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**Mechanism of arcuate kisspeptin neuron synchronization in acute brain slices from female mice**

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**Abstract**

The mechanism by which arcuate kisspeptin (ARN<sup>KISS</sup>) neurons co-expressing glutamate, neurokinin B, and dynorphin intermittently synchronize their activity to drive pulsatile hormone secretion remains unclear in females. In order to study spontaneous synchronization within the ARN<sup>KISS</sup> neuron network, acute brain slices were prepared from adult female Kiss1-GCaMP6 mice. Analysis of both spontaneous synchronizations and those driven by high frequency stimulation of individual ARN<sup>KISS</sup> neurons revealed that the network exhibits semi-random emergent excitation dependent upon glutamate signaling through AMPA receptors. No role for NMDA receptors was identified. In contrast to male mice, ongoing tachykinin receptor tone within the slice operated to promote spontaneous synchronizations in females. As previously observed in males, we found that ongoing dynorphin transmission in the slice did not contribute to synchronization events. These observations indicate that a very similar AMPA receptor-dependent mechanism underlies ARN<sup>KISS</sup> neuron synchronizations in the female mouse supporting the “glutamate two-transition” model for kisspeptin neuron synchronization. However, a potentially important sex difference appears to exist with a more prominent facilitatory role for tachykinin transmission in the female.

## 33 Introduction

34 Sexual development and fertility in mammals are enabled by a hypothalamic central pattern generator  
35 that drives pulsatile gonadotropin-releasing hormone (GnRH) release. A group of kisspeptin-  
36 expressing cells located in the arcuate nucleus (ARN), defined as the 'GnRH pulse generator', release  
37 kisspeptin in an episodic manner on distal GnRH neuron processes to evoke the episodic GnRH  
38 secretion underlying pulsatile gonadotropin release critical for fertility (1,2).

39 In order to drive this ultradian rhythm of pulsatile GnRH and LH secretion, ARN<sup>KISS</sup>  
40 neurons must synchronize their activity. Recent *in vivo* fiber photometry experiments have shown a  
41 perfect correlation between ARN<sup>KISS</sup> neuron synchronization events (SEs) and their corresponding LH  
42 pulses (3-5). Remarkably, the great majority of ARN<sup>KISS</sup> neurons contribute to each SE in both male and  
43 female mice (6,7). It is now important to dissect the mechanisms underlying ARN<sup>KISS</sup> neuron  
44 synchronization activity to understand how fertility is maintained and to provide potential new targets  
45 for the development of therapies in the clinic.

46 Alongside glutamate, ARN<sup>KISS</sup> neurons co-express neurokinin B (NKB) and dynorphin in almost all  
47 mammals (8,9), and experiments in mice have shown that essentially all ARN<sup>KISS</sup> neurons synthesize  
48 functional tachykinin and kappa opioid receptors that activate and suppress their firing, respectively  
49 (10,11). On this basis, the KNDy hypothesis posits that reciprocal interconnections between ARN<sup>KISS</sup>  
50 neurons release tachykinin and dynorphin sequentially to activate and then terminate synchronization  
51 in the network (12-14). We recently tested this model using *in vivo* fiber photometry and a new *ex-*  
52 *vivo* acute brain slice preparation that maintains spontaneous synchronization within the ARN<sup>KISS</sup>  
53 neuron network (7). We observed that ARN<sup>KISS</sup> neuron synchronizations were driven by glutamate  
54 transmission via AMPA receptors (AMPA) with NKB operating sequentially to facilitate the  
55 glutamatergic activation. Dynorphin was not found to have any role in synchronization termination  
56 that, instead, appears to be facilitated by intrinsic mechanisms within the ARN<sup>KISS</sup> neurons themselves.  
57 Dynorphin was, however, identified to operate as a state-dependent gate for synchronization  
58 activation. As such, we proposed a new "glutamate two-transition" model for understanding ARN<sup>KISS</sup>  
59 neuron synchronization (7).

60 An important caveat of the glutamate two-transition model is that the supporting data were obtained  
61 solely from male mice. We have begun to address potential sex differences in the pulse generator  
62 synchronization mechanism by undertaking the same *ex-vivo* acute brain slice studies in female mice  
63 as performed previously in males (7).

64

## 65 Materials and Methods

### 66 Animals

67 Mice were generated and housed as detailed previously (7). This involved crossing the 129S6Sv/Ev  
68 C57BL/6 *Kiss1*<sup>Cre/+</sup> and C57BL/6 Ai162 (TIT2L-GC6s-ICL-tTA2)-D Cre-dependent GCaMP6s lines (JAX  
69 stock #031562)(15) with mice group-housed in cages with environmental enrichment under conditions  
70 of controlled temperature (22±2°C) and lighting (12-hour light/12-hour dark cycle; lights on at 7:00h  
71 and off at 19:00h) with *ad libitum* access to food (RM1-P, SDS, UK) and water. All animal experimental  
72 protocols were approved by the University of Cambridge, UK (P174441DE). Mice were 10-22 weeks  
73 old at the time of experimentation.

