

The promise of amplification assays for accurate early detection of α -synucleinopathies: A review.

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7 **Keywords: Lewy body dementia, biomarker, RT-QuIC, PMCA, seeding aggregation, α -**
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9 **Abstract**

10 Lewy body dementia encompasses the common neurodegenerative disorders Dementia with Lewy
11 bodies (DLB) and Parkinson's disease dementia (PDD). Lewy Body disease (LBD) is characterized
12 by abnormal aggregates of α -synuclein (α -syn) in the brain which form Lewy bodies. LBD is
13 commonly misdiagnosed/underdiagnosed, especially in early stages. There remains a great need for
14 reliable biomarkers to assist with LBD diagnosis. Amplification techniques such as real-time
15 quaking-induced conversion (RT-QuIC) and protein misfolding cyclic amplification (PMCA)
16 represent an important advance for biomarker detection. Amplification assays detect the ability of
17 pathogenic protein to induce conformational change in normal protein; α -syn has been shown to
18 propagate in a prion-like manner, making it a candidate for such analysis. In this review, we describe
19 the diagnostic potential of amplification techniques for differentiating α -synucleinopathies from other
20 neurodegenerative disorders such as Alzheimer Disease (AD), frontotemporal dementia (FTD),
21 progressive supranuclear palsy (PSP), corticobasal syndrome (CBS), and atypical parkinsonism, as
22 well as α -synucleinopathies from each other. Recent studies report accurate detection of α -syn
23 seeding activity in human tissues such as cerebrospinal fluid (CSF), submandibular gland (SMG),
24 and posterior cervical skin. Adaptation to clinical settings may present challenges. However, the high
25 accuracy of recent results, combined with the success of amplification assay diagnostics in clinical
26 practice for Creutzfeldt-Jakob disease, suggest high promise for eventual clinical application.

27 **1.1 Introduction**

28 Lewy body dementia is an umbrella term encompassing the common neurodegenerative disorders
29 Dementia with Lewy bodies (DLB) and Parkinson's disease dementia (PDD). Lewy body disease
30 (LBD) is characterized by abnormal aggregates of α -synuclein (α -syn) in the brain which form into
31 Lewy bodies. Multiple system atrophy (MSA) is also an α -synucleinopathy and can include some
32 parkinsonian symptoms. DLB and PDD can have overlapping clinical features, but they differ in time
33 of onset of cognitive and motor symptoms (Jellinger, 2018; Walker et al., 2015). Motor impairment
34 precedes cognitive decline in PDD by at least one year, while in DLB motor and memory problems
35 start together or within one year of each other (Jellinger, 2018). Although DLB and PDD differ in the
36 sequence of onset of dementia and parkinsonism, some consider their difference to be arbitrary—

37 they can be seen as part of a continuum rather than entirely separate diseases (Jellinger, 2018; Walker
38 et al., 2015).

39 LBD causes the second most common type of neurodegenerative dementia in older patients,
40 comprising around 5-10% of all diagnosed cases; however, the true percentage of cases is likely
41 higher, because LBD is commonly misdiagnosed (McKeith et al., 2017; Vann Jones and O'Brien,
42 2014; Walker et al., 2015). In 2861 subjects from the National Alzheimer's Coordinating Center,
43 sensitivity of clinical diagnosis against autopsy was found to be 32% for pure DLB and 12% for
44 AD+DLB mixed pathology, although specificity was 95% (Walker et al., 2015) (Nelson et al., 2010).
45 Misdiagnosis/underdiagnosis is partly attributed to mixed pathology, which results in LBD cases
46 commonly presenting with clinical profiles similar to Alzheimer disease (AD) (McKeith et al., 2017).
47 For example, the presence of neocortical amyloid plaques and tangles in addition to Lewy bodies
48 results in clinical profile more resembling AD (McKeith et al., 2017). Technology such as
49 dopaminergic SPECT or amyloid and tau PET imaging can be helpful in detecting mixed pathology
50 (McKeith et al., 2017). The fourth consensus report on International Clinical Diagnostic Criteria now
51 require "two or more core clinical features" or "one core clinical feature, but with one or more
52 indicative biomarkers" for the diagnosis of probable DLB, with indicative biomarkers being 1)
53 reduced DAT uptake in basal ganglia on PET or SPECT, such as FP-CIT; 2) low MIBG uptake; and
54 3) the polysomnographic confirmation of rapid-eye-movement (REM) sleep behavior disorder
55 (RBD), i.e., REM sleep without atonia (RWA) (McKeith *et al.*, 2017; Yamada *et al.*, 2020).

56 The development of broadly applicable genetic or fluid biomarkers, such as α -syn and tau, have been
57 the focus of extensive research in the past decade, but results have been mostly inconsistent
58 (McKeith et al., 2017). Oligomeric α -syn (which precedes aggregation into mature amyloid fibrils)
59 has been found at higher concentrations in the CSF of patients with PD compared to controls,
60 although with unsatisfactory diagnostic accuracy (71% sensitivity and 64% specificity) (Parnetti et
61 al., 2019). α -syn measurement in the blood has been challenging, largely because the fragile and
62 abundant nature of red blood cells (RBCs), which are a major source of α -syn in the blood, greatly
63 increases the risk of sample contamination (Parnetti et al., 2019). Unlike detection of total α -syn in
64 plasma and serum, oligomeric and phosphorylated α -syn may be more suitable as blood biomarkers
65 of PD: oligomeric α -syn levels appear to be elevated in serum of patients with PD with diagnostic
66 accuracy of 75% sensitivity and 100% specificity (results must be confirmed in larger populations),
67 and phosphorylated α -syn levels are elevated in the plasma of patients with PD compared with
68 controls with an AUC of 0.71 (Foulds et al., 2013; Parnetti et al., 2019; Williams et al., 2016).
69 Although blood oligomeric and phosphorylated α -syn appear to have diagnostic potential, further
70 studies are needed regarding biomarkers in accessible sample collection locations such as saliva,
71 plasma, serum, and urine (Parnetti et al., 2019).

72 There remains a great need for highly specific biomarkers for LBD diagnosis or prognosis. Although
73 patients may present with overlapping clinical features, their underlying pathologies may be
74 different, and thus require different approaches to treatment. Development of a specific biomarker
75 test is also crucial for earlier diagnosis. Precise diagnosis of DLB in prodromal phases is especially
76 difficult because of its similarity to other neurodegenerative diseases in early stages, particularly PD,
77 MSA, and AD (McKeith et al., 2020). The ability to reliably diagnose DLB in its prodromal stages
78 could have profound beneficial effects on disease treatment, progression, and outcomes in patients
79 (McKeith et al., 2020). Early detection could allow earlier intervention before symptoms become
80 debilitating, minimize emergency visits and iatrogenic adverse events, and allow time for planning
81 nonpharmacologic interventions (McKeith et al., 2020). Additionally, early detection would expand

82 populations for trials of future targeted therapies, especially where disease modification is the goal
83 (McKeith et al., 2020).

