



13      **Abbreviations:**

14      GHG, greenhouse gas; LCA, life cycle assessment; AD, anaerobic digestion; N/A,  
15      not applicable; MRIO, multi-regional input output; SIC, standard industrial  
16      classification; MBS, marginal budget shares; AIDS, Almost Ideal Demand System; RE,  
17      rebound effect; FEI, freed effective income; WRAP, The Waste and Resources Action  
18      Programme.

19

## Abstract

20 The environmental evaluation of food waste prevention is considered a  
21 challenging task due to the globalised nature of the food supply chain and the  
22 limitations of existing evaluation tools. The most significant of these is the rebound  
23 effect: the associated environmental burdens of substitutive consumption that arises  
24 as a result of economic savings made from food waste prevention. This study  
25 introduces a holistic approach to addressing these challenges, with a focus on  
26 greenhouse gas (GHG) emissions from household food waste in the UK. It uses a  
27 hybrid life-cycle assessment model coupled with a highly detailed multi-regional  
28 environmentally extended input output analysis to capture environmental impacts  
29 across the global food supply chain. The study also takes into consideration the  
30 rebound effect, which was modeled using a linear specification of an almost ideal  
31 demand system.

32 The study finds that food waste prevention could lead to substantial reductions in  
33 GHG emissions in the order of 706 to 896 kg CO<sub>2</sub>-eq. per tonne of food waste, with  
34 most of these savings (78%) occurring as a result of avoided food production  
35 overseas. The rebound effect may however reduce such GHG savings by up to 80%.  
36 These findings provide a deeper insight into our understanding of the environmental  
37 impacts of food waste prevention: the study demonstrates the need to adopt a  
38 holistic approach when developing food waste prevention policies in order to  
39 mitigate the rebound effect and highlight the importance of increasing efficiency  
40 across the global food supply chain, particularly in developing countries.

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42 Words count: 229

43

## 44 **1 Introduction**

45 One third of food produced across the globe is thrown away uneaten, and this waste  
46 has a large associated environmental burden (IMechE, 2013). Food waste is  
47 responsible for 3.3 Bt-CO<sub>2</sub>-eq. yr<sup>-1</sup>, rendering it equivalent to the world's third largest  
48 emitter of carbon after the economies of China and USA (FAO, 2013). In order to  
49 reduce the environmental impact of food waste, the food waste hierarchy has been  
50 adopted in various forms across different countries, providing guidelines on which  
51 disposal technologies are most preferable (Papargyropoulou et al., 2014).

52 Food waste prevention, situated at the top of the food waste hierarchy, is  
53 considered to be the most environmentally favorable management option  
54 (Papargyropoulou et al., 2014). According to a study published by the European  
55 Commission, approximately 44Mt CO<sub>2</sub>-eq. yr<sup>-1</sup> could be avoided by the introduction  
56 of a 20% food waste reduction target (EC, 2014). This finding supports the  
57 conclusions of other studies that have highlighted the significant environmental  
58 benefits of avoiding food waste (Bernstad and Andersson, 2015; Gentil et al., 2011;  
59 Martinez-Sanchez, 2016). Nevertheless, reported results are subject to a high level of  
60 uncertainty; the reported greenhouse gas (GHG) emissions savings vary widely,  
61 ranging from 800 to 4400 kg CO<sub>2</sub>-eq. per tonne of food waste (Bernstad and  
62 Cánovas, 2015). These variations in literature arise largely due to methodological  
63 choices: most studies rely entirely on life cycle assessment approaches, do not  
64 consider food imports, and ignore rebound effects. We discuss these three  
65 methodological challenges before introducing a new holistic modeling approach to  
66 addressing them.

67 Firstly, the majority of studies adopt a conventional process-based Life Cycle  
68 Assessment (LCA) approach (Table 1). Excluding Martinez-Sanchez et al's study  
69 (2016), all of the reviewed studies adopt a bottom-up LCA approach, and hence  
70 inherit the widely-discussed limitations of LCA such as system boundary cut-offs,  
71 data inconsistencies, study-specific scenarios and assumptions (Bernstad and la Cour  
72 Jansen, 2012; Laurent et al., 2014a, 2014b). These limitations, coupled with the  
73 multi-faceted nature of food waste, make the environmental evaluation of food

74 waste prevention practices an arduous task. LCA-based studies are generally  
 75 product-specific and do not consider variations within the same food category due  
 76 to differences in the source of food products (e.g., imported vs locally produced),  
 77 food production systems (e.g., wild caught vs aquaculture fish), and the quality of  
 78 food products (e.g., conventional vs organic) (Audsley et al., 2009; Bernstad and  
 79 Cánovas, 2015; Chapagain and James, 2011).

80 Table 1 Quantitative studies evaluating the environmental benefit of food  
 81 waste prevention.

Study	Country	Assessment method	International trade included?	Rebound effect included?
Bernstad and Andersson (2015)	Sweden	Consequential LCA	Y	N
Chapagain and James (2011)	UK	LCA	N	N
Matsuda et al. (2012)	Denmark	LCA	N	N
Gentil et al. (2011)	Denmark	LCA	N	N
Venkat (2011)	USA	LCA	N	N
Audsley et al. (2009)	UK	LCA	N	N
Martinez-Sanchez et al. (2016)	Denmark	Life cycle costing	N	Y

82 The second challenge in modeling food waste prevention lies in the globalization  
 83 of the food supply chain. For example, 48% of the UK's food supply in 2008 was  
 84 imported from abroad, and these imports accounted for 67% of food-related GHG  
 85 emissions (Ruiter et al., 2016). It is hence vital to account for the source of food  
 86 products when estimating environmental benefits associated with food waste  
 87 prevention. Excluding Bernstad and Andersson's study (2015), all of the studies  
 88 reviewed assume food production occurs domestically or regionally (Audsley et al.,  
 89 2009; Martinez-Sanchez, 2016; Matsuda et al., 2012; Venkat, 2011).