74

## 75 **Brain slice preparation**

76 Brain slices were prepared exactly as reported previously (7). Kiss1-Cre,Ai126D mice were  
77 anaesthetized using isoflurane, decapitated, and the brain removed into oxygenated, ice-cold slicing  
78 solution composed of (mM): NaCl 52.5; sucrose 100; glucose 25; NaHCO<sub>3</sub> 25; KCl 2.5; CaCl<sub>2</sub> 1; MgCl<sub>2</sub> 5;  
79 NaH<sub>2</sub>PO<sub>4</sub> 1.25; kynurenic acid 0.1 (95% O<sub>2</sub> / 5% CO<sub>2</sub>). Coronal slices containing the ARN were prepared  
80 at 320 μm thickness using a VT1200S tissue slicer (Leica Biosystems UK) before being transferred to a  
81 submersion chamber containing an oxygenated (95% O<sub>2</sub> / 5% CO<sub>2</sub>) aCSF recording solution composed  
82 of (mM): NaCl 124; glucose 30; NaHCO<sub>3</sub> 25; KCl 3.5; CaCl<sub>2</sub> 1.5; MgCl<sub>2</sub> 1; NaH<sub>2</sub>PO<sub>4</sub> 0.5 and incubated at  
83 30°C for 1-5 hours prior to use.

84

## 85 **Brain slice calcium imaging and analysis**

86 Brain slices containing the ARN were transferred to the stage of an Olympus BX51WI upright  
87 microscope with differential interference contrast optics, and constantly perfused with oxygenated  
88 aCSF at 30 ± 1 °C. The variation in intracellular calcium concentration of ARN<sup>KISS</sup> neurons was estimated  
89 by recording their GCaMP6s fluorescence using a Prime BSI Express sCMOS camera (Teledyne  
90 Photometrics UK) and CoolLED pE-300 ultra light source via an Olympus 40x immersion objective and  
91 GFP filter cube (Chroma). The excitation waveband was 470-490 nm, applied at 2 Hz for 100 ms, and  
92 emission collected at 500-520 nm with a 495 nm long-pass filter. For analysis, ImageJ (v1.53c) was used  
93 to obtain mean fluorescence intensities over the image time series: active cell soma were selected  
94 manually as regions of interest (ROIs), and for each, the mean fluorescence values of a nearby  
95 background ROI was subtracted. Fluorescence intensity data and all metrics described below were  
96 analysed using custom Python scripts. The change in fluorescence ( $\Delta F/F$ ) was calculated and individual  
97 calcium events in cells and population miniature synchronization events (mSEs) were registered as  
98 previously described (7). Briefly, events are recorded where the  $\Delta F/F$  trace exceeded 2 SD above the  
99 trace mean. An mSE exists when the peak of calcium events from at least two neurons occurs within  
100 10 s of each other. Event and mSE rates are presented as 'per cell, per hour', thereby controlling for  
101 the variation in the number of neurons being recorded in each brain slice.

102 Within each experiment, a pre-drug baseline was obtained, followed by a drug application period, and  
103 a wash period. All of these measurement periods, from which event/mSE rates were calculated, were  
104 12 minutes in duration and followed/preceded by a two-minute gap to allow wash-in/out of  
105 compounds.

106 Shape properties of calcium events were obtained as described previously (7): briefly, a trace baseline  
107 value was calculated as the median value of all data points below a threshold of 0.5 SD above the trace  
108 mean. Each datapoint shown is a mean of means, representing one slice/experiment, and a minimum  
109 of three neurons meeting these criteria was required to form a datapoint for that experiment. Half  
110 width is defined as the width of the calcium event at 50% amplitude from the calculated baseline to  
111 the peak. Rise time is the length of time taken to rise from 20% to 80% of maximum event amplitude,  
112 and decay time the reverse.

113 For the temporal correlation analysis, experiments were performed over 40 minutes and brain slices  
114 with a minimum of three mSEs involving  $\geq 5$  cells were analyzed in order to calculate the correlation  
115 coefficient. Cell activation order within mSEs was calculated using the event peak time of each cell. In  
116 generating heatmaps and scatter plots, neurons were sorted in order of the mean event order over all  
117 mSEs occurring, making it possible to visualise good correlations should they occur. Spearman  
118 correlation coefficients were calculated for scatterplots, representing the consistency of the order in

119 which ARN<sup>KISS</sup> neurons reach peak amplitude. High correlation coefficients indicate a consistent  
120 temporal order of firing whilst low correlation implies stochastic recruitment of neurons.

121

## 122 **Brain slice electrophysiology and calcium imaging experiments**

123 Patch pipettes were pulled from standard borosilicate glass (GC150F, Warner Instruments) to a  
124 resistance of 2.5–4 MΩ and filled with an intracellular solution composed of (mM): potassium  
125 gluconate 130; sodium gluconate 5, HEPES 10; CaCl<sub>2</sub> 1.5; sodium phosphocreatine 4; Mg-ATP 4; Na-  
126 GTP 0.3; pH 7.3; filtered at 0.2 μm. Experiments were performed as per other calcium imaging  
127 experiments, but a single GCaMP-expressing kisspeptin neuron was patched and stimulated with  
128 alternating ~5-10 and ~20-40 pA current injections for 10-15 s in order to achieve low (~2.5 Hz) and  
129 high (maximal) frequency firing. To mimic spontaneous depolarising behaviour observed in individual  
130 ARN<sup>KISS</sup> neurons, we applied inward current in a ramping manner with a 2 s time constant. Co-incident  
131 activation of the patched neuron and other cells in the slice were evaluated as above.

132

## 133 **Receptor and channel antagonists**

134 NorBNI, CNQX, and DAP5 were obtained from Sigma-Aldrich UK, and SDZ-NKT 343, GR 94800, and SB  
135 222200 obtained from Tocris (Bio-Techne) UK. Standard laboratory salts were purchased from Fisher  
136 Scientific UK.