84 **1.2 Amplification technique background**

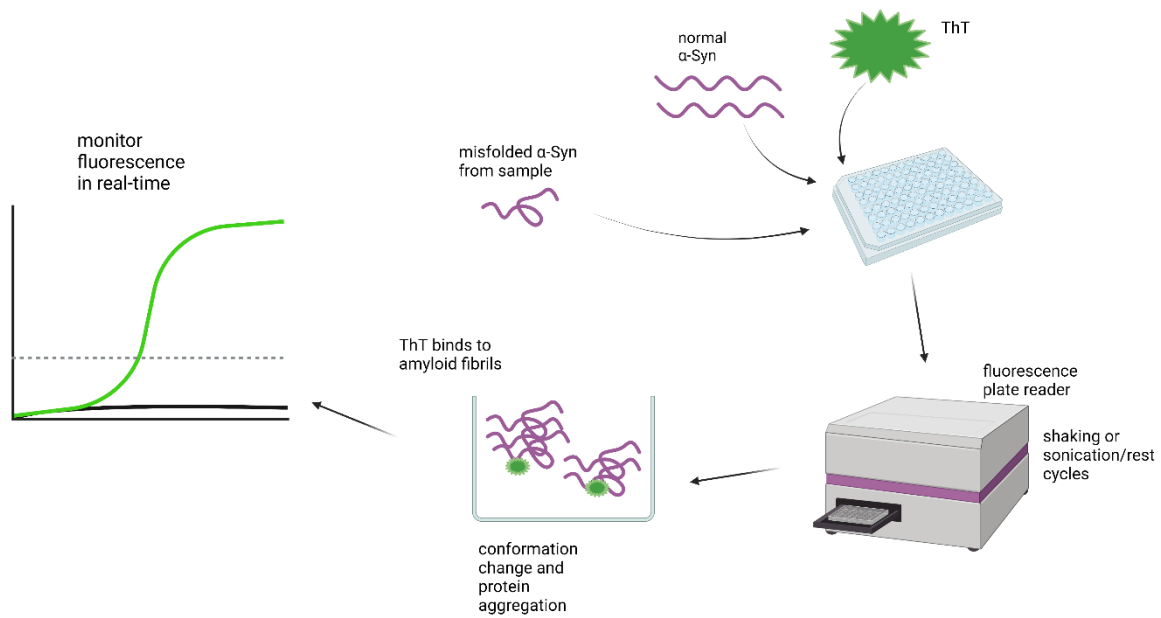
85 In this review, we describe the diagnostic potential of amplification techniques for differentiating α -
86 synucleinopathies from other neurodegenerative disorders such as AD, frontotemporal disorder
87 (FTD), progressive supranuclear palsy (PSP), corticobasal syndrome (CBS), and atypical
88 parkinsonism, as well as α -synucleinopathies from each other. Amplification techniques, also known
89 as seeding aggregation assays, were first utilized for the diagnosis of Creutzfeldt-Jakob disease (CJD)
90 and are currently implemented with high sensitivity and specificity in the diagnosis of prion diseases
91 (Atarashi, 2022; Chatzikonstantinou *et al.*, 2021; Hermann *et al.*, 2021). These assays have also been
92 investigated for detection of tau protein and A β oligomers in AD (Kraus et al., 2019; Salvadores et
93 al., 2014; Carlomagno et al., 2021).

94 CJD is characterized by the accumulation of abnormally folded prion protein scrapie (PrP^{Sc}), which
95 can be detected in human tissues such as the brain, CSF, retina, or olfactory mucosa (Hermann *et al.*,
96 2021). Previously, a definite diagnosis required confirmation at autopsy (Hermann *et al.*, 2021).
97 Now, CJD is often diagnosed by in vitro misfolded protein amplification assays, such as protein
98 misfolding cyclic amplification (PMCA) and real-time quaking-induced conversion (RT-QuIC)
99 (Atarashi, 2022; Chatzikonstantinou *et al.*, 2021; Hermann *et al.*, 2021).

100 Both PMCA and RT-QuIC are assays that enable the detection of minute amounts of protein in
101 samples of body fluids or tissues. They accomplish this by detecting the ability of pathogenic protein
102 (in this case, PrP^{Sc}) to induce conformational change in normal protein (PrP) (Brandel et al., 2019).
103 Pathogenic protein can act as a “seed” to convert the substrate upon contact (Brandel et al., 2019;
104 McNulty et al., 2019). The protein is amplified to a threshold of detection and analyzed by
105 conventional laboratory techniques such as Western blot or, more commonly, thioflavin-T
106 fluorescence (ThT), which shows enhanced fluorescent activity when bound to B-sheet rich
107 structures such as amyloid fibrils (Brandel et al., 2019). Amplification assays use an integrated
108 detection system to measure this seeding activity in real-time (Becker et al., 2018; Brandel et al.,
109 2019; McNulty et al., 2019). PMCA and RT-QuIC differ in their methods of facilitating protein
110 amplification – PMCA utilizes sonication while RT-QuIC implements vigorous shaking (Collins and
111 Sarros, 2016). The high specificity of PMCA is attributed to its sonication/rest cycles, which break
112 down aggregated pathogenic protein and induce further aggregation (Brandel et al., 2019).

113 **2.1 Amplification techniques for α -synucleinopathies**

114 α -syn has been shown to propagate in a prion-like manner via conformational conversion and fibril
115 formation (Chu and Kordower, 2015). Because of this seeding activity, recent research has
116 investigated the application of PMCA and RT-QuIC assays to diagnosing α -synucleinopathies such
117 as DLB and PD (see Figure 1) (Bongianni et al., 2017; Fairfoul et al., 2016; Rossi et al., 2020b).



118

119 **Figure 1.** The PMCA/RT-QuIC process: pathogenic (misfolded) α -syn protein is combined with
 120 normal α -syn protein and ThT. Shaking (RT-QuIC) or sonication/rest (PMCA) cycles induce prion-
 121 like propagation and amyloid fibril formation, which is measured in real-time with ThT fluorescence.

122 A number of studies have analyzed the ability of RT-QuIC analysis of α -syn seeding activity to
 123 differentiate between DLB, PD, and AD, as well as other neurodegenerative diseases. Fairfoul et al.
 124 utilized their expertise in RT-QuIC through working with prion diseases in order to develop the first
 125 known RT-QuIC assay for α -syn (α -syn RT-QuIC). They developed the assay by initially analyzing
 126 99 CSF samples from clinically and neuropathologically confirmed cases that included but were not
 127 limited to pure DLB, PD, DLB with AD pathology, AD with incidental LBs, pure AD, and controls
 128 (Fairfoul et al., 2016). They obtained sensitivities of 92%, 95%, and 65% for DLB, PD, and mixed
 129 DLB/AD pathology, respectively, and specificity of 100% for both DLB and PD (Fairfoul et al.,
 130 2016). Neuropathologically confirmed PSP and corticobasal degeneration (CBD) samples gave
 131 negative α -syn RT-QuIC results (Fairfoul et al., 2016).

132 While previously-developed α -syn RT-QuIC assays on CSF samples required 5-13 days to complete,
 133 Groveman et al. developed an assay that required 1-2 days to complete with quantification, but
 134 preserved previously established quality (Fairfoul et al., 2016; Groveman et al., 2018; Shahnawaz et
 135 al., 2017). They used a blinded panel to obtain sensitivities of 93% for both PD and DLB; because
 136 none of the non-synucleinopathy or AD controls showed positive responses, they obtained a
 137 specificity of 100% (Groveman et al., 2018).

