

1     *A HOLISTIC APPROACH TO THE ENVIRONMENTAL EVALUATION*  
2                                     *OF FOOD WASTE PREVENTION*

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## 10 **Appendix (D) Literature review: the rebound effect**

11 The rebound effect has been originally defined by energy economists as the increase in the supply of energy  
12 services due to behavioural and systemic responses to improvements in technological efficiency causing a  
13 decrease in the effective price of energy services (Khazzoom 1980; Brookes 1990; Greening et al. 2000).  
14 Although none of food waste prevention studies addresses rebound effects related to food waste prevention,  
15 there is a few studies that have looked to this issue in a similar context.

16 Alfredsson (2004) explores the quantitative direct and indirect impacts on energy consumptions and carbon  
17 dioxide emissions if households in Sweden were to adopt “greener” consumption patterns addressing three  
18 categories of consumption: travel, housing, and food. Analyzing a sample of 1104 Swedish households, the  
19 study shows that switching to a “greener diet”, consisting more food intake from lower down the food chain  
20 (e.g. vegetables and fruits) and to a lesser extent from higher up the food chain ( e.g. diary products, fish and  
21 meat (Alfredsson, 2004, p.516), reduces energy consumption by 5% and CO<sub>2</sub> emissions by 13% compared to  
22 “current diet”. Nevertheless, total analysis shows that CO<sub>2</sub> emissions increases by 2% (i.e. backfire) as money  
23 saved will be spent on energy-intense categories. (Lenzen and Dey, 2002) have also looked at the  
24 consequences of changing of switching to a “greener diet” in Australia. With 30% reduction in total food  
25 expenditure and considering the rebound effect, the net effect is backfire for energy consumption by 4-7%  
26 although CO<sub>2</sub> emissions reductions by 18-20%. But they also show huge variation of rebound effect 45-50%.

27 The impact of the rebound effect due to savings made by purchasing less food and thus reducing food waste  
28 has been also examined by Druckman et al. (2011). The study looks at the redound effect associated with  
29 reducing food purchased by one third by eliminating food waste. It estimated that the rebound effect will  
30 reduce environmental benefits by 52%. This considerable rebound effect emphasizes the importance of  
31 including it in the modeling process of FW prevention activities (Bernstad and Cánovas, 2015). However, the  
32 estimation here is highly uncertain due to the high level of aggregation of expenditure categories (i.e. 12  
33 categories) and the use of a UK average household despite the variation of the rebound effect estimates  
34 among numerous income groups with different demographic characteristics (Chitnis et al., 2014)

35 In addition to methodological differences in modelling the rebound effect as discussed above, the modelling  
36 process has a few considerations.

37 The first consideration is the method applied to calculate the rebound effect. The rebound effect has been  
38 approached in the literature using a variety of quantitative methods, among which those based on  
39 econometrics are widespread due to their robustness and flexible data requirements (Sorrell 2007). Within  
40 these, three approaches are the most popular: those based on marginal shifts in income groups (Alfredsson  
41 2004; Thiesen et al. 2008), expenditure elasticities or Engel curves (Murray 2009; Chitnis et al. 2012) and  
42 demand systems (Mizobuchi 2008; Brännlund et al. 2007). Among these, the latter stands out due to the  
43 capacity to capture both the income and the substitution effects from changes in real income (Chitnis and  
44 Sorrell 2015). In the context of environmental assessment, some authors speak of the 'environmental rebound  
45 effect' (ERE) (Goedkoop et al. 1999; Font Vivanco et al. 2016), which focuses on the lifecycle environmental  
46 consequences of overall demand changes as a result of behavioural and systemic responses to technical  
47 efficiency improvements in products that liberate or bound consumption and production factors. The ERE  
48 offers a number of advantages in the context of environmental assessment, such as the representation of the  
49 rebound effect as multiple environmental indicators and the increased technology detail (Font Vivanco and  
50 van der Voet 2014).

51 The second consideration stems from a conclusion made by WRAP that 50% of freed effective income is re-  
52 spent on buying higher quality products. In other words, households pay higher prices for the same functional  
53 unit. This conclusion is contrary to Druckman et al. (2011) who assume re-spend is not allowed on the same  
54 category when modelling the rebound effect. For the purpose of this study, the authors agree on WRAP's  
55 approach and therefore include the re-allocation of expenditure savings in purchasing food products, as shown  
56 in scenario 2 of modelling the sensitivity analysis, see Appendix E.

57 However, considering a monetary-based model, this scenario would overestimate the increase in GHG  
58 emissions with increasing prices due to the linearity of the model: paying higher prices per functional unit  
59 increases GHG emissions in the same way as buying more conventional products (Vringer and Blok, 1996;  
60 Girod and de Haan, 2010). This 'unrealistic' concept has led (Hertwich, 2005) to propose a household  
61 consumption model based on a functional unit and adopt price (money paid per functional unit) as a measure  
62 of quality. It reduces the magnitude of overestimation in modeling the rebound effect, and allows integration  
63 between household consumption and LCA process-based data. This economic-value-based FU model was also  
64 recommended as a better method to quantify environmental impacts for a given expenditure (van der Werf

65 and Salou, 2015). For the purpose of this study, we assume a constant physical functional unit. In other words,  
66 additional money will be spent to quality-oriented products having the same nutritional and compositional  
67 value as conventional food products.