137

## 138 **Quantification and statistical analyses**

139 Statistical analyses were performed in Prism 9 (GraphPad software Inc.). All values given in the text  
140 and within figures are mean ± SEM, and significance is defined as p<0.05\*, p<0.01\*\*, p<0.001\*\*\*, or  
141 p<0.0001\*\*\*\*. The Shapiro-Wilk normality test was used to assess the distribution of unpaired  
142 datasets, and residuals for paired datasets: nonparametric tests were applied where data did not  
143 pass the normality test. All analyses were two-tailed, and all experiments replicated in a minimum of  
144 five animals per group, with n representing the number of brain slices unless otherwise stated.

145

## 146 **Results**

### 147 *Characterization of spontaneous GCaMP calcium events and synchronizations*

148 Acute brain slices were prepared from diestrous-stage female *Kiss1-Cre, Ai162D* mice. Coronal brain  
149 slices from the mid to caudal ARN were used for experiments, with 8-23 kisspeptin neurons visible  
150 within the focal plane for simultaneous GCaMP fluorescence imaging. In slices prepared from 55  
151 female mice, individual calcium events occurred at a rate of 14.7 ± 0.9 events/cell/h and mSEs at 10.3  
152 ± 0.8 mSEs/cell/h. The mean half-width of calcium events was 14.9 ± 0.9 s with a rise time of 4.2 ± 0.5  
153 s and decay of 6.8 ± 0.3 s. All visible ARN<sup>KISS</sup> neurons exhibited episodes of activity that were  
154 synchronized with at least one other ARN<sup>KISS</sup> neuron.

155 Synchronizations varied in their scale with many consisting of 2 or 3 neurons, but large  
156 synchronizations involving 5-12 neurons (to a maximum of 66 % of all recorded cells) also occurred  
157 regularly. Individual ARN<sup>KISS</sup> neurons took part in such large synchronizations (≥5 cells) at a rate of 0.66  
158 ± 0.1 /cell/hr (n = 9 slices; mean 16.4 cells/slice), which represents an overall rate of 9.4 ± 1.5 per hour

159 within the experimental field of view. The spatiotemporal participation of individual ARN<sup>KISS</sup> neurons  
160 in such synchronizations was analyzed (Fig.1A,B; n = 9 slices with 3–14 mSEs). The participation of  
161 neurons in mSEs was inconsistent, with none involved in every mSE and others only active during a  
162 single mSE: on average, a single neuron participated in  $46.9\% \pm 2.2\%$  of mSEs. We found a low to  
163 moderate degree of consistency in the order of firing, with neurons which peaked first during one mSE  
164 slightly more likely to peak early during other mSEs. The mean Spearman correlation coefficient was  
165 0.43 (range 0.21–0.74; Table 1). The anatomical relationship between neurons was also assessed, with  
166 their sequence of activation having no apparent topographical relationship with their proximity to each  
167 other within the experimental field of view (Fig.1A,B). These results highlight the generally  
168 unpredictable nature of synchronizations within the ARN<sup>KISS</sup> neuron network *ex-vivo*.

169

#### 170 *Both AMPA- and tachykinin mediated transmission contribute to ARN<sup>KISS</sup> neuron synchronization*

171 To explore the contribution of glutamate, NKB, and dynorphin in mediating spontaneous  
172 synchronizations, brain slices were prepared from intact diestrous female mice and antagonists  
173 included in the aCSF for 15 minutes. Control experiments switching to aCSF alone resulted in no  
174 change in individual event frequency ( $15.8 \pm 2.0$  events/cell/h pre-vehicle,  $16.1 \pm 1.4$  events/cell/h  
175 during vehicle; n = 11 slices; mean 13.5 cells/slice) or mSE frequency (Fig.2A,C;  $10.4 \pm 1.8$  mSE/cell/h  
176 pre-vehicle,  $11.2 \pm 1.5$  mSE/cell/h during vehicle).

177 Application of ionotropic glutamate receptor antagonists CNQX (20  $\mu$ M) and DAP5 (20  $\mu$ M) together  
178 resulted in significant reductions in the rates of both calcium events and mSEs. Events were reduced  
179 by 54% ( $19.7 \pm 2.2$  events/cell/h pre-drug and  $9.1 \pm 1.4$  in CNQX + DAP5; p = 0.004; Wilcoxon; n = 9  
180 slices; mean 9.8 cells/slice) and mSEs by 65% (Fig.2D;  $13.1 \pm 2.5$  mSE/cell/h pre-drug and  $4.6 \pm 1.1$  in  
181 CNQX + DAP5; p = 0.004; Wilcoxon).

182 Inhibition of AMPA receptors alone using CNQX caused a similar 55% reduction in events ( $14.9 \pm 2.1$   
183 events/cell/h pre-drug and  $6.7 \pm 1.3$  in CNQX; p = 0.016; Wilcoxon; n = 7 slices; mean 15.4 cells/slice)  
184 and a 63% reduction in mSEs (Fig.2B,E;  $10.8 \pm 1.8$  mSE/cell/h pre-drug and  $4.0 \pm 1.3$  in CNQX; p =  
185 0.016; Wilcoxon). Washing out CNQX often resulted in rebound activity, illustrated in Fig.2B.