138 Studies using Groveman et al.'s protocol supported RT-QuIC as an accurate and promising test for
 139 DLB diagnosis (Bongianni et al., 2019; Rossi et al., 2020b). Bongianni et al. analyzed 77 CSF
 140 samples from patients with initial clinical suspect of CJD who were later neuropathologically
 141 confirmed to include cases of pure DLB (n=7), MSA (n=1), LBD and AD mixed pathology (n=15),
 142 LBD with tau mixed pathology (n=2), CJD with incidental α -syn pathology (n=3), other non- α -syn

143 neurodegenerative (n=30) and nondegenerative (n=19) neurological diseases (Bongianni et al., 2019).
144 This analysis resulted in 92.9% sensitivity and 95.9% specificity in differentiating between α -
145 synucleinopathies and non- α -synucleinopathies (Bongianni et al., 2019).

146 They also performed analyses on CSF from 36 patients with clinical diagnosis (according to the 2017
147 fourth consensus report criteria) of probable DLB, possible DLB, and AD, which yielded a
148 sensitivity range between 85 and 65%, and specificity range between 65 and 100%, depending on
149 exclusion or inclusion of possible DLB cases in the analysis (Bongianni et al., 2019). These cases
150 were not neuropathologically confirmed (Bongianni et al., 2019).

151 Ultimately, Rossi et al. used the largest cohort to date to study α -syn RT-QuIC as a means of
152 differentiating between LBD and AD (Rossi et al., 2020). They analyzed 439 CSF samples, 122 of
153 which had a post-mortem CNS neuropathological assessment, and 317 had a clinical diagnosis with
154 extensive clinical follow-up (Rossi et al., 2020). They included patients with DLB, AD, PD, CJD,
155 Frontotemporal lobar degeneration, MSA, PSP, Encephalitis, Vascular dementia, idiopathic rapid-
156 eye-movement (REM) sleep behavior disorder (iRBD), pure autonomic failure (PAF), CBS, and a
157 control group (patients lacking symptoms suggestive of a progressive neurodegenerative disorder)
158 (Rossi et al., 2020). Rossi et al. obtained an overall specificity of 98% and sensitivity 95.2%
159 (neuropathologically verified cohort), and specificity of 98.4% calculated on clinical controls. In their
160 analysis of clinically diagnosed PD CSF samples (probable or clinically established disease for PD,
161 PSP/CBS, MSA), Rossi et al. obtained a sensitivity of 94.4%, with specificity of 100% against
162 patients with PSP/CBS, and specificity of 93.5% against patients with MSA (Rossi et al., 2020).

163 These results support recent findings from Shahnawaz et al. that showed the ability of α Syn-PMCA
164 to discriminate between PD and MSA (Shahnawaz et al., 2020). They conducted a study using 94
165 CSF samples from patients with PD, 75 CSF samples from patients with MSA, and 56 control CSF
166 samples from patients with other neurological diseases (Shahnawaz et al., 2020). The overall
167 sensitivity for diagnosis compared to controls was 93.6% for PD and 84.6% for MSA, while
168 specificity was 100% in both cases. Combining all samples and comparing the differential diagnosis
169 of PD and MSA, they obtained an overall sensitivity of 95.4%, indicating that PMCA can be a highly
170 sensitive diagnostic tool for differentiating PD and MSA (Shahnawaz et al., 2020).

171 The same group showed previously that PMCA provides a sensitivity for diagnosis of 88.5% for PD
172 (96.9% specificity), 100% for DLB, and 80% for MSA (Shahnawaz et al., 2017). They had analyzed
173 cohorts of CSF samples from patients with PD (n = 76) and individuals serving as controls affected
174 by other neurologic disorders (n = 65), neurodegenerative diseases (n = 18), and AD (n = 14)
175 (Shahnawaz et al., 2017).

176 Evidence from Singer et al. also supports the ability of PMCA to differentiate between MSA and
177 PD/DLB (Singer et al., 2020). They analyzed seeding activity of α -syn via PMCA and neurofilament
178 (NfL) levels via enzyme-linked immunosorbent assay (ELISA). NfL is considered to be a marker of
179 neuronal degeneration; although not disease-specific, levels may vary between diseases depending on
180 how fast a disease progresses (Singer et al., 2020). The authors found that NfL levels were
181 significantly higher in early MSA compared to early PD or DLB, and analysis with NfL showed a
182 very high ROC area under the curve (AUC) of 0.97, signifying a minimal overlap between the MSA
183 and PD/DLB groups. They suggested that this difference may be due to the rapidly progressive
184 nature of MSA disease (Singer et al., 2020). A separate analysis with α -syn PMCA showed that
185 although MSA and PD/DLB are both α -synucleinopathies, their reaction kinetics are biochemically
186 and biophysically distinct (Singer et al., 2020). PD and DLB samples showed greater maximum ThT

187 fluorescence than MSA samples (except for 2 samples in the DLB group with no aggregation), and
188 yet the start of polymerization and reaction plateau formation occurred earlier in MSA samples (in
189 less than half the time compared to PD/DLB samples) (Singer et al., 2020). Analysis with α -syn
190 showed an ROC AUC of 0.93 (Singer et al., 2020). When using optimal THT fluorescence and NfL
191 cutoff values and requiring BOTH markers for distinguishing MSA from PD/DLB, they obtained a
192 sensitivity of 97% and specificity of 90%. When requiring significant results for NfL OR α -syn,
193 sensitivity would increase to 100% but specificity would decrease to 83% (Singer et al., 2020).
194 Overall, Singer et al. demonstrated that NfL values and α -syn PMCA could be useful biomarkers for
195 distinguishing MSA from PD/DLB, especially when a “positive” result for both is required for
196 diagnosis (Singer et al., 2020).

197 Quadalti et al. were interested in discriminating PD from atypical parkinsonism disorders (MSA,
198 PSP, and CBS) as well as atypical parkinsonism disorders from each other by measuring NfL levels
199 in plasma and CSF, performing α -syn RT-QuIC, and evaluating the accuracy of a combined test
200 where samples underwent both analyses (Quadalti *et al.*, 2021). Their study population included
201 patients with clinically diagnosed PD (n = 153), MSA (n = 80), progressive supranuclear
202 palsy/cortico-basal syndrome (PSP/CBS) (n = 58), DLB (n = 64), and non-neurodegenerative
203 controls (n=72) (Quadalti et al., 2021). Plasma NfL and CSF NfL levels were higher in patients with
204 MSA or PSP/CBS compared to those with PD, with slightly higher plasma NfL values in those with
205 MSA compared to PSP/CBS and significantly higher CSF NfL levels in the MSA group compared to
206 PSP/CBS (Quadalti et al., 2021). They found that that the sensitivity of either test for discriminating
207 PD from atypical parkinsonism disorders was relatively high, but most importantly, it was even
208 higher as a combined assay (91.4% RT-QuIC, 93.9% CSF NfL, 98.3% combined) (Quadalti et al.,
209 2021). Specificity of the combined test was higher compared to CSF NfL alone, although it was
210 slightly decreased compared to RT-QuIC alone (97.5% RT-QuIC, 90.8% CSF NfL, 95.8%
211 combined) (Quadalti et al., 2021). α -syn RT-QuIC detected seeding activity in 98.4% of patients with
212 DLB (Quadalti et al., 2021).

