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Ethical approval: The project received ethical approval from the NHS Cambridgeshire 3 Research Ethics Committee, UK. All participants with the capacity to do so, gave consent to participate in the study. For individuals invited to take part who lacked the capacity to give or withhold consent, a consultee was appointed (in accordance with the Mental Capacity Act 2005) who was able and willing to make a decision regarding whether the individual would wish to take part, if he or she had the capacity to decide. For all participants who lacked capacity, a consultee agreed to their participation.

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