186 Application of the NMDA receptor antagonist DAP5 alone had no effect on the rate of events ( $13.0 \pm$   
187  $1.8$  events/cell/h pre-drug and  $11.2 \pm 1.6$  in DAP5; p = 0.64; Wilcoxon; n = 8 slices; mean 11.8  
188 cells/slice) or mSEs (Fig.2F;  $7.1 \pm 1.4$  mSE/cell/h pre-drug and  $5.8 \pm 1.0$  in DAP5; p = 0.56; Wilcoxon).

189 Application of a cocktail of tachykinin receptor antagonists targeting NK1 (SDZ-NKT 343; 1  $\mu$ M), NK2  
190 (GR 94800; 1  $\mu$ M), and NK3 (SB 222200; 3  $\mu$ M) receptors led to a 57% reduction in events ( $16.0 \pm 2.6$   
191 events/cell/h pre-drug and  $6.8 \pm 0.8$  under inhibition; p = 0.023; Wilcoxon; n = 8 slices; mean 10.6  
192 cells/slice) and a 65% reduction in mSEs (Fig.3A,B;  $8.9 \pm 1.6$  mSE/cell/h pre-drug and  $3.1 \pm 0.7$  under  
193 inhibition; p = 0.039; Wilcoxon).

194 Application of the kappa opioid receptor antagonist NorBNI (10  $\mu$ M) had no effect on the rate of  
195 events ( $12.7 \pm 2.1$  events/cell/h pre-drug and  $12.5 \pm 2.2$  in NorBNI; p = 0.74; Wilcoxon; n = 8 slices;  
196 mean 10.9 cells/slice) or mSEs (Fig.3C;  $8.7 \pm 1.8$  mSE/cell/h pre-drug and  $9.2 \pm 1.8$  in NorBNI; p =  
197 0.94; Wilcoxon). No significant changes in half-width, rise time, or decay time were found in response  
198 to NorBNI application or any other antagonist (Table 2).

199

#### 200 *ARN<sup>KISS</sup> neuron activation promotes primarily glutamatergic responses in nearby neurons*

201 The ability of individual ARN<sup>KISS</sup> neurons to directly promote synchronization in nearby cells was  
202 examined by direct electrical stimulation (Fig.4). Cells exhibiting spontaneous synchronized activity  
203 were identified and one cell in the group selected for whole-cell patch clamp. These patched ARN<sup>KISS</sup>  
204 neurons (n=30) had a mean capacitance of  $15.8 \pm 0.8$  pF, input resistance of  $743 \pm 47$  M $\Omega$ , and resting  
205 membrane potential of  $-58.7 \pm 0.8$  mV (Table 3).

206 The patched cell in each experiment was driven to fire at high and low frequencies (“HF” and “LF”  
207 respectively) for 15 s by gradually increasing current injection and the effects on GCaMP fluorescence  
208 observed in all other ARN<sup>KISS</sup> neurons in the field of view (Figs.4 & 5). Current injections were calibrated  
209 on a per neuron basis, with the aim of achieving the highest possible firing rate over 15 s for HF  
210 stimulation and slow firing (~5 Hz) for LF (Fig.4A). Actual firing rates were measured, with a peak firing  
211 frequency of  $26.9 \pm 1.6$  Hz under HF stimulation and  $5.9 \pm 0.5$  Hz under LF stimulation. Over the course  
212 of each 15 s stimulation there was a consistent and substantial decrease in firing rate typically found  
213 with spike frequency adaptation (Fig.4A). As such, over the entire 15 s period, HF stimulation produced  
214 a mean firing frequency of  $12.3 \pm 1.2$  Hz, and LF stimulation generated a mean of  $2.5 \pm 0.3$  Hz. Driven  
215 stimulation produced transient GCaMP fluorescence increases in the patched neuron, but due to  
216 micropipette dialysis this generally faded over the course of each experiment.

217 Events in nearby neurons were considered to be coincident if their onset occurred before the end of  
218 the stimulation period in the patched cell and peaked either during stimulation or within 10 s of its  
219 termination (Fig.5). In unstimulated control periods of the same length prior to HF and LF stimulations,  
220 a coincident event was found to occur in at least one other neuron within the group in 40.5% of 79  
221 trial periods (Fig.4B). The LF stimulation did not alter this with coincident events occurring in 41.0% of  
222 39 trials (Fig.4B). Following HF stimulation, a significant increase occurred with a coincident event  
223 occurring in at least one other neuron in 61.9% of 42 trials ( $p = 0.007$ , two-tailed binomial test; 15  
224 brain slices; mean 8.8 cells/slice) (Fig.4B). Coincident calcium events did not occur consistently  
225 between the stimulated cell and other neurons (Fig.5). It is possible that repeated stimulations may  
226 gradually result in a change in success rate over time. To test this, we recorded the rate of coincident  
227 events in the 1<sup>st</sup> and 2<sup>nd</sup> pre-drug HF stimulations across all experiments. No reduction was found, with  
228 coincident events in 58% of 26 trials at stimulation 1 and 73% of 26 trials at stimulation 2 (n=26 slices).  
229 Whilst an analysis of success over the first two recorded HF stimulations is limited, the robustness of  
230 spontaneous synchronisation over 40-min duration experiments indicates little is likely to change over  
231 shorter periods.