213 Brockmann et al. questioned whether α -syn RT-QuIC results in patients with PD would vary
214 according to their profile of genetic mutations (Brockmann *et al.*, 2021). They utilized CSF from a
215 cohort of patients clinically diagnosed with PD (n=236) and DLB (n=49) (Brockmann *et al.*, 2021).
216 The PD cohort included patients carrying mutations such as GBA (n=99) and LRRK2 (n=9), as well
217 as sporadic PD (n=108) (Brockmann et al., 2021). Patients diagnosed with DLB included those with
218 GBA mutations (n=16) and those without (n=33). 85% of PD, 86% of DLB, and 8% of control
219 samples were positive on α -syn RT-QuIC (Brockmann et al., 2021). Results were positive in 91% of
220 patients with sporadic PD, 87% of patients with GBA mutations (93% of those with severe GBA
221 mutations), and 78% of those with LRRK2 mutations (Brockmann et al., 2021). A subset of PD
222 patients (n=100) was analyzed longitudinally with a mean time of 3.4-3.5 years between first and last
223 lumbar puncture, with no appreciated change in number of positive RT-QuIC replicates over time
224 (Brockmann et al., 2021). Positive α -syn seeding and higher numbers of positive RT-QuIC replicates
225 was associated with higher Unified Parkinson’s Disease Rating Scale (UPDRS-III) and lower
226 Montreal Cognitive Assessment (MoCA) scores (Brockmann et al., 2021).

227 Isolated RBD (iRBD), commonly called Idiopathic RBD, is known to be a common early-phase
228 presentation in people who later develop an α -synucleinopathy (Stefani et al., 2021). Iranzo et al.
229 conducted a longitudinal study, in which they obtained CSF samples from 52 patients with
230 polysomnography-confirmed isolated RBD and 40 healthy controls; clinical follow-ups were
231 conducted every 3-12 months to assess neurological status over the course of about 8 years (Iranzo et
232 al., 2021). 90% of the 52 patients were positive for α -syn at baseline – this positivity was predictive

233 of conversion to either PD or DLB with a sensitivity of 96.9%, specificity of 20%, positive predictive
234 value of 66%, and negative predictive value of 80% (Iranzo et al., 2021). Iranzo et al. were able to
235 detect the seeding activity of α -syn up to 9 years before PD and DLB clinical diagnoses and show
236 that patients with α -syn-positive isolated RBD had a higher risk of developing PD or DLB than α -
237 syn-negative patients (Iranzo et al., 2021).

238 Poggiolini et al. studied the ability of α -syn RT-QuIC to help monitor for PD and MSA disease
239 progression, stratification, and conversion from iRBD (Poggiolini *et al.*, 2021). They used CSF
240 samples from patients with PD (n=74), MSA (n=24), iRBD (n=45), and healthy controls (n=55)
241 (Poggiolini et al., 2021). They found a sensitivity of 89% and specificity of 96% for differentiating
242 PD from healthy controls (Poggiolini et al., 2021). They did not observe a correlation between
243 quantitative RT-QuIC parameters and clinical scores for PD such as the UPDRS-III, although they
244 did see that RT-QuIC positivity and Vmax differed according to various phenotypic clusters
245 (Poggiolini et al., 2021). A-syn RT-QuIC was positive in 75% of patients with MSA (Poggiolini et
246 al., 2021). Samples from MSA showed a significantly higher T50 and lower Vmax compared to PD
247 and quantitative RT-QuIC parameters correlated with worse clinical progression of MSA on the
248 Unified Multiple System Atrophy Rating Scale (Poggiolini et al., 2021). The authors also followed a
249 longitudinal cohort of patients with iRBD, for which 64% of patients were a-syn RT-QuIC positive at
250 baseline (Poggiolini et al., 2021). 14/45 (31%) of patients with iRBD converted to a synucleinopathy
251 (9 to PD, 3 to DLB, 1 to MSA, and 1 to PAF) a mean of 2.5 years after lumbar puncture (Poggiolini
252 et al., 2021). 9/14 of those patients had shown a-syn RT-QuIC positivity at baseline (Poggiolini et al.,
253 2021).

254 Another common early-phase presentation of DLB is mild cognitive impairment (MCI) (Rossi et al.,
255 2021). CSF α -syn RT-QuIC showed an overall accuracy of 96% (95.1% sensitivity and 96.6
256 specificity) in distinguishing Lewy Body MCI samples from cognitively unimpaired controls,
257 suggesting high utility for CSF α -syn RT-QuIC as a biomarker for prodromal stages of disease (Rossi
258 et al., 2021). They utilized 289 CSF samples from 2 independent cohorts: 81 patients with probable
259 (clinically diagnosed) mild cognitive impairment (MCI) due to DLB (MCI-LB) and 120 patients with
260 probable MCI due to AD (MCI-AD) (Rossi et al., 2021). They also examined samples from 30
261 patients with unspecified MCI, 58 patients with no cognitive decline or evidence of
262 neurodegenerative disease, and 121 patients with absence of a-syn deposits on neuropathologic
263 examination (Rossi et al., 2021). The 2 cohorts demonstrated consistent accuracy (97.3% and 93.7%)
264 (Rossi et al., 2021). 13% of patients with MCI-AD and 6.7% of patients with unspecified MCI
265 developed a positive test, although it is important to note that 44% of the positive MCI-AD samples
266 were obtained from patients who developed 1 core or supportive clinical feature of DLB at follow-up
267 (median of 20.3 months), suggesting underlying LB co-pathology (Rossi et al., 2021).

268 **2.2 Other tissues**

269 While several groups have focused on α -syn amplification in CSF, a smaller number has looked into
270 sample collection from potentially less invasive sites, including gastrointestinal (GI) mucosa,
271 olfactory mucosa, submandibular gland (SMG) tissue, and the skin.

272 Fenyi et al. examined the ability of PMCA to detect abnormal α -syn aggregation in the GI mucosa of
273 18 patients clinically diagnosed with PD and 11 controls (7 controls were patients undergoing
274 colonoscopy for colorectal cancer screening; 4 had Crohn's disease; all had no PD symptoms nor
275 cognitive deficiency) (Fenyi et al., 2019). Biopsies were taken from the antrum, sigmoid colon, or
276 rectum and used for seeding in the assay. Fenyi et al. found that 10 out of 18 PD cases showed α -syn

277 seeding activity, while seeding activity was absent in 10 out of 11 controls. 3 out of 4 rectal biopsies
278 from PD patients showed negative PMCA results, suggesting that rectum biopsies are not an
279 appropriate sample location for PMCA analysis. (Fenyi et al., 2019)

280 De Luca et al. compared olfactory mucosa (OM) samples, collected by the “nasal brushing”
281 technique, from patients diagnosed with PD and MSA with those of patients diagnosed with PSP and
282 CBD (De Luca et al., 2019; Orrú et al., 2014). 9/11 MSA samples and 10/18 PD samples were able to
283 induce α -syn aggregation when detected by RT-QuIC, compared with 2/12 PSP and 1/6 CBD (De
284 Luca et al., 2019).