68 The last consideration is the variation of environmental impacts of conventional and quality-oriented products.  
69 There is abundant literature that show significant variations among studies that make it difficult to draw a  
70 conclusive picture on the environmental impacts of conventional and quality oriented food products (Tuomisto  
71 et al., 2012; Meier et al., 2015). For example, reviewing bottom-up LCA studies looking at agricultural food  
72 products, Literature is abundant with studies in favour of organic farming: corn and soy (Pelletier et al., 2008),  
73 rice (Blengini and Busto, 2009), wheat and wheat-based products (Braschkat et al., 2003; Meisterling et al.,  
74 2009). On the other hand, there are various studies conclude that organic farming has a higher environmental  
75 burden: apple orchard (Alaphilippe et al., 2013), pear (Liu et al., 2010), beans (Abeliotis et al., 2013).  
76 Inconsistency in results of environmental impacts of normal and quality-oriented meat, dairy and poultry  
77 products are also reported (Thiesen et al., 2008; van der Werf and Salou, 2015). These considerable variations  
78 and inconsistencies could be attributed to various reasons: lower yields in organic farming, the selection of the  
79 functional unit of the study, the general drawbacks of LCA modeling discussed before, and the quality of data  
80 and the specific-system processes used in these studies. Variations of environmental impacts of different  
81 categories of food products were also reported in a top-down study by (Girod and de Haan, 2010). Based on a  
82 household consumption model based on functional units, Girod's work shows that purchasing more expensive  
83 food products give you overall reduction of 8% but when you look at all sub-categories, variation varies ranges  
84 between -48% and 20%.

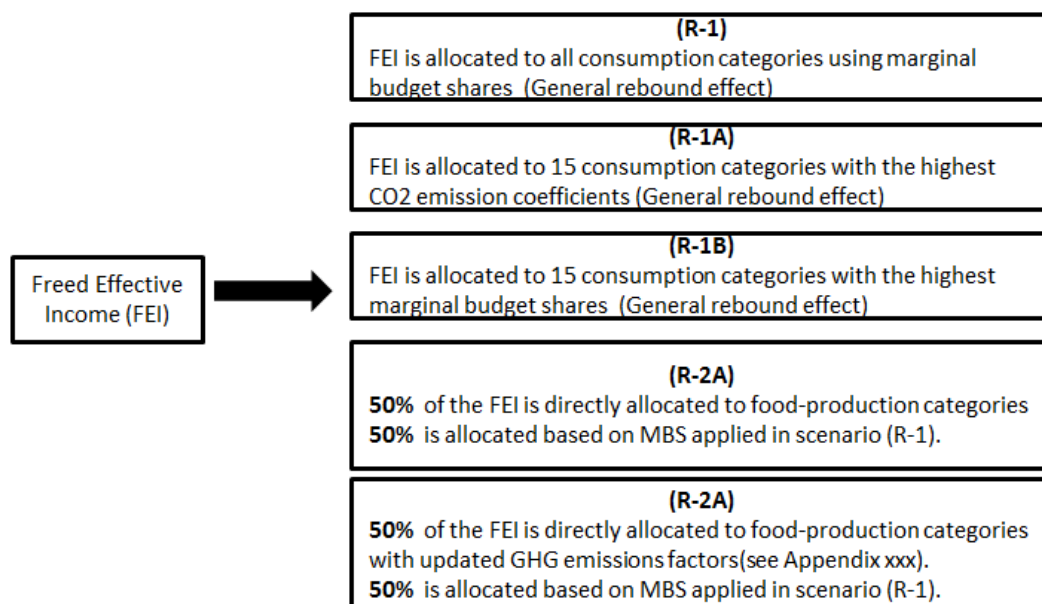
85 To sum up, modelling the rebound effect requires the consideration of all factors discussed above, in particular  
86 the impact of upgrading to purchase quality oriented products. For the purpose of this study, Freed Effective  
87 Income (FEI) will be allocated by calculating the marginal budget shares (MBS) for each consumption category  
88 i. The MBS are derived using a linear specification of an Almost Ideal Demand System (AIDS), a demand system  
89 model developed by (Deaton and Muellbauer, 1980) with properties that makes it more advantageous to  
90 competing models (Deaton and Muellbauer, 1980; Chitnis and Sorrell, 2015). In addition to that, we introduce  
91 different scenarios to address the uncertainty in modeling the rebound effect and include the variation in GHG

92 emissions between conventional and quality-oriented products. Appendix xx depicts scenarios considered in  
93 this study.