232 Following a set of repeated stimulations to establish baseline values, CNQX was then applied, and the  
233 stimulations continued (Fig.5A). Under these conditions, CNQX substantially and significantly reduced  
234 the occurrence of coincident events in all groups compared to pre-CNQX (Fig.4B & 5A); 10.0% of 50  
235 trials in controls with no electrical stimulation ( $p < 0.0001$ , two-tailed binomial test), 14.3% of 21 trials  
236 following LF ( $p = 0.013$ , two-tailed binomial test) and 13.8% of 29 trials after HF ( $p < 0.0001$ , two-tailed  
237 binomial test) (Fig.4B). These observations showed that CNQX almost completely blocked spontaneous  
238 mSEs, as expected, as well as the effects of electrically activating one kisspeptin neuron on other  
239 nearby kisspeptin neurons.

240 In order to evaluate the contribution of NKB to synchronizations, we repeated these experiments using  
241 the tachykinin receptor antagonist cocktail (Fig.5B). As NKB release from kisspeptin neurons is only  
242 evoked by high stimulation frequencies (14), the effects of the antagonist cocktail were only examined  
243 using HF stimulation. In this series of experiments, at least one other neuron was activated by HF  
244 stimulation in 73.9% of 23 trials (Figs.4B & 5B; 11 slices; mean 9.5 cells/slice). This was significantly  
245 above unstimulated controls (34.8% of 23 trials;  $p = 0.0002$ , two-tailed binomial test) taken from  
246 periods of the same length but with no stimulation applied. Following application of the NKR

247 antagonist cocktail, a coincident event occurred under HF stimulation in 56.3% of 32 trials, significantly  
248 lower than HF stimulation under control conditions (Fig.4B,  $p = 0.041$ , two-tailed binomial test). During  
249 periods of the same length in NKR antagonists in which stimulation was not applied, an event occurred  
250 in 40.6% of 32 trials, which was not significantly different from the pre-drug control value. These  
251 experiments demonstrate that tachykinin receptor antagonists are able to block approximately 25% of  
252 coincident activity between an HF-stimulated kisspeptin neuron and other neurons.

253

#### 254 *Comparisons between females and males*

255 For reference, we provide a comparison in Table 3 between each variable measured in the present  
256 study and that observed previously for males in the same slice preparation (7). Both events and  
257 synchronizations in females occurred at a significantly higher rate in comparison to males. The  
258 ARN<sup>KISS</sup> neurons from female mice had a lower mean capacitance, greater input resistance, and a  
259 slightly more depolarized resting membrane voltage in comparison to those from males (Table 3).

260

#### 261 **Discussion**

262 We report here that ARN<sup>KISS</sup> neurons from female mice intermittently synchronize with each other in  
263 an acute brain slice preparation, and that these spontaneous synchronizations are dependent on  
264 glutamate transmission via AMPA receptors as well as NKB. Rates of synchronization were markedly  
265 lowered by inhibiting AMPA but not NMDA receptors underscoring the importance of glutamate  
266 neurotransmission in mediating synchronization within the ARN<sup>KISS</sup> neuron network in females. This  
267 study follows our characterisation of the pulse generator in male mice, in which we observed an  
268 identical dependence on glutamate signalling via AMPA receptors (7). However, in contrast to that  
269 study, we find a contribution of NKB to spontaneous synchronized activity in female brain slices,  
270 possibly representing a sex difference in the mechanism of ARN<sup>KISS</sup> neuron synchronization.

#### 271 *The fundamental mechanism of synchronization is the same in male and female mice*

272 We previously demonstrated that ARN<sup>KISS</sup> neurons in males synchronize their activity through the  
273 stochastic-like emergence of coordinated activity mediated by glutamate-AMPA receptor transmission  
274 (7). The present observations indicate that the same fundamental process is involved in ARN<sup>KISS</sup> neuron  
275 synchronization in female mice. Individual ARN<sup>KISS</sup> neurons were observed to couple together in an  
276 unpredictable manner and while the electrical stimulation of a single neuron increases overall  
277 population synchrony it does not reliably activate other individual neurons. This loose coupling likely  
278 underlies the very modest degree of consistency in their order of neuron activation within each  
279 synchronization. As before in male brain slices, we find no robust evidence for the concept of “leader  
280 cells” in these synchronizations. Our prior GRIN lens study examining the activity of up to 50 individual  
281 ARN<sup>KISS</sup> neurons *in vivo* similarly found no evidence for leader cells in gonadectomized males (16)  
282 although another study looking at ~13 cells in ovariectomized females did (17).

283 Temporally aligned excitatory input from at least two other kisspeptin neurons, and perhaps more,  
284 may be required to reliably elicit an event in a typical ARN<sup>KISS</sup> neuron. Modelling studies from other  
285 pattern generator networks suggest that each population burst, similar to a full-scale SE, can be  
286 generated better via an assembly of loosely coupled neurons with diverse intrinsic properties than an  
287 orderly recruitment beginning with pacemakers (18,19). Variations in the firing patterns of individual  
288 ARN<sup>KISS</sup> neurons suggest that there is heterogeneity in their ion channel and/or receptor densities,  
289 although this has not been explored fully (20).

290 There is substantial variation in the scale of synchronizations in brain slices with most comprising two  
291 or three neurons activating together within the limited field of view. Larger mSEs also occur which are  
292 able to recruit up to two-thirds of recorded neurons. These larger mSEs may represent activity that  
293 would be more likely to transition to a full-scale SE *in vivo* (16). In the absence of pacemaker cells, the  
294 ability of a loosely coupled network to generate a large-scale synchronization may well depend on the  
295 gradual removal of multiple inhibitory influences created during the *previous* large-scale  
296 synchronization; this may include the depletion of neurotransmitters and peptides and receptor  
297 desensitization or internalization. If so, there would be a very high chance of a full-scale SE occurring  
298 immediately following a sudden removal of inhibition. Indeed, we occasionally observed large  
299 synchronizations following the sudden removal of artificial inhibition (CNQX) in the slice preparation  
300 (Fig.2B).