285 The “nasal brushing” technique has also been employed in patients with isolated RBD (Stefani et al.,
286 2021). Stefani et al. recruited 63 patients with polysomnography-confirmed isolated RBD, 41
287 patients with clinically diagnosed PD, and 59 control subjects without parkinsonism or cognitive
288 impairment; isolated RBD and PD patients were confirmed to exhibit similar levels of olfactory
289 function impairment (Stefani et al., 2021). Regarding the test’s diagnostic potential, Stefani et al.
290 reported a high overall specificity of 89.8%, but lower sensitivity (45.2%) and accuracy (61.3%)
291 (Stefani et al., 2021). The authors remarked that although RT-QuIC performed on OM samples did
292 not show great sensitivity, the high specificity and less invasive sample collection technique could
293 prove to be valuable for detecting early-stage α -synuclein-related neurodegeneration (Stefani et al.,
294 2021).

295 Perra et al. achieved the highest diagnostic accuracy with α -syn RT-QuIC in OM to date (Perra *et al.*,
296 2021). They utilized OM and CSF samples from a cohort of 81 patients total: patients with clinical
297 diagnosis of probable DLB (n=32), prodromal DLB (n=5), mixed degenerative DLB/AD dementia
298 (n=6), and 38 non-a-syn-related neurodegenerative or non-neurodegenerative controls which
299 consisted of patients with AD (n=10), sporadic CJD (n=10), PSP (n=8), CBS (n=1), FTD (n=3),
300 psychosis (n=2), Down syndrome (n=1), vascular dementia (n=1), mild cognitive impairment (n=1),
301 and Arnold-Chiari malformation type 1 (n=1) (Perra *et al.*, 2021). OM samples were collected from
302 all 81 patients (Perra et al., 2021). CSF was available from 48 of the 81 patients: individuals with
303 probable DLB (n=10) and mixed degenerative DLB/AD dementia (n=6), as well as 32 controls (Perra
304 et al., 2021). The following OM samples were positive during a-syn RT-QuIC analysis: 27/32 with
305 probable DLB, 5/5 with prodromal DLB, and 3/6 with mixed degenerative DLB/AD dementia (Perra
306 et al., 2021). This showed an overall accuracy of 86.4% with 81.4% sensitivity and 92.1% specificity
307 (Perra et al., 2021). 16/16 CSF samples from the DLB group and 3/32 CSF controls were positive,
308 yielding an accuracy of 93.8% with 100% sensitivity and 90.6% specificity (Perra et al., 2021). 100%
309 diagnostic accuracy was reached with the combination of the results from both OM and CSF a-syn
310 RT-QuIC analysis (Perra et al., 2021).

311 Manne et al. tested frozen and FFPE submandibular gland (SMG) tissue from 13 PD, 3 incidental
312 LBD (patients with Lewy bodies but not meeting diagnostic criteria for PD), and 12 control patients
313 (controls were normal elderly subjects or those with AD-related changes insufficient for AD
314 diagnosis) who were recruited and followed to autopsy for neuropathological examination and
315 diagnosis (Manne et al., 2020a). SMG α -syn RT-QuIC discriminated PD and ILBD frozen samples
316 from controls with 100% sensitivity and 94% specificity; for FFPE samples, sensitivity was 76% and
317 specificity was 100% (Manne et al., 2020a).

318 The seeding concentration at which 50% of replicates turn positive during RT-QuIC, termed the
319 median seeding dose (SD_{50}) and determined via Spearman-Kärber end-point dilution analysis, was
320 found to be a titer of 8.8×10^8 /mg of brain homogenate and 2×10^6 /mg of SMG tissue in several

321 confirmed PD cases (Manne *et al.*, 2020). A separate study showed SD_{50} values of 8.9×10^5 /mg for
322 SMG, 8.9×10^4 for colon, 5.0×10^4 /mg for skin, and 2.8×10^2 /μl for CSF in the analysis of one
323 neuropathologically confirmed PD case; SD_{50} values were 5.0×10^4 /mg for skin, 2.8×10^3 /μl for CSF,
324 and 2.8×10^6 /mg for brain tissue from another neuropathologically confirmed PD case (Bargar *et al.*,
325 2021). These data provide evidence that compared to SD_{50} values from the brain, multiple peripheral
326 tissue collection sites (SMG, skin, and colon) also have relatively high α -syn seeding activity (Bargar
327 *et al.*, 2021; Manne *et al.*, 2020).

328 While the current literature on the presence of α -syn in skin samples has produced varying results by
329 immunofluorescence (IF) and immunohistochemistry (IHC), Wang *et al.* were the first group to
330 investigate whether α -syn seeding activity is present in skin samples and determined that both RT-
331 QuIC and PMCA have the potential for accurate PD diagnosis (Wang *et al.*, 2020). They analyzed a
332 total of 130 autopsy abdominal skin samples from 47 cadavers with PD; 7 with LBD; 3 with MSA;
333 17 with AD; 8 with PSP; 5 with CBD; 43 non-neurodegenerative controls (Wang *et al.*, 2020). Scalp
334 samples were taken from 20 of the cadavers with PD and from 10 non-PD controls. All autopsy
335 sample diagnoses were neuropathologically confirmed. Additionally, they obtained biopsy skin
336 samples from the leg or posterior cervical region of 41 antemortem patients in total: 20 patients
337 clinically diagnosed with PD and 21 non-PD controls, based on the Movement Disorder Society
338 Clinical Diagnostic Criteria for PD (Wang *et al.*, 2020). Samples were analyzed with RT-QuIC,
339 PMCA, IHC, and IF.

340 IF and IHC confirmed the presence of α -syn in the skin nerve fibers of cadavers with PD; α -syn was
341 undetectable in the skin of cadavers without PD (Wang *et al.*, 2020). Their RT-QuIC initial analysis
342 with 20 abdominal samples from PD cadavers and 4 non-PD controls yielded 95% sensitivity and
343 100% specificity; 20 scalp samples from PD cadavers and 10 non-neurodegenerative controls yielded
344 100% sensitivity and 100% specificity (Wang *et al.*, 2020). They concluded that α -syn seeding
345 activity is specifically detectable in PD autopsy samples, with scalp samples yielding higher
346 sensitivity than abdominal samples (Wang *et al.*, 2020). PMCA analysis of 23 abdominal skin
347 samples from PD cadavers and 7 non-neurodegenerative controls yielded 83% sensitivity and 100%
348 specificity.

349 Additional samples (27 PD, 39 non-neurodegenerative controls, as well as LBD, MSA, AD, PSP, and
350 CBD) were tested with RT-QuIC in order to validate their initial results, where they obtained 94%
351 sensitivity for PD, 100% sensitivity for LBD, and 67% sensitivity for MSA; sensitivity was 93% for
352 all 3 synucleinopathies combined (Wang *et al.*, 2020). The specificity for PD was 93% when PSP,
353 CBD, AD, and non-neurodegenerative controls were combined as a group of non-synucleinopathies
354 and 98% when compared only to non-neurodegenerative controls (Wang *et al.*, 2020). They obtained
355 sensitivity of 82% and specificity of 96% with PMCA when differentiating synucleinopathies from
356 non-synucleinopathies (Wang *et al.*, 2020).

