>low/incomplete coverage</p> <ul style="list-style-type: none"> • Cost and time to generate new probe sets limits rapid response to emerging/novel sequences
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550

551 **Table 2. Limitations of viral sequencing**

	Bacteria	Viruses.	Challenges
Genome	dsDNA	dsDNA, ssDNA, partially dsDNA, ssRNA, dsRNA	Different extraction protocols for different viruses, use of cDNA synthesis in RNA viruses or second strand synthesis for ssDNA viruses,
Gene Conservation	Bacteria have highly conserved genes essential for life (e.g. 16s) allowing broad microbiome studies and surveys of taxa	No homologous genes between viruses of different phyla	Lack of conserved homology between viral phyla prevents universal primer based surveys of virome.
Culture	Often straightforward to culture and obtain pure, highly enriched bacterial DNA/RNA	Challenging to culture, and requires a host cell for replication	Cultured virus is heavily contaminated with host cell genome/transcriptome, reducing equivalent viral sequencing output
Clinical specimens	Hardy bacterial cells with cell walls can often be separated from human cells in clinical specimens using differential lysis methods	Viruses are intracellular pathogens, and cannot easily be separated from clinical samples prior to extraction	Clinical specimens are heavily contaminated with host genome/transcriptome, reducing equivalent viral sequencing output

	prior to extraction		
Bacterial methylation patterns	Bacteria are prokaryotes and use different methylation patterns from eukaryotes. Host DNA can be depleted post-extraction using restriction endonucleases directed against CpG methylation	DNA viruses are often methylated by host intracellular machinery, and may possess similar methylation patterns	DNA digestion according to methylation patterns is less effective as a means of host-depletion for viral sequencing post-extraction

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