301 As found previously in male slices (7), we observe a very substantial reduction in calcium events and  
302 mSEs in the presence of CNQX and DAP5 or CNQX alone. We also note that CNQX effectively abolishes  
303 the ability of electrical stimulation of a single ARN<sup>KISS</sup> neuron to activate other kisspeptin neurons.  
304 Together this demonstrates that AMPAR-mediated glutamate transmission is central to  
305 synchronization within the network in both males and females. It is worth noting that spontaneous  
306 synchronization is not entirely abolished by application of CNQX, possibly due to the origin of such  
307 activity sometimes being too deep within our relatively thick slices for effective drug penetration. In  
308 contrast, electrical driven stimulation originates at a patched cell near the surface. We also directly  
309 examined the potential role of NMDA receptors by undertaking experiments using DAP5 alone but  
310 found no effects on calcium event dynamics or mSEs. While not excluding a role for NMDA receptors  
311 in synaptic plasticity (21), this indicates that glutamate transmission through NMDA receptors is not  
312 essential for the synchronized burst firing of ARN<sup>KISS</sup> neurons in the brain slice. Interestingly, the tightly  
313 synchronized calcium oscillations observed between ARN<sup>KISS</sup> neurons in neonatal organotypic cultures  
314 are paused by application of DAP5 (22).

#### 315 *A role for NKB in spontaneous synchronizations in female mice*

316 We find here that the inhibition of tachykinin signalling in the female brain slice results in a substantial  
317 reduction in the frequency of calcium events and mSEs indicating the presence of tonic stimulatory  
318 tachykinin transmission involving ARN<sup>KISS</sup> neurons. This was not observed in male brain slices although  
319 the *in vivo* suppression of male SE amplitude by the same receptor cocktail led us to conclude that  
320 tachykinins operate as a “second transition” to facilitate glutamate-dependent emergent  
321 synchronization (7). To try and establish the relative importance of tachykinin signalling in female brain  
322 slice synchronization we used a high frequency electrical stimulation paradigm and tested with CNQX  
323 or the tachykinin receptor cocktail. Whereas CNQX reduced the ability of HF activation to couple a  
324 single ARN<sup>KISS</sup> neuron with others by 78%, the tachykinin receptor cocktail was less effective resulting  
325 in only a 24% reduction. Thus, it appears that glutamate remains the key driver of synchronizations  
326 with likely contemporaneous facilitation by NKB in female slices.

327 Curiously, we found that the tachykinin receptor antagonist cocktail was much less effective in reducing  
328 spontaneous kisspeptin neuron couplings in control periods within the electrical stimulation  
329 experiments. This may be due to prior high frequency stimulations promoting on-going glutamatergic  
330 synchronizations in the slice; for example the activation of ARN<sup>KISS</sup> neurons by NKB generates an initial  
331 tachykinin stimulation followed by robust on-going glutamate-driven synchronizations in male slices  
332 (7).

333 These results suggest that a sex difference exists in NKB transmission within the ARN<sup>KISS</sup> neuronal  
334 network. The precise nature of any sex differences and how it may impact on activity remains unclear.



335 On one hand, it seems unlikely that there are substantial sex differences in tachykinin receptor  
336 expression by ARN<sup>KISS</sup> neurons. When compared side-by-side, the effects of NKB on ARN<sup>KISS</sup> neuron  
337 electrical or GCaMP calcium activity are not different in intact males and females (23,24). Furthermore,  
338 all ARN<sup>KISS</sup> neurons in female mice express *Tacr3*, half have *Tacr1*, and none contain *Tacr2* transcripts  
339 (25) and this correlates well with evidence that all ARN<sup>KISS</sup> neurons in males respond to the NK3R  
340 agonist senktide, half are activated by an NK1R agonist, and none respond to an NK2R agonist (26).

341 It may instead be the case that functional sex differences exist in NKB neuropeptide expression or  
342 release mechanisms in kisspeptin neurons. For example, there is evidence that more ARN<sup>KISS</sup> neurons  
343 express NKB in females compared with males and that overall *Tac2* gene expression in the ARN is  
344 higher in females (27,28). Thus, it is possible that enhanced NKB release or tone within the ARN<sup>KISS</sup>  
345 neuronal network of females is responsible for the more prominent facilitatory role of tachykinins in  
346 synchronizations observed here. While issues regarding developmental compensation cannot be  
347 overlooked, sex differences in tonic NKB transmission may also underly the multiple observations of  
348 disordered adult female fertility but normal adult male fertility in a range of tachykinin ligand or  
349 receptor knockout mouse models (27,29,30).

#### 350 *Sex differences in ARN<sup>KISS</sup> neuron mSEs and membrane properties*

351 When comparing the data presented here with that obtained using the same *ex-vivo* brain slice  
352 preparation in males, we find a 30% higher rate of calcium events and 58% increase in mSEs frequency  
353 within the female ARN<sup>KISS</sup> neuron network. These calcium events represent short episodes of burst  
354 firing in ARN<sup>KISS</sup> neurons (7) and, alongside their higher input resistance (Table 3), indicate that females  
355 have heightened excitability compared with males. Very few studies have made direct  
356 electrophysiological comparisons between male and female ARN<sup>KISS</sup> neurons (31) so it is unclear  
357 whether this may represent variation in their intrinsic properties (20) or different levels of  
358 neurotransmitter input. As mSEs recorded in the brain slice may represent the foundations of eventual  
359 full SEs *in vivo* (7), it is interesting to observe that the higher frequency of mSEs in females mirrors their  
360 more frequent synchronizations *in vivo* (4,5).