357 Finally, Wang *et al.* tested skin biopsy samples from living patients – 20 patients with PD and 21
358 non-PD controls. RT-QuIC resulted in 95% sensitivity and 100% specificity, while PMCA (10
359 patients with PD and 10 non-PD controls) revealed 80% sensitivity and 90% specificity (Wang *et al.*,
360 2020).

361 Manne *et al.* also examined the accuracy of RT-QuIC for detecting α -syn in the skin, although using
362 only post-mortem samples (Manne *et al.*, 2020b), unlike Wang *et al.* who had used both post-mortem
363 and antemortem samples. Overall, Manne *et al.* correctly identified frozen scalp skin samples from 21
364 PD and 21 control subjects out of 22 in each group, and formalin-fixed paraffin-embedded (FFPE)

365 sections from 9 PD and 10 control subjects out of 12 in each group (75% sensitivity and 83%
366 specificity) (Manne et al., 2020b).

367 Regarding optimal skin biopsy location, Wang et al. determined that skin biopsy of the posterior
368 cervical region showed higher sensitivity and specificity than skin biopsy from abdominal regions,
369 and that posterior cervical skin biopsy may show higher and earlier α -syn seeding activity than skin
370 tissue biopsied from the leg. This supports findings from Donadio et al. showing a proximal-distant
371 gradient of abnormal α -syn detected by IHC, with highest levels of deposition found at cervical sites
372 (Donadio et al., 2017).

373 Several other studies have tested a-syn RT-QuIC for skin punch biopsies (Donadio *et al.*, 2021;
374 Kuzkina *et al.*, 2021; Mammana *et al.*, 2021). Mammana et al. analyzed skin punches taken
375 postmortem from the following neuropathologically confirmed cases: incidental Lewy Body
376 pathology (n=7), DLB (n=1), PD (n=1), and other rapidly progressive neurological syndromes of
377 varied etiology (n=38) (Mammana *et al.*, 2021). Skin punches taken in vitam were from patients with
378 clinical diagnosis of “probable or clinically established PD or probable DLB” (n=28) and a control
379 group comprised of patients with other various neurological disorders (n=41) (Mammana et al.,
380 2021). 79 patients (19 with PD or DLB and 60 controls), some diagnosed clinically and others
381 postmortem, had both CSF and skin samples available (Mammana et al., 2021). RT-QuIC of post-
382 mortem cervical samples with Lewy Body pathology or DLB yielded 88.9% sensitivity (8 of 9
383 samples showed a full 4/4 positive response) and 97.5% specificity (all but 1 control showed a
384 negative response) (Mammana et al., 2021). Analysis of skin samples acquired in vitam yielded
385 89.3% sensitivity (25 out of 28 cases) and 95.1% specificity (39 out of 41 non-LBD controls)
386 (Mammana et al., 2021). All 3 in vitam LBD samples with a negative result had been collected from
387 the thigh (n=2) or leg (n=1) (Mammana et al., 2021). The authors reported an overall sensitivity of
388 89.2% and specificity of 96.3% for LBD vs. neurological controls in the whole cohort (Mammana et
389 al., 2021). Notably, in the 79 patients with samples available from both CSF and skin, the results
390 showed a 96.2% concordance between the positive and negative outcomes of the 2 assays (Mammana
391 et al., 2021).

392 Donadio et al. compared the diagnostic accuracy of immunofluorescence, a technique which may
393 detect the morphology of pathologic aggregates in skin nerves, to RT-QuIC of CSF and skin samples
394 in a cohort of 31 patients clinically diagnosed with synucleinopathies: PD (n=17), DLB (n=5),
395 probable MSA (n=8), and pure autonomic failure PAF (n=3) (Donadio *et al.*, 2021). They also
396 included 38 patients with non-synucleinopathies, 15 of which were diagnosed with AD with typical
397 CSF findings, and 24 controls consisting of samples from patients with non-neurodegenerative
398 diseases, mainly various subtypes of neuropathies (Donadio *et al.*, 2021). CSF RT-QuIC showed
399 78% sensitivity and 100% specificity for differentiating synucleinopathies from non-
400 synucleinopathies and controls (Donadio et al., 2021). Immunofluorescence staining of pathologic
401 phosphorylated a-synuclein (p-syn) in skin nerves showed 90% sensitivity and 100% specificity
402 (Donadio et al., 2021). RT-QuIC of skin biopsy samples, which were taken from proximal (cervical)
403 and distal (thigh and leg) sites, resulted in 86% sensitivity and 80% specificity: 9/38 non-
404 synucleinopathy samples and 3/24 controls yielded positive results (Donadio et al., 2021). Notably,
405 authors did not report whether accuracy differed with use of proximal vs. distal biopsy sites. The
406 authors remarked that immunofluorescence and RT-QuIC with skin samples showed good agreement
407 in identifying synucleinopathies, which supports the use of these less-invasive diagnostic techniques
408 instead of CSF analysis (Donadio et al., 2021).

409 Kuzkina et al. obtained skin punch biopsies from the neck, lower back, thigh, and lower leg of 34
 410 patients clinically diagnosed with PD (117 biopsies) and 30 control subjects (81 biopsies) (Kuzkina
 411 *et al.*, 2021). This resulted in 198 skin biopsy samples in total, which were divided in half and
 412 analyzed by RT-QuIC at two independent laboratories (Kuzkina et al., 2021). They obtained an
 413 overall diagnostic accuracy of 88.9% with agreement of 92.2% between the two laboratories, with the
 414 best separation between PD and control groups being observed in cervical sites compared to the
 415 lower back, thigh, or lower leg (Kuzkina et al., 2021). They also calculated SD_{50} values to be
 416 fourfold higher in patients with longer duration of PD (15-28 years, n=4) compared to patients with
 417 shorter duration of disease (5-7 years, n=3); serial dilutions were performed with skin biopsies from
 418 cervical sites, lower back, and thigh (Kuzkina et al., 2021). The SD_{50} values, combined with the
 419 correlation of higher α -syn seeding activity with the presence of RBD, cognitive impairment,
 420 constipation, and lower MoCA scores, showed some potential for the implementation of α -syn RT-
 421 QuIC for indication of PD progression (Kuzkina et al., 2021).

422 Recently, Bargar et al. identified the need for standardization across the wide range of protocols and
 423 materials used by various research groups and developed their own streamlined assay by using
 424 exclusively commercial reagents (Bargar et al., 2021). The assay was validated with a large panel of
 425 214 CSF samples, obtained from neuropathologically confirmed PD and DLB cases (Bargar et al.,
 426 2021). This resulted in 98% sensitivity and 100% specificity, confirming the high accuracy reported
 427 by previous studies (Bargar et al., 2021). Additionally, Bargar et al. showed that their assay could
 428 detect α -syn seeding activity in a small number of brain homogenate, OM, SMG, skin, and colon
 429 tissue samples, suggesting that RT-QuIC protocols could be standardized across different tissue types
 430 (Bargar et al., 2021).