90 The final factor that results in substantial variation in estimates of the benefits of  
 91 reducing food waste is the inclusion, or lack of inclusion, of the rebound effect: the  
 92 avoidance of food waste in households leads to increased effective income which  
 93 subsequently results in expenditure on alternative products and services  
 94 (Binswanger, 2001; Brookes, 1990; Khazzoom, 1980). That is to say, when  
 95 households avoid food waste, they consequently have more money available that  
 96 may then be spent on other products and services. As this additional expenditure  
 97 generates additional GHG emissions, the environmental benefits of reducing food  
 98 waste can be partially or completely offset. If the economic savings were to be spent  
 99 on carbon-intensive goods or services (e.g. air travel or domestic heating), it is even

100 plausible for food waste prevention to create higher environmental burdens than if  
101 the food waste had not been wasted to begin with (Martinez-Sanchez, 2016).

102 To summarise, conventional approaches used to estimate the environmental  
103 benefits of food waste prevention provide only limited insight, in a world where food  
104 is internationally traded and financial savings made from waste avoidance often lead  
105 to rebound consumer spending. In order to combat these limitations, this study  
106 outlines a holistic approach to quantifying the environmental benefits of food waste  
107 prevention. To counter the limitations of conventional bottom-up LCAs, a hybrid LCA  
108 approach is used, combining conventional process-based LCA and a top-down input-  
109 output-based approach. Secondly, the flow of goods and services throughout the  
110 global supply chain was modeled using an economic and multi-regional input output  
111 method. Finally, the rebound effect was modeled using an econometric-based  
112 marginal expenditure model. The United Kingdom was used as a case study.

## 113 **2 Methodology**

114 Three scenarios for the environmental benefits of food waste prevention were  
115 evaluated: a baseline scenario and two food waste prevention scenarios (Figure 1).

- 116 i. Baseline-scenario: 1 tonne of food is wasted and sent to be processed in an  
117 anaerobic digestion (AD) plant. Anaerobic digestion was selected because it is  
118 the food waste treatment technology most currently most favoured in the UK  
119 (Evangelisti et al., 2014; Saleemdeen and Al-Tabbaa, 2015);
- 120 ii. A partial-reduction scenario: a 60% reduction in food waste, with the  
121 remaining fraction of food waste (400kg) being sent to an AD plant; and
- 122 iii. A total-reduction scenario: 77% of food waste is prevented and 23% (230kg)  
123 is sent to an AD plant.

124 The two food waste prevention scenarios are based on figures from the Waste  
125 and Resources Action Programme (WRAP), which estimate that 60% of household  
126 food waste in the UK is avoidable whilst a further 17% has the potential to be  
127 avoided (WRAP, 2013). The remaining 23% of food waste is unavoidable (e.g. egg  
128 shells and tea bags) and thus undergoes a conventional disposal route.

129 Our study adopts a green-consumption approach: households which reduce food  
130 waste are assumed to have reduced food purchases, rather than increased  
131 consumption. In order to model the environmental benefits of avoiding food waste,  
132 we follow Gentil et al.'s approach in considering the quantity of avoided food waste  
133 as a virtual waste flow (Gentil et al., 2011). Food waste prevention scenarios  
134 therefore also include knock-on savings from food waste avoidance, including  
135 avoided household food-related activities (e.g. grocery shopping, storage and  
136 preparation). To model these household activities, we used estimates from the  
137 literature: shopping is accountable for 70 kg CO<sub>2</sub>-eq. per tonne food and the GHG  
138 burden associated with home storage and preparation is 420kg CO<sub>2</sub>-eq. per tonne  
139 (Brook Lyndhurst, 2008; Pretty et al., 2005). This study additionally takes into  
140 account the rebound effect and investigates how the economic savings from food  
141 waste prevention activities (the purchase of less food products) may be spent on  
142 other activities and consequently reduce the net environmental benefits of food  
143 waste prevention (Section 2.3).

144 This study includes one environmental indicator, greenhouse gas emissions.  
145 These are aggregated and presented as a single mid-point impact category (i.e.,  
146 climate change). The global warming potential metric is used to convert greenhouse  
147 gases to equivalent amounts of CO<sub>2</sub> on a time horizon of 100 years (IPCC, 2007).

148 <INSERT Figure 1 here>

## 149 **2.1 Hybrid life cycle assessment: anaerobic digestion**

150 The environmental impacts of the baseline scenario and the unavoided fraction of  
151 food waste in other scenarios (i.e., 40% of food waste in the partial-reduction and  
152 23% in the total-reduction scenarios) were modeled using a hybrid-LCA waste-  
153 related model. First introduced by Salemdeeb and Al-Tabbaa (2015), the hybrid LCA  
154 model combines conventional process-based LCA and a top-down input-output  
155 analysis in order to reduce truncation error and achieve system completeness, a lack  
156 of which is a common limitation associated with conventional LCA tools (Laurent et  
157 al., 2014b).

158 Life cycle inventory data and technical parameters related to the AD technology  
159 are based on Salemdeeb and his colleagues' study that evaluated the environmental  
160 impacts of household food waste management in the UK, including AD (2016) . Food  
161 waste collection and transportation are included in the assessment whilst food  
162 waste packaging is excluded due to its insignificant impact (Bernstad and Andersson,  
163 2015; Lebersorger and Schneider, 2011).

## 164 **2.2 An environmentally extended multi-regional input output analysis: food** 165 **waste prevention**

166 Input-Output (IO) analysis is a top-down approach to modelling the complex  
167 interdependencies of industries within an economy (Leontief, 1936). IO tables are  
168 widely applied to link economic sectors with producers and customers to understand  
169 the interactions and impacts of economic activities (Leontief, 1951a, 1951b; Miller  
170 and Blair, 2009). Exiobase V2 is a high-resolution database used for the Multi-  
171 Regional Input-Output (MRIO) model in this study (Wood et al., 2015). The database  
172 provides data at an unprecedented level of consistent detail in terms of sectors,  
173 products, emissions and resources and covers 43 countries, which together account  
174 for approximately 89% of global gross domestic product and 80-90 % of the trade  
175 flow by value within Europe (Stadler et al., 2014; Tukker et al., 2014).

176 In order to integrate the monetary value of potential savings made by preventing  
177 food waste with the Exiobase database, the following steps were taken: (i) food  
178 prices, listed in Table 2, were converted from the British pound (£) to Euro (€) using  
179 the purchasing power parity index (World Bank, 2015); [ii] the data was then  
180 adjusted to the Exiobase base year (i.e. 2007) in order to take into account inflation  
181 using the UK consumer price index (ONS, 2013); [iii] the data reported in purchase  
182 prices was then converted into basic prices using a conversion ratio in order to  
183 respect margins, taxes and subsidies on products (Appendix A); [iv] a concordance  
184 matrix was used to map monetary data onto the Exiobase's structure format  
185 (Appendix B); and [v] the data was disaggregated to account for food imports by  
186 using existing food import weighting coefficients from Exiobase (Appendix C).



187 Table 2 The functional unit of the study: 1 tonne of UK household food waste  
 188 (with an approximate economic value of GB £1870) disaggregated into three stream  
 189 categories (i.e. unavoidable, possibly avoidable and avoidable). The functional unit is  
 190 presented below using both physical (kg) and monetary (GB£) units (WRAP, 2013).

Food Type	Food waste					
	Unavoidable		Possibly avoidable		Avoidable	
	Quantity(kg)	EV (£) <sup>1</sup>	Quantity (kg)	EV (£) <sup>1</sup>	Quantity (kg)	EV (£) <sup>1</sup>
Fresh vegetables and salads	39.2	41.7	87.5	95.0	127.1	135.1
Drink	41.5	41.5	0.0	0.0	58.5	58.5
Fresh fruit	82.7	83.8	3.1	3.1	54.9	54.3
Meat and fish	31.4	115.6	10.4	38.2	47.1	173.5
Bakery	0.2	0.2	17.3	26.5	70.6	108.5
Dairy and eggs	9.3	15.0	0.2	0.3	63.9	107.1
Meals (home-made and pre-prepared)	0.2	0.7	0.2	0.7	69.0	329.6
Processed vegetables and salad	0.2	0.4	0.2	0.4	28.2	80.0
Cake and desserts	0.2	0.6	0.2	0.6	25.1	89.5
Staple foods	0.2	0.4	0.2	0.4	23.5	54.9
Condiments, sauces, herbs & spices	0.2	0.7	0.3	1.5	22.0	102.0
Oil and fat	0.2	0.1	8.2	6.2	3.1	2.4
Confectionery and snacks	0.2	1.0	0.2	1.0	9.6	63.3
Processed fruit	0.2	1.4	0.2	1.4	3.3	29.8
Other	0.2	0.0	59.6	4.4	1.7	0.1
<b>Total<sup>2</sup></b>	<b>205.7</b>	<b>303.4</b>	<b>187.4</b>	<b>179.8</b>	<b>607.8</b>	<b>1388.5</b>

<sup>1</sup> Economic value based on the year 2012

<sup>2</sup> Figures might not sum due to rounding.

### 191 2.3 Modelling the rebound effect

192 The microeconomic rebound effect consists of a direct and indirect effect: the direct  
 193 effect is related to the additional demand for the product that has been subject to  
 194 an efficiency improvement (i.e. additional demand for some categories of food,  
 195 where the efficiency improvement is an increase in the ratio between the food  
 196 purchased and consumed), whereas the indirect effect refers to the additional  
 197 demand in all other consumption categories (Font Vivanco et al., 2016). The rebound  
 198 effect was quantified using a single re-spending model in which all consumption  
 199 categories were treated equally (Murray, 2013). This approach achieves  
 200 methodological consistency at the expense of differentiation between the direct and  
 201 the indirect effect (for examples of the latter, see the works of Freire-González  
 202 (2011), Thomas and Azevedo (2013) and Font Vivanco and van der Voet (2014)). We  
 203 specifically estimate how freed effective income (FEI) was spent by calculating the  
 204 marginal budget shares (MBS) for each consumption category *i*. The MBS were

205 calculated using a linear specification of an Almost Ideal Demand System (AIDS), a  
 206 demand system model developed by (Deaton and Muellbauer, 1980) with properties  
 207 that makes it preferable to competing models (Chitnis and Sorrell, 2015; Deaton and  
 208 Muellbauer, 1980). For instance, compared with other approaches based on  
 209 expenditure elasticities or Engel curves (Chitnis et al., 2013, 2014; Font Vivanco et  
 210 al., 2014; Murray, 2013), the AIDS allows for a more accurate estimation of the pure  
 211 income effect (changes in expenditure due to changes in effective income), as the  
 212 substitution effect (changes in expenditure due to changes in relative prices) is  
 213 corrected by means of a price index. In a budget share ( $w$ ) form, the AIDS model for  
 214 the  $i$ th consumption category and a given time period  $t$  is expressed as:

$$w_t^i = \alpha^i + \sum_{j=1, \dots, n} \gamma_j^i \ln p_t^j + \beta^i \ln \left( \frac{x_t^s}{P_t} \right) \quad (1)$$

215 where  $n$  is the number of consumption categories,  $x$  is total expenditures,  $P$  is  
 216 defined here as the Stone's price index,  $p$  is the price of a given category and  $\alpha$ ,  $\beta$   
 217 and  $\gamma$  are the unknown parameters. The Stone's price index is defined as:

$$\ln P_t = \sum_j w_t^j \ln p_t^j \quad (2)$$

218 Additionally, and in order to comply with consumer demand theory, three  
 219 constraints are imposed: adding-up, homogeneity and symmetry (Deaton and  
 220 Muellbauer, 1980). The microeconomic rebound effect in demand units ( $r_d$ ) is  
 221 defined as:

$$r_d = \sum_j s * w^j \quad (3)$$

222 where  $s$  is the total economic savings.

223 Data on the final consumption expenditure of households and price indices for  
 224 Classification of Individual Consumption According to Purpose (COICOP) 3 digit  
 225 categories for the UK and the period 2004-2013 were obtained from Eurostat  
 226 (2016a, 2016b). In order to harmonise product categories reported by the COICOP 3

227 digit (*i*) and Exiobase databases (*j*), we used the approach from Koning and Xingyu,  
228 (2016), which derives transformation tables describing how COICOP categories are  
229 distributed over Exiobase categories. We specifically used household expenditure  
230 data to give weights to cases where a given COICOP category is distributed over  
231 multiple Exiobase categories. The marginal budget shares of UK household  
232 expenditure are listed in Appendix H in both Exiobase and COICOP formats.

233 The modelling of the rebound effect entails a high level of uncertainty. When  
234 people save money from purchasing less food, it is difficult to determine exactly how  
235 they will spend this surplus. We therefore modeled five scenarios of rebound  
236 spending, listed in Table 3, that were developed based on a literature review  
237 (Appendix D). The first scenario, the behavior-as-usual scenario (R-1), is based on the  
238 methodology discussed above to allocate free effective income to all consumption  
239 categories.

240 Two sub-scenarios were also considered to investigate the level of uncertainty in  
241 MBS estimates. In these scenarios, the re-spend of the FEI is limited to Major  
242 Consumption Categories (MCC), a list of 25 expenditure categories which together  
243 constitute more than 88% of spending (i.e., categories with the highest MBS, see  
244 Table H.3). This approach has been applied in order to obtain more conservative and  
245 realistic results than those founded in previous modeling approaches which assume  
246 that the FEI is re-spent on services with the highest or lowest GHG-intensities,  
247 regardless of the EFI value (e.g., Martinez-Sanchez et al. 2016). In the major  
248 spending-high scenario (R-1A), FEI spending occurs within the 15 categories of MCCs  
249 with the highest GHG intensities while FEI is re-allocated to the 15 categories of  
250 MCCs with the highest MBS in the major spending-low scenario (R-1B). Appendix I  
251 lists the 15 categories considered in both scenarios.

252 The second part of the sensitivity analysis is based on the observation made by  
253 WRAP, that people tend to spend 50% of FEI on the purchase of higher quality food  
254 products (WRAP, 2014). Examples of food up-trade include buying locally-produced  
255 organic agricultural products, higher-quality meat or switching between food types  
256 (e.g., more meat, less staples or more beef, less chicken). Therefore, we also include

257 up-trade scenarios that investigate the impact of re-spending 50% of FEI on  
 258 purchasing quality oriented food products whilst the remaining 50% of the FEI is  
 259 spent based on the MBS of the behavior-as-usual scenario. As GHG-intensities can  
 260 vary largely between quality oriented and conventional food products (Appendix E),  
 261 we consider two sub-scenarios: (i) Scenario (R-2A) where GHG intensities remain the  
 262 same for both conventional and quality oriented products, and (ii) Scenario (R-2B)  
 263 where GHG intensities are updated to reflect the variation between quality oriented  
 264 and conventional food products; Updated GHG coefficients are provided in Appendix  
 265 G.

266 Table 3 Rebound effect scenarios considered in this study.

Scenario	Description
Behaviour-as-usual (R-1)	A reference scenario that assumes the re-spend occurs in line with the methodology discussed in section 2.3. The marginal budget shares (MBS) for each consumption category are listed in Appendix H, in both Exiobase and COICOP formats.
Major spending-high scenario: GHG based (scenario R-1A)	This scenario allocates the re-spend to 15 major consumption categories <sup>1</sup> with the highest CO <sub>2</sub> intensities. MBS were recalculated based on the original weight of MBS values (Appendix I).
Major spending-low scenario: expenditure based (scenario R-1B)	This scenario redistributes the re-spend on 15 major consumption categories <sup>1</sup> of the highest MBS. MBS were recalculated based on the original weight of MBS values (Appendix I).
Up-trade scenario: un-updated Exiobase GHG intensities (R-2A)	This scenario assumes that 50% of the re-spend occurs in food-product categories while the remaining 50% follows the same distribution patterns on the behaviour-as-usual scenario.
Up-trade scenario: Updated GHG intensities (R-2B)	This scenario uses updated GHG intensities to investigate the variation as a result of purchasing quality oriented products (Scenario R-2A). Conversion factors are derived from literature (Appendix E).

<sup>1</sup> Major consumption categories is a list, presented in Table H.3, of 25 consumption categories where more than 88% the re-spend occur (i.e., categories with the highest MBS).

### 267 3 Results and discussion

268 Reducing food waste leads to substantial GHG savings: 706 and 896 kg CO<sub>2</sub>-eq. per  
 269 tonne food waste for the partial and total reduction scenarios respectively. This is a  
 270 5-12 times larger greenhouse gas saving than if all food waste were used for  
 271 bioenergy production (AD, the baseline scenario). Table 4 presents a detailed  
 272 analysis of the study results; it provides estimates of the environmental benefits  
 273 associated with the prevention of avoidable food waste and the management of an  
 274 unavoided fraction of food waste, and shows that the rebound effect may offset  
 275 these benefits by up to 59% (Section 3.2).

276 Table 4 GHG emissions from food waste management as total food waste (kg  
 277 CO<sub>2</sub>-eq. per tonne food waste) divided on streams and rebound effect. Negative  
 278 values are overall GHG savings.

	Food waste treatment (AD)	Food waste prevention	Rebound effect (RE) <sup>1</sup>	Total <sup>1</sup>	RE Reduction rate (%) <sup>2</sup>
Baseline scenario	-89	0	0	-89	NA
Partial-reduction scenario	-36	-1138	467 (290-685)	-706 (-483 to -878)	25-59
Total-reduction scenario	-19	-1419	542 (335-795)	-896(-635 to -1095)	23-56

<sup>1</sup>Range in brackets

<sup>2</sup>The reduction in GHG savings due to the inclusion of rebound spending.

279 Hotspot analysis, depicted in Figure 2, shows that most of the reported  
 280 environmental benefits are due to the avoidance of food production: 83.5% for the  
 281 partial reduction scenario and 76% for the total reduction scenario. These findings  
 282 confirm the results of other studies which recognise the importance of savings made  
 283 in the production stage (Bernstad and Andersson, 2015; Gentil et al., 2011; Martinez-  
 284 Sanchez et al., 2016). GHG savings from avoided food production are estimated in all  
 285 industries across the entire supply chain, from fertilizers to iron and steel inputs  
 286 (Table 5). Most of the savings result from avoided fertiliser and energy use; N-  
 287 fertiliser production and coal-based electricity generation contribute to the overall  
 288 reduction by 25% and 20% respectively.

289 < INSERT Figure 2 here >

290 Table 5 Hotspot analysis for GHG savings from the avoided production of  
 291 food, as food waste is reduced. Categories reported are Exiobase Industrial  
 292 categories

Industrial sector	Weight (%)
N-fertiliser	25
Electricity (coal)	20
Vegetables, fruit, nuts	6
Electricity (gas)	5
Crude petroleum and services related to crude oil extraction	5
P- and other fertiliser	3
Basic iron and steel	3
Steam and hot water supply services	2
Chemicals	2
Cereal grains	2
Others	25

293 The second largest contributor to GHG savings is food-related household activities  
294 (e.g., grocery shopping transportation, food storage and preparation). These  
295 activities contribute to GHG reductions by 16.5% and 24% for the partial-reduction  
296 and total-reduction scenarios respectively. These estimations are based on limited  
297 estimates in literature and are only indicative; the greenhouse gas footprint of food-  
298 related household activities is likely to vary substantially. Gruber et al. (2014), for  
299 example, estimate that between 0.7 - and 2.1 MJ of electricity is needed to cook 1 kg  
300 of rice or potatoes, depending on individual household behaviour.

301 Overall, the combination of GHG savings in food production and related  
302 household activities leads to a large potential GHG reduction, ranging from 1138-  
303 1419 kg CO<sub>2</sub>-eq. per tonne of food waste prevented (Table 4). However, these  
304 benefits are reduced by 23-59% due to the impact of the rebound effect, which  
305 reduces GHG reductions by between 483 and 1095 kg CO<sub>2</sub>-eq. per tonne of food  
306 waste. This study quantitatively confirms the significant impact of the rebound effect  
307 in reducing environmental benefits associated with food waste prevention  
308 (Druckman et al., 2011; Martinez-Sanchez et al., 2016). A further discussion  
309 regarding the impact of the rebound effect and the sensitivity of our results is  
310 covered in section 3.4.

311 With regards to the baseline-scenario where 1 tonne of food is wasted and sent  
312 for anaerobic digestion, -89 kg CO<sub>2</sub>-eq. is the net-environmental benefit associated  
313 with the treatment of 1 tonne of food waste. The analysis results confirm those of  
314 other studies and identify energy recovery and the use of digestate as processes  
315 with the highest contribution to these savings (Bernstad Saraiva Schott et al., 2016).  
316 Energy recovery and digestate lead to GHG reductions of 185.5 and 4.6 kg CO<sub>2</sub>-eq.  
317 per tonne of food waste respectively. Contrastingly, the main environmental  
318 burdens for AD arise from the digestion process and the use of auxiliary materials  
319 required to operate the facility (Salemdeeb et al., 2016), whilst food waste collection  
320 and transportation has a less significant impact: 11 kg CO<sub>2</sub>-eq. per tonne of food  
321 waste. A hot spot analysis of the baseline-scenario is presented in appendix F.

### 322 3.1 The role of the MRIO model

323 The GHG savings made from the reduction of food waste occur across the  
324 international supply chain (Figure 3) with only 22% of these savings occurring within  
325 UK borders (Table b in Figure 3). This relatively low percentage is attributed to the  
326 UK's dependency on food imports, as well as the reasonably efficient food  
327 production systems and low-carbon energy sources of the country. Our results echo  
328 results reported in literature and conclude that the majority of the UK food basket's  
329 GHG emissions occur abroad (Ruiter et al., 2016), in part due to lower GHG  
330 efficiencies in agriculture of developing nations. Whilst only 6.5% of financial savings  
331 made from waste avoidance comes from food produced in India, for example, this is  
332 equivalent to a 17.5% reduction in food-related GHG emissions (Table b in Figure 3).  
333 In this case, the rice products category is the largest contributor to these savings  
334 which are made across various industry groups in India, such as coal-based electricity  
335 (50%), N-fertiliser (18%), P-fertiliser (4%) and the paddy rice sector (9%).

336 < INSERT Figure 3 here >

337 The MRIO approach allows an unprecedented resolution of analysis, including  
338 differentiating impacts per food group as well as per country. In the case of sugar,  
339 more than half of the GHG savings occur in Brazil and France, the leading suppliers of  
340 sugar to the UK (Figure 4); 37% of sugar cane being imported from Brazil and 21% of  
341 sugar beet being imported from France (Baker and Morgan, 2012).

342 < INSERT Figure 4 here >

343 Despite the analytical strengths of the MRIO method in modelling the global  
344 supply chain, the adoption of such an approach is subject to a major limitation.  
345 MRIO models use average national data and therefore neglect variation in impacts  
346 associated with products aggregated into the same industrial category (for example,  
347 this study allocated an average GHG intensity for all dairy products in each country).  
348 This shortcoming could in future be addressed by integrating the MRIO model with  
349 the World Food LCA database - a comprehensive and international inventory  
350 database of 200 food life cycle assessments (Nemecek et al., 2015). The expanded

351 MRIO model would then combine the advantages of IO analysis to cover the global  
352 food supply chain and the advantage of process-based LCA to use up-to-date and  
353 high-resolution environmental intensities.

354 Another possible limitation is associated with the approach adopted to convert  
355 economic benefits of food waste prevention from purchase prices into basic prices  
356 (the format of data in Exiobase). Conversion factors used in this study are derived  
357 from the 2010 UK Supply and Use table by deducting both distributors' trading  
358 margins and allowing fewer subsidies on products from purchase prices (ONS, 2012).  
359 Therefore, the accuracy of conversion factors depends on the quality of the data and  
360 methodology used to compile the 2010 UK Supply and Use table. In addition and due  
361 to the high level of aggregation in the Supply and Use table, an assumption was  
362 made to allocate the same conversion factor into similar food categories: vegetables  
363 and fruits, bakery and cakes, and meals and staple food (Appendix A).

### 364 **3.2 Rebound effect**

365 Results of the sensitivity analysis show a high level of uncertainty associated with the  
366 rebound effect, with the reduction in GHG savings ranging from 23-59% (Table 4 and  
367 error bars in Figure 5a). The upper limit (R-1A), representing the major spending-  
368 high scenario, is a result of re-spending savings on GHG-intensive categories such as  
369 wholesale trade, motor gasoline, petroleum and air transport services. The lower  
370 limit, representing the major spending-low scenario (R-1B), is a result of re-spending  
371 the freed effective income on less GHG intensive categories such as education  
372 services, real estate services and communication services.

373 The second part of the sensitivity analysis investigated the effect of switching  
374 from conventional to quality-oriented food products (Up-trade scenarios, see Table 3  
375 and Figure 5b). The use of the same Exiobase GHG intensities (scenario R-2A) results  
376 in a small increase (3.5%). The low increase estimated in scenario R-2A could be  
377 explained by two factors: 50% of the re-spending occurs in food product categories  
378 that are considered low-GHG categories (Druckman et al., 2011), and the assumption  
379 that GHG intensities of quality oriented products increase in the same way as paying



380 a higher price per functional unit (Girod and de Haan, 2010; Vringer and Blok, 1996).  
381 For example, if the price of a quality-oriented product is twice that of its  
382 conventional counterpart, then the environmental burden associated with it would  
383 double.

384 The final sensitivity analysis scenario takes into account variations in GHG-  
385 intensities between quality oriented and conventional food products as discussed in  
386 Appendix D&G. Since up-traded goods often have a higher GHG intensity, we find  
387 that switching to quality-oriented products increases the size of the rebound effect  
388 by 19.5% and, consequently, reduces food waste prevention benefits (Figure 5b).  
389 Examples of higher impact and higher value products include organic products,  
390 (which have lower yields than conventional products) boneless meat, (which  
391 requires additional energy input in the food production process) and the use of  
392 premium packaging.

393 < INSERT Figure 5 here >

394 Several peer-reviewed studies have investigated the impact of the rebound effect  
395 in food waste prevention activities or a similar context (Alfredsson, 2004; Druckman  
396 et al., 2011; Martinez-Sanchez et al., 2016). Martinez-Sanchez and her colleagues  
397 took an environmental life-cycle costing approach to evaluating the impact of the  
398 rebound effect in food waste prevention activities in Denmark. Their study also  
399 found a large rebound effect – in fact much larger than that of our study (1528-4367  
400 kg CO<sub>2</sub>-eq. per tonne of food waste; 2-5 times higher than results reported in this  
401 study). Their findings suggest that the rebound effect could even exceed the GHG  
402 savings from avoiding food waste, a phenomenon known as “backfire”, where  
403 reducing food waste might actually increase GHG emissions. The large difference  
404 between our estimates and theirs is attributable to various factors: (i) Martinez-  
405 Sanchez et al. use a highly aggregated economic model, combining all industrial  
406 sectors into 9 categories; (ii) Consumer expenditure surveys are used in Martinez-  
407 Sanchez’s study to allocate savings from consumption categories; and (iii) Martinez-  
408 Sanchez et al. investigate extreme scenarios for the rebound effect, including  
409 allocating 100% of the respond to the sector with the highest environmental impact,

410 namely “Household use, Hygiene”. Sectorial aggregation is a known source of bias in  
411 the input-output literature (Moran and Wood, 2014; Su et al., 2010), and our results  
412 may indicate that higher disaggregation leads to lower overall GHG emissions for our  
413 case study. Our model of the rebound effect also combines expenditure and cross-  
414 price elasticity (section 2.3), which may lend more weight to low GHG-intensive  
415 consumption categories compared to simpler models. Finally, our sensitivity analysis  
416 for the rebound effect is constrained so that it more closely resembles current  
417 household spending. Despite these differences, the potentially large rebound effect  
418 reported here as well as in similar studies reveals the limitation of behavioural  
419 interventions, such as reducing food waste to reduce greenhouse gas emissions  
420 (Martinez-Sanchez et al., 2016). To reduce rebound effects and deliver effective GHG  
421 savings, behavioural change must be coupled with economy-wide reductions in GHG  
422 intensity (Alfredsson, 2004; Druckman et al., 2011; David Font Vivanco et al., 2016).

### 423 **3.3 Comparison with previous studies**

424 The results of this study agree with main conclusion of other studies: food waste  
425 prevention lead to substantial reductions in GHG. Nevertheless, the magnitude of  
426 GHG reduction reported in this study is less than those reported in the literature as  
427 shown in Figure (6). Differences arise primarily due to the aggregated nature of the  
428 method (as discussed above, see section 3.1). In addition, the study scenarios take  
429 into consideration the unavoided fraction of food waste (40% in the partial reduction  
430 scenario and 23% in the total reduction scenarios) which is sent to anaerobic  
431 digestion, leading to lower GHG reductions than if we had assumed that the total  
432 functional unit (1 tonne of food waste) was preventable. More importantly (as  
433 discussed in Section 3.2), the inclusion of the rebound effect has also contributed  
434 significantly to the reduction in reported results: 25-59% for the partial-reduction  
435 scenario and 23-56 for the total-reduction scenario.

436 < INSERT Figure 6 here >

#### 437 **4 Conclusions**

438 This paper presents a holistic model of food waste prevention, combining  
439 conventional process-based LCA and top-down input-output-based approaches that  
440 include GHG emissions in the international supply chain and the rebound effect. We  
441 find that GHG savings range from 700-888 kg CO<sub>2</sub>-eq. per tonne of food waste. These  
442 emissions are relatively lower than others reported in the literature, partly due to  
443 the inclusion of the rebound effect, which reduces GHG benefits by up to 59%.  
444 Overall, our findings indicate that the environmental benefits associated with food  
445 waste prevention interventions, such as the “love food hate waste” campaign in the  
446 UK (WRAP, 2013), could be partially undermined by rebound spending. Efforts to  
447 reduce the impact of food waste must explicitly consider rebound effects as  
448 ultimately, to effectively deliver GHG reductions, behavioural change, such as food  
449 waste reduction, must be coupled with reductions in GHG emissions across the  
450 economy.

451 Furthermore, this study provides the first comprehensive assessment of food  
452 waste prevention that includes impacts associated with food imports. It highlights  
453 the importance of adopting a top-down, multi-disciplinary, and system-wide  
454 approach in order to deal with the complexity of the food supply chain that extends  
455 beyond geographical borders and across various industries. The findings of this  
456 research have provided a further insight into our understanding of the  
457 environmental impacts of globalised food production, particularly in developing  
458 countries.

#### 459 **5 Acknowledgements**

460 The PhD research project of the first author is funded by the IDB Cambridge  
461 International Scholarship. E.K.H.J.zE was funded by BBSRC grant BB/J014540/1.

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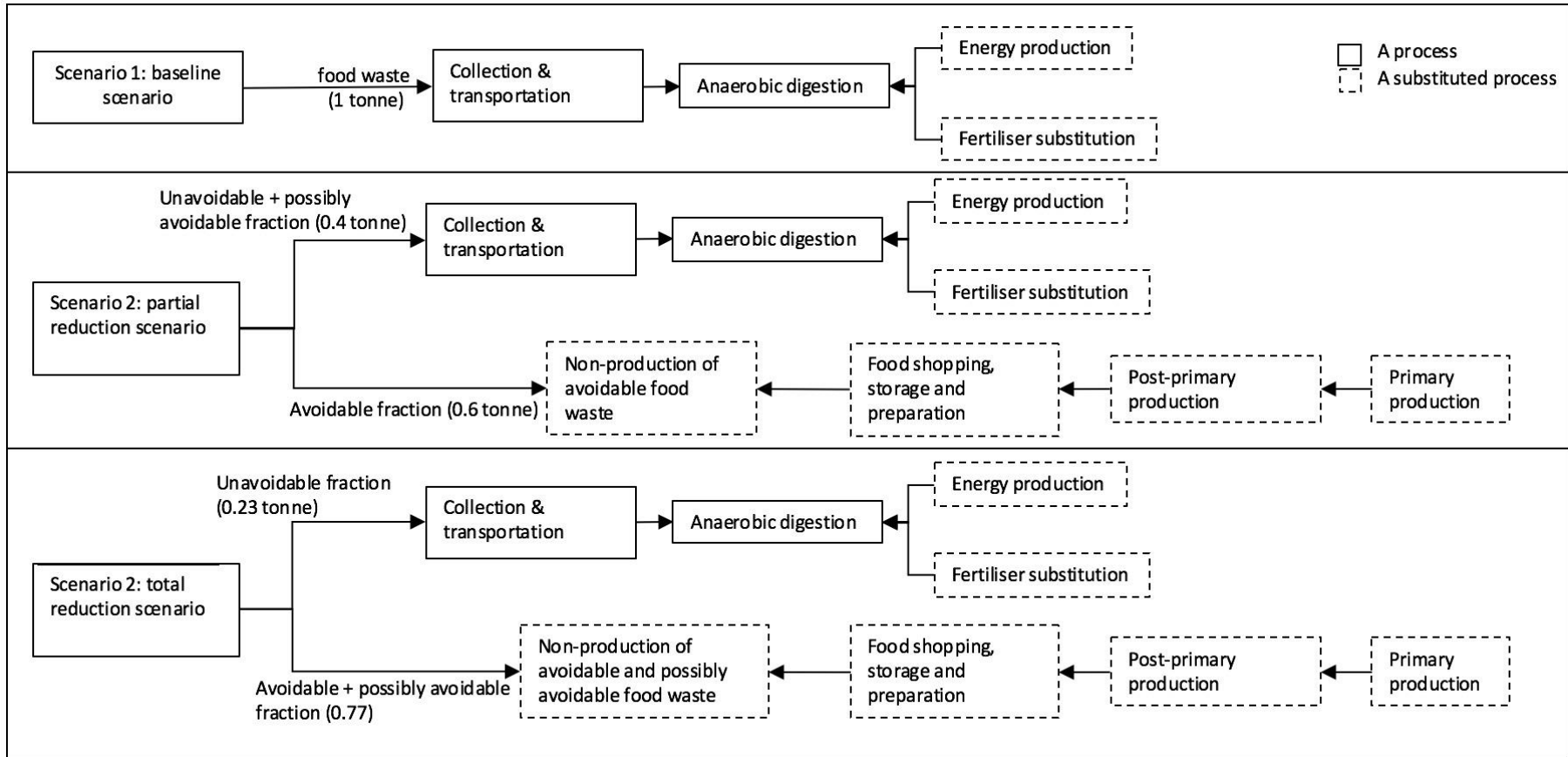
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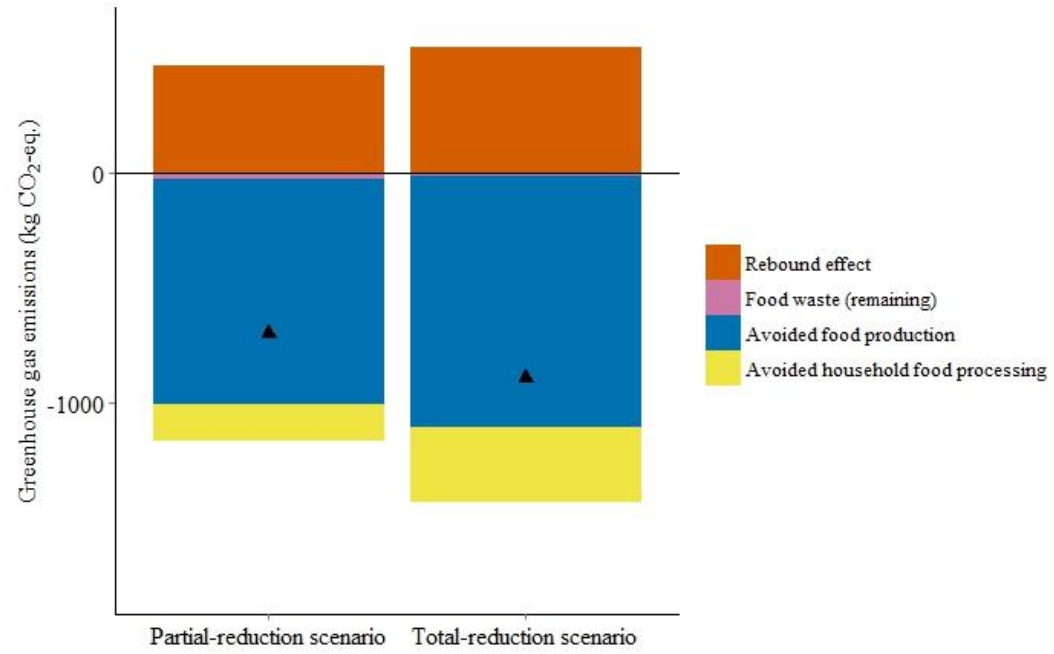
Figures



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639 Figure 1

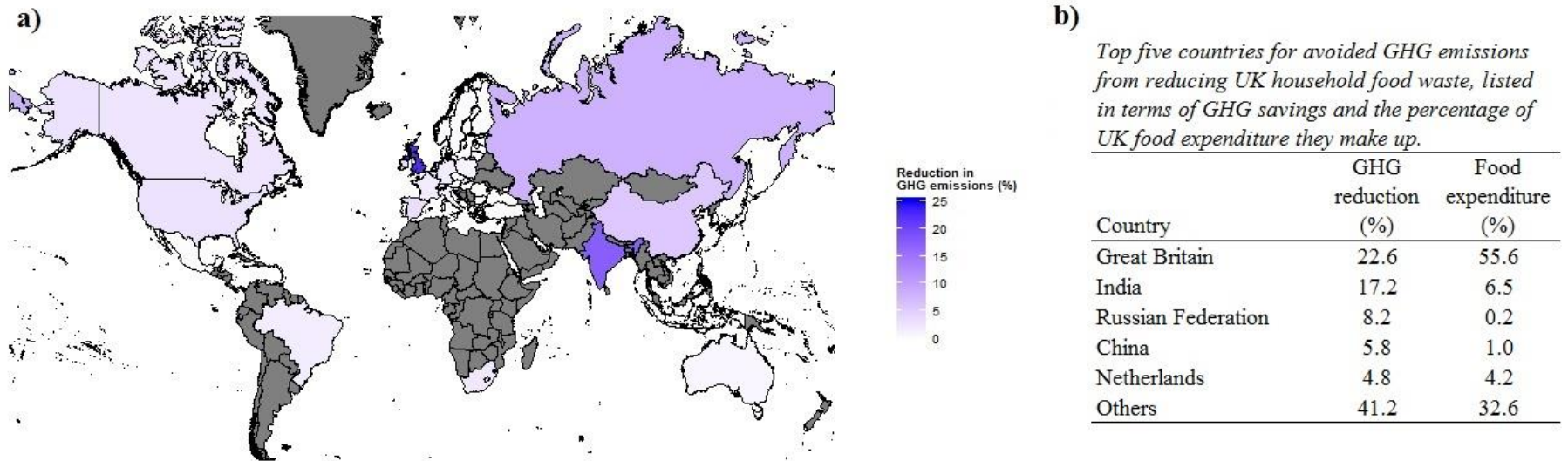
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