361 We also observed that ARN<sup>KISS</sup> neuron capacitance, a proxy for total membrane surface area, was lower  
362 in females. Previous work has found that ARN<sup>KISS</sup> neuron size is increased in post-menopausal women  
363 (32) and chronic estradiol treatment of OVX female mice decreased ARN<sup>KISS</sup> neuron capacitance  
364 (33,34). To our knowledge the only previous direct sex comparison of ARN<sup>KISS</sup> neuron capacitance  
365 found a similar, albeit non-significant, trend for females to have lower values than males (35).

#### 366 *Dynorphin has no role in determining the dynamics of synchronization episodes in female mice*

367 We found that application of NorBNI to inhibit kappa opioid receptors did not alter the rate of mSEs  
368 or the dynamics of calcium events. Thus, as in male brain slices (7), there is little or no impact of any  
369 tonic dynorphin transmission on the ability of ARN<sup>KISS</sup> neurons to synchronize or, in particular,  
370 terminate their synchronized burst firing. As observed with males, we find evidence of spike  
371 frequency adaptation in female kisspeptin neurons and this is very likely to contribute to the  
372 mechanism terminating the 1-2 min burst of firing during a synchronization (7). Nevertheless, based  
373 on our recent *in vivo* studies in males, there is likely to an important role for dynorphin transmission  
374 within the kisspeptin network in gating the ease with which emergent glutamate-driven network  
375 activity transcends to achieve a full-scale SE. Understanding the likely multi-faceted role of dynorphin  
376 in controlling the generation of SEs in females will require detailed *in vivo* analyses.

#### 377 *Conclusion*

378 The “glutamate two-transition” model for ARN<sup>KISS</sup> neuron synchronization involves the initiation of  
379 synchronization by emergent glutamatergic network activity that needs to pass through a dynorphin  
380 gate as a first transition before being facilitated by NKB as a second transition (7). Taken together with  
381 our previous study, the current results support this model by demonstrating that emergent glutamate-  
382 AMPA transmission underlies ARN<sup>KISS</sup> neuron synchronization in both male and female mice. However,  
383 we identify a more prominent role for tachykinins in contributing to spontaneous mSEs in female brain  
384 slices although this appears to be modulatory. Thus, in males, synchronizations occur through  
385 glutamate-dependent emergent activity that is later amplified by NKB release, whereas, in females,  
386 NKB may have a more continual facilitatory role during the generation and amplification of  
387 synchronous behavior. Alongside sex differences in their intrinsic properties, this variation in NKB  
388 signalling may underly the faster rate of full-scale ARN<sup>KISS</sup> neuron SEs observed in females *in vivo* (4). It  
389 will now be essential to undertake *in vivo* investigations to examine the functional significance of the  
390 current brain slice studies and, more generally the applicability of the “glutamate two-transition”  
391 model to females.

392

### 393 **Data availability statement**

394 Some or all datasets generated during and/or analyzed during the current study are not publicly  
395 available but are available from the corresponding author on reasonable request.

396

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508

## 509 Figure Legends

510 **Figure 1. Spatiotemporal analysis of  $ARN^{KISS}$  neuron synchronization. A & B,** Two representative  
511 examples showing the temporal relationships between individual  $ARN^{KISS}$  neurons (14 and 12 cells)  
512 across five and six miniature synchronization events (SE1-6). The heatmap codes for order with early  
513 neurons in dark blue and late neurons in light blue. Empty squares indicate that the cell did not  
514 participate in the SE. A correlation scatterplot of the same information is provided below. Alongside  
515 is given the spatial location of individual  $ARN^{KISS}$  neurons in the coronal imaging plane showing their  
516 sequence of activity for the third (A) and second (B) mSE.

517

518 **Figure 2. Glutamatergic signaling is essential for  $ARN^{KISS}$  neuron synchronization in vitro. A,** Example  
519 brain slice control experiment showing GCaMP fluorescence recorded from 14 neurons with a 15-  
520 min vehicle application. mSEs are indicated by blue bars, with dark blue indicating mSEs consisting of

521 more neurons and light blue indicating fewer. The key indicates exact number of cells taking part. **B**,  
 522 Example brain slice showing the effect of 15-min exposure to CNQX (20  $\mu$ M) on GCaMP fluorescence  
 523 recorded from 14 neurons. **C–F**, Histograms showing the individual data points and mean (+SEM)  
 524 mSE rate for the pre-drug, drug-applied and wash periods in response to vehicle, CNQX + DAP5,  
 525 CNQX alone, and DAP5 alone in slices from diestrous female mice (\* $p < 0.05$ , \*\* $p < 0.01$ , Wilcoxon).

526

527 **Figure 3.** *NKB signaling also contributes to ARN<sup>KISS</sup> neuron synchronization in female mice.* **A**, Example  
 528 brain slice showing the effect of 15-min exposure to the tachykinin receptor antagonist cocktail (SDZ-  
 529 NKT 343 1  $\mu$ M, GR94800 1  $\mu$ M, SB 222200 3  $\mu$ M) on GCaMP fluorescence recorded from 9 neurons.  
 530 mSEs are indicated by blue bars, with dark blue indicating mSEs consisting of more neurons and light  
 531 blue indicating fewer. The key indicates exact number of cells taking part. **B & C**, Histograms showing  
 532 the individual data points and mean ( $\pm$ SEM) mSE rate for the pre-drug, drug-applied and wash  
 533 periods in response to the tachykinin receptor antagonist cocktail and NorBNI (10  $\mu$ M) in slices from  
 534 diestrous female mice (\* $p < 0.05$ , Wilcoxon).