431

432 **Table 1** Summary of studies on α -synuclein RT-QuIC or PMCA using CSF or peripheral tissues

Author	Assay	Rec-syn source	Tissue	Disease	Sensitivity	Specificity
<i>Fairfoul et al., 2016</i>	RT-QuIC	purchased commercially from Stratech, Cambridge, UK	CSF	DLB	92%	100%
				PD	95%	100%
<i>Groveman et al., 2018</i>	RT-QuIC	synthesized in-house	CSF	DLB	93%	100%
				PD	93%	100%
<i>Bongianni et al., 2019</i>	RT-QuIC	synthesized in-house	CSF	DLB + MSA	93%	96%
<i>Bongianni et al., 2019</i>	RT-QuIC		CSF	DLB	85%	100%
<i>Rossi et al., 2020</i>	RT-QuIC	Synthesized in-house	CSF	DLB + PD	98%	95%
<i>Shahnawaz et al., 2020</i>	PMCA	Synthesized in-house	CSF	PD	94%	100%
				MSA	85%	100%
<i>Shahnawaz et al., 2017</i>	PMCA	synthesized in-house	CSF	PD	89%	97%
<i>Brockmann et al., 2021</i>	RT-QuIC	synthesized in-house	CSF	DLB	86%	92%
				PD	85%	92%
				PD, sporadic	91%	92%
				PD, GBA mutation	87%	92%
				PD, LRRK2 mutation	78%	92%
<i>Poggiolini et al., 2021</i>	RT-QuIC	synthesized in-house	CSF	PD	89%	96%
				MSA	75%	96%
<i>Rossi et al., 2021</i>	RT-QuIC	synthesized in-house	CSF	Lewy Body MCI	95%	97%

<i>Bargar et al., 2021</i>		purchased commercially from rPeptide, Watkinsville, GA	CSF	PD and DLB	98%	100%
<i>Fenyi et al., 2019</i>	PMCA	purchased commercially from Sigma, Saint-Quentin-Fallavier, France	GI mucosa	PD	56%	91%
<i>Stefani et al., 2021</i>	RT-QuIC	synthesized in-house	OM	iRBD + PD	45%	90%
<i>De Luca et al., 2019</i>		synthesized in-house	OM	PD	56%	83%
				MSA	82%	83%
<i>Perra et al., 2021</i>	RT-QuIC	synthesized in-house	OM	DLB + mixed	81%	92%
			CSF	DLB/AD	100%	91%
			CSF + OM	DLB + mixed	100%	100%
<i>Manne et al., 2019</i>	RT-QuIC	synthesized in-house	brain homogenate	DLB/AD		
				PD + DLB	94%	100%
			CSF	PD	100%	100%
<i>Manne et al., 2020a</i>	RT-QuIC	synthesized in-house	SMG, frozen	PD + ILBD	100%	94%
			SMG, FFPE	PD+ILBD	76%	100%
<i>Wang et al., 2020</i>	RT-QuIC	synthesized in-house AND purchased commercially from rPeptide, Watkinsville, GA	skin, abdominal, post-mortem	PD	94%	93%
				DLB	100%	93%
				MSA	67%	93%
	PMCA		skin, abdominal, post-mortem	PD	83%	100%
	RT-QuIC		skin, cervical + leg, ante-mortem	PD	95%	100%
	PMCA		skin, cervical + leg, ante-mortem	PD	80%	90%
<i>Manne et al., 2020b</i>	RT-QuIC	synthesized in-house	skin, scalp, FFPE	PD	75%	83%
			skin, scalp, frozen	PD	96%	96%
<i>Mammana et al., 2021</i>	RT-QuIC	synthesized in-house	skin, cervical	LBD	89%	95%
<i>Donadio et al., 2021</i>	RT-QuIC	purchased commercially from rPeptide, Watkinsville, GA	skin, cervical + thigh + leg	PD + DLB + MSA + PAF	86%	80%
			CSF	PD + DLB + MSA + PAF	78%	100%
<i>Kuzkina et al., 2021</i>	RT-QuIC	synthesized in-house	skin, cervical + lower back + thigh + leg	PD	91%	87%

433 *Abbreviations: LBD* Lewy body disease, *PD* Parkinson's disease, *DLB* Dementia with Lewy bodies, *MSA* Multiple system atrophy, *MCI* Mild cognitive
434 impairment, *iRBD* Isolated rapid eye movement sleep behavior disorder, *ILBD* Incidental Lewy body disease, *GI* Gastrointestinal, *OM* Olfactory
435 mucosa, *SMG* Submandibular gland, *FFPE* Formalin-fixed paraffin-embedded

436

437 3 Discussion

438 The development of a highly sensitive and specific diagnostic test for LBD is crucial in order to
439 prevent misdiagnosis and enable diagnosis/screening at earlier stages of disease. Overall, there is
440 consistent evidence that amplification techniques such as RT-QuIC and PMCA, which measure α -syn
441 seeding activity, have high discriminatory ability among certain synucleinopathies (LBD vs. MSA,
442 but not DLB vs. PD) and are highly specific and sensitive assays for discriminating
443 synucleinopathies from non-synucleinopathies (e.g. LBD from AD). Across the articles described
444 above, CSF RT-QuIC and PMCA sensitivities ranged from 86% to 98% roughly for PD or DLB or
445 LBD, while specificities ranged from 92% to 100%. The high accuracy of the results so far,
446 combined with the success of amplification assay diagnostics in clinical practice for CJD, suggest
447 high promise for eventual clinical application as a diagnostic test for LBD.

448 Despite the high accuracy of amplification assays, adaptation to clinical settings may present
449 challenges. The highly invasive nature of CSF sample collection may prevent widespread use.
450 Although the benefits of an accurate diagnosis and appropriate treatment design may outweigh the
451 risks of lumbar puncture in some cases, CSF collection may not be appropriate for screening or
452 diagnosis in early/prodromal stages.

453 Fortunately, several groups have begun investigations into analysis of α -syn seeding activity in
454 tissues other than CSF such as GI mucosa, OM, SMG, and skin. Although 10/11 GI control samples
455 in a study conducted by Fenyi et al. lacked α -syn seeding activity, the test was positive for only 10/18
456 PD samples, suggesting an inadequately low sensitivity for PD detection (Fenyi et al., 2019). RT-
457 QuIC detected similarly low seeding activity in the OM of PD patients (De Luca et al., 2019).
458 According to the authors, this may be due to the constant regeneration of OM and the potential of
459 CSF drainage from the OM, thus producing mixed or unreliable results (De Luca et al., 2019).
460 However, Perra et al. did recently achieve an overall accuracy of 86.4% with 81.4% sensitivity and
461 92.1% specificity for detecting DLB via α -syn RT-QuIC with OM samples (Perra *et al.*, 2021).
462 Considering that diagnosis of CJD using RT-QuIC has achieved 97% sensitivity and 100%
463 specificity with nasal brushings of the olfactory mucosa, future studies should continue investigating
464 the optimization of OM RT-QuIC (Becker et al., 2018; Bongianni et al., 2017; Orrú et al., 2014). As
465 stated by Stefani et al., who obtained similar results to De Luca et al., but with a larger cohort and
466 including samples from isolated RBD patients, nasal brushing may be a useful practice for screening
467 in the early stages of disease (Stefani et al., 2021). Despite the reported low sensitivity, the minimally
468 invasive nature of nasal brushing and high specificity make screening via OM sample collection a
469 potentially attractive option and important focus of upcoming research.

470 SMG RT-QuIC resulted in high sensitivity and specificity when conducted with frozen tissue
471 samples (Manne *et al.*, 2020). SD_{50} values for SMG were only 1 to 2 orders of magnitude lower than
472 those for brain homogenates (Bargar *et al.*, 2021; Manne *et al.*, 2020). However, the authors
473 remarked that SMG collection is invasive and associated with rare, but severe, adverse effects (AEs)
474 such as hematoma, infection, and facial nerve damage (Manne et al., 2020a). These AEs may be
475 exacerbated by multiple biopsy collections or using larger core needles, due to insufficient amount of
476 glandular tissue captured in the needle bore (Manne et al., 2020a). Although their results suggest high
477 accuracy of SMG RT-QuIC, future studies may have to consider methods of minimizing AE risk
478 before SMG tissue testing can become routine.

479 Detection of α -syn seeding activity by RT-QuIC and PMCA in skin biopsy samples, specifically,
480 appears to be most applicable for the clinical setting, although more studies are needed to confirm
481 and expand on these results. As described above, several studies have reported high discriminatory
482 ability – combined with the less invasive nature of posterior cervical skin biopsy compared to SMG
483 biopsy or CSF collection, their results may be a crucial step towards a definitive diagnostic test for
484 LBD. No data are available on the potential of α -syn amplification assays for samples of saliva,
485 serum, plasma, or urine. Considering the results discussed earlier regarding oligomeric and
486 phosphorylated α -syn as well as NfL in plasma and serum as PD biomarkers (Foulds et al., 2013;
487 Williams et al., 2016; Quadalti et al., 2021), blood may be a good candidate for RT-QuIC or PMCA
488 analysis and researchers should direct their attention to less invasive sample sources as listed above.

489 One of the most useful and unique features of amplification assays is the capability to analyze
490 samples with minute amounts of misfolded protein (i.e. α -syn) due to the ability to capitalize on
491 prion-like properties and amplify protein to detectable levels. This could allow clinicians to detect
492 pathogenic protein activity in early or prodromal stages of disease before symptoms develop and
493 before a clinical diagnosis is possible. As seen in Manne et al.'s study, RT-QuIC was able to detect
494 pathological α -syn in SMG tissue from ILBD patients, which was undetectable by IHC,
495 demonstrating its potential for future identification of prodromal PD (Manne et al., 2020a). Iranzo et
496 al. were able to detect α -syn seeding activity in patients with iRBD up to 9 years before PD and DLB
497 clinical diagnoses and Rossi et al. distinguished Lewy Body MCI samples from cognitively
498 unimpaired controls with an overall accuracy of 96% (Iranzo et al., 2021; Rossi et al., 2021). Early
499 detection and accurate prediction of disease progression could enable earlier treatment planning and
500 administration, thus improving patient outcomes.

501 The qualities of accurate detection and real-time surveillance provided by RT-QuIC could be useful
502 for not only early disease detection, but also for testing of therapeutics. For instance, α -syn has been
503 shown to be detectable by RT-QuIC in microglia, which are of high interest as a therapeutic target
504 due to being efficient scavengers of extracellular α -syn and mediators of neuroinflammation; this was
505 determined by exposing a mouse microglial cell line to α -syn pre-formed fibrils and subsequently
506 harvesting the cells for RT-QuIC analysis (Manne *et al.*, 2019). Kondru et al. coupled an ex vivo
507 prion organotypic slice culture assay with RT-QuIC to create a model of prion diseases useful for
508 investigating anti-prion therapeutics (Kondru *et al.*, 2017). Future studies should consider developing
509 similar hybrid organotypic slice models for α -syn as well as other proteins prone to misfolding and
510 propagation. Research should also expand on the role of RT-QuIC for detection of α -syn in cells such
511 as neurons and microglia, which may be attractive therapeutic targets.

512 The success of amplification assays for monitoring prion and α -syn seeding activity should be
513 broadened to other proteins involved in pathogenesis of neurodegenerative diseases. For example,
514 Carlomagno et al. developed an *in vitro* RT-QuIC assay for detecting amplification of AD tau
515 filament core (Carlomagno *et al.*, 2021). Previous assays had demonstrated seeding activity of tau *in*
516 *vivo* with a RT-QuIC technique which risked impacting sensitivity because heparin was required for
517 induction of full-length tau (Carlomagno *et al.*, 2021). The group uncovered AD tau filament core's
518 propensity for spontaneous filament formation and showed that RT-QuIC could be used for detection
519 of AD tau filament core propagation without the need for heparin induction (Carlomagno *et al.*,
520 2021). The researchers were also able to generate and demonstrate spontaneous propagation of tau
521 filament core from the primary tauopathies CBD and Pick's Disease (PiD) (Carlomagno *et al.*, 2021).
522 These data suggest that RT-QuIC has potential for broad application and that amplification
523 techniques should be investigated across a wide variety of disease processes. RT-QuIC could also
524 perhaps be combined with plasma biomarkers such as p-tau181 that could detect AD pathology with
525 high accuracy but showed limited ability in distinguishing AD from LBD (Chouliaras *et al.*, 2022).

526 Some limitations exist in the presently discussed studies, which future studies should consider.
527 Research groups worldwide have used a wide range of protocols and reagents with varying time-
528 frames for analysis, as seen in Table 1, which discourages wide-spread use and reproduction of
529 results. Standardization of protocols and materials is needed for further research and eventual wide-
530 spread clinical use. Optimization and streamlining of protocols, as described by Bargar et al., should
531 be considered by future groups in order to facilitate meta-analysis, compare outcomes, and eventually
532 apply amplification assays as diagnostic tools (Bargar et al., 2021). Many groups also used small
533 sample sizes; in the groups who used larger cohorts of LBD patients, small sample sizes remained for
534 comparison groups such as AD, MSA, PSP, other neurodegenerative diseases, and non-
535 neurodegenerative controls. In order to improve generalizability, future studies should consider ways
536 to overcome challenges with subject recruitment, such as cross-country and international
537 collaboration. Sensitivity and specificity determined in studies of living patients depend on clinical
538 diagnoses of DLB and non-synucleinopathies, which could be highly variable. To validate results,
539 neuropathological autopsy follow-ups will be required for each case, which can significantly prolong
540 research timelines.

541 **4 Conclusion**

542 The use of amplification techniques such as RT-QuIC and PMCA for detection of pathological α -syn
543 in human tissues shows great promise for the eventual development of a highly sensitive and specific
544 diagnostic test for LBD, which may reduce misdiagnosis and allow detection of disease in prodromal
545 stages. Amplification techniques can also facilitate the development of disease models for accurate
546 testing of therapeutics. Recent studies report accurate detection of α -syn seeding activity in tissues
547 such as CSF, SMG, and posterior cervical skin, with skin biopsy being the least invasive procedure
548 and thus most promising for routine clinical application. The scientific community should increase
549 research efforts regarding the application of amplification techniques for LBD diagnosis, with special
550 focus on recruiting larger cohorts and investigating the use of less invasive sample collection
551 methods such as skin biopsy or blood.

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556 Competing interests unrelated to this work, JTOB has received honoraria for work as DSMB chair or
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