94 **Appendix (E) Modelling of the rebound effect: the study scenarios**

95 This study considers five scenarios addressing uncertainty related to the modelling of the rebound effect.

96 Figure (E.1) depicts these scenarios.



97

98 **Figure E.1 Sensitivity analysis scenarios considered in modelling the rebound effect.**

99 **[1] Behaviour-as-usual (R-1):**

100 A reference scenario that assumes the re-spend occurs in line with elasticity of expenditure calculated using  
101 the methodology discussed in section 2.3. Freed Effective Income (FEI), listed in appendix xx, is used to  
102 distribute savings made due to food waste prevention activities on each consumption category.

103 **[2] Major spending scenario: GHG based (R-1A):**

104 This sub-scenario was introduced to investigate the level of variation when changes in MBS occur. Using the  
105 top 25 major consumption categories accountable of nearly 90% of expenditure, this scenario allocates the re-  
106 spend to the top 15 consumption categories in terms of CO<sub>2</sub>. The distribution was allocated among these  
107 categories based on weight of each category as calculated in the original model (section 2.3). Table xx shows  
108 the RE coefficient used in this scenario

109 **[3] Major spending scenario: expenditure based (R-1B)**

110 Similar to the approach used in scenario R-1A, this sub-scenario allocates effective savings into the top 15  
111 consumption categories in terms of monetary expenditure. Appendix I allocations factors used for both sub-  
112 scenarios, R-1A and R-1B.

113 **[4] Up-trade scenario: Exiobase GHG intensities (R-2A)**

114 This scenario is based on a finding by WRAP that 50 % of savings due to food waste prevention activities will be  
115 re-spent on purchasing quality oriented food products. The remaining 50% would follow the same pattern of  
116 spending in scenario R-1. This scenario assumes that GHG emissions factors are the same for both  
117 conventional and quality-oriented products.

118 **[5] Up-trade scenario: updated GHG intensities (R-2B)**

119 This scenario investigates the variation in GHG intensities as a result of purchasing quality oriented products.  
120 Conversion factors, listed in table E.2, are used to update GHG emissions factors of food product categories in  
121 Exiobase database.

122 Data on conventional vs organic impacts were collected from a recent review Meier et al. (2015). In January  
123 2016, this database was supplemented by Web of Science searches for missing product categories. Specifically,  
124 we did web searches for: LIFE CYCLE ASSESSMENT or LCA and ORGANIC and BEVERAGE, COTTON, and RICE.  
125 We assumed there was no difference in the environmental impact of the conventional and up-traded versions  
126 of "Fish and other fishing products", "Fish products", and "White Spirit & SBP". Dairy impacts were assumed to  
127 be the same as for milk, because the largest contributor to the environmental profile of dairy products is the  
128 raw milk production at dairy farms (Djekic et al, 2014). "Animal products not elsewhere classified" were  
129 calculated from studies of egg production. Other definitions are listed in the table.

130 Table E.2 lists average GHG emission factors used to update Exiobase database. A detailed list of data and  
131 background information are available in Appendix. Increases reported coefficients in Table (E.1) could be  
132 attributed to various factors such as size and shape of fruits and vegetables, cut of meat, range and ingredients  
133 used, packaging materials used and provenance.

134

Table (E.1) Average variation coefficients of Exiobase GHG emission factors. A detailed list of coefficients is presented in Appendix G.

No.	Products	Change (%)	
		Positive = conventional better; negative = organic better	Comment
1	Paddy rice	7.44	
2	Wheat	6.36	
3	Cereal grains nec	-23.42	
4	Vegetables, fruit, nuts	9.84	
5	Oil seeds	-23.8	
6	Sugar cane, sugar beet	-38.37	
7	Plant-based fibers	-58.33	
8	Crops nec	-2.45	
9	Cattle	18.39	Mean of "Products of meat cattle"
10	Pigs	27.36	Mean of "Products of meat pigs"
11	Poultry	20.66	Mean of "Products of meat poultry"
12	Meat animals nec	22.41	Mean of "Products of meat cattle, pigs, and poultry"
13	Animal products nec	22.73	Eggs
14	Raw milk	0.5	
15	Fish and other fishing products; services incidental of fishing	0	Assumption: no difference between conventional and traded up good
16	Products of meat cattle	18.39	
17	Products of meat pigs	27.36	
18	Products of meat poultry	20.66	
19	Meat products nec	22.41	
20	Products of Vegetable oils and fats	-23.8	Mean of "Oil seeds"
21	Dairy products	0.5	Mean of "Raw milk"
22	Processed rice	7.44	Mean of "Paddy rice"
23	Sugar	-38.37	Mean of "Sugar cane, sugar beet"
24	Food products nec	2.75	Mean of all food products
25	Beverages	1.32	
26	Fish products	0	Assumption: no difference between conventional and traded up good
27	White Spirit & SBP	0	Assumption: no difference between conventional and traded up good