535

536 **Figure 4.** *Effects of high and low frequency activation of single ARN<sup>KISS</sup> neurons on other cells.* **A**,  
 537 Representative examples of low- and high-frequency firing evoked in a patched ARN<sup>KISS</sup> neuron by  
 538 current injection over 10-15 s. Note the marked spike frequency adaptation during high frequency  
 539 stimulation. **B**, Histograms showing the percentage of trials in which coincident calcium events  
 540 occurred between ARN<sup>KISS</sup> neurons in the brain slice under unstimulated conditions (white) and  
 541 following low frequency (green) and high frequency (red) stimulation of a single neuron in the absence  
 542 and presence of CNQX or neurokinin receptor (NKR) antagonists. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ,  
 543 Binomial test versus Control or as indicated; number in base gives the number of stimulation trials for  
 544 each group (CNQX, 15 brain slices; NKR 11 brain slices).

545

546 **Figure 5.** *Direct electrical excitation of one ARN<sup>KISS</sup> increases GCaMP activity in nearby ARN<sup>KISS</sup> neurons*  
 547 *in an AMPA receptor dependent manner.* **A**, Example experiments showing GCaMP traces from 9  
 548 ARN<sup>KISS</sup> neurons in the same slice as Neuron #10 (bottom trace) that was patched. Artificial activation  
 549 of Neuron #10 at high (HF; maximal) and low (LF; mean 2.5 Hz) frequencies are highlighted in pink and  
 550 green respectively, which are continued through CNQX (20  $\mu$ M) application. Above-threshold GCaMP  
 551 calcium transients are highlighted in blue. **B**, Example experiments showing GCaMP traces from 9  
 552 ARN<sup>KISS</sup> neurons in the same slice as Neuron #10 (bottom trace) that was patched. Artificial activation  
 553 of Neuron #10 at high (HF; maximal) frequency are highlighted in pink, which are continued through  
 554 the application of a cocktail of neurokinin receptor (NK1-3R) antagonists. Above-threshold GCaMP  
 555 calcium transients are highlighted in blue.

556

557 **Table 1.** *Spearman test statistics for temporal order analysis (Fig.1).*

Brain slice #	Correlation Coefficient	df	t-score	p
1	0.381	42	2.67	0.0108*
2	0.231	38	1.46	0.152
3	0.209	84	1.96	0.0536
4	0.740	15	4.26	0.00068***
5	0.581	27	3.71	0.00096***

6	0.414	30	2.49	0.0186*
7	0.477	17	2.24	0.0390*
8	0.361	26	1.98	0.0589
9	0.484	77	4.85	<0.00001****
<b>Mean = 0.431</b>				

558

559

560 **Table 2.** *No changes occur in the dynamics of GCaMP calcium events in the presence of antagonists for*  
561 *AMPA receptors (CNQX), NMDA receptors (DAP5), tachykinin receptors (NKR antagonists) or kappa*  
562 *opioid receptors (NorBNI) in diestrous female mice.*

563

	Half width (s)	Rise time (s)	Decay time (s)	
<b>CNQX</b>				n=7
Pre-drug	14.6 ± 2.08	4.62 ± 1.13	6.57 ± 0.984	
Drug	11.6 ± 0.819	3.84 ± 0.488	6.55 ± 0.521	
<b>DAP5</b>				n=8
Pre-drug	15.5 ± 0.962	5.71 ± 0.665	6.74 ± 0.684	
Drug	14.4 ± 1.58	4.67 ± 0.678	7.01 ± 0.449	
<b>NKR antagonists</b>				n=8
Pre-drug	13.9 ± 0.649	3.55 ± 0.573	6.43 ± 0.517	
Drug	11.6 ± 0.951	2.98 ± 0.373	6.42 ± 0.689	
<b>NorBNI</b>				n=7
Pre-drug	13.2 ± 1.38	4.71 ± 4.71	6.35 ± 0.297	
Drug	12.9 ± 1.88	4.25 ± 0.871	7.43 ± 0.799	

564

565

566 **Table 3.** *Comparative summary of ARN<sup>KISS</sup> neuron and network properties between diestrous female*  
567 *and male mice. Male data originate from (7).*

568

	Female	n	Male	n	p
SEs/cell/hr	10.3 ± 0.8	55	6.5 ± 0.9	36	0.00048***
Events/cell/hr	14.7 ± 0.9	55	11.3 ± 1.0	36	0.025*
Event half width (s)	14.9 ± 0.9	22	14.5 ± 1.2	35	n.s.
Event rise time (s)	4.2 ± 0.5	22	4.3 ± 0.4	35	n.s.
Event decay time (s)	6.8 ± 0.3	22	6.5 ± 0.2	35	n.s.
Capacitance (pF)	15.8 ± 0.8	30	21.4 ± 1.3	14	0.0004***
Input resistance (MΩ)	743 ± 47	30	597 ± 21.1	14	0.042*
Resting Vmem (mV)	-58.7 ± 0.8	30	-61.4 ± 1.7	14	n.s.

569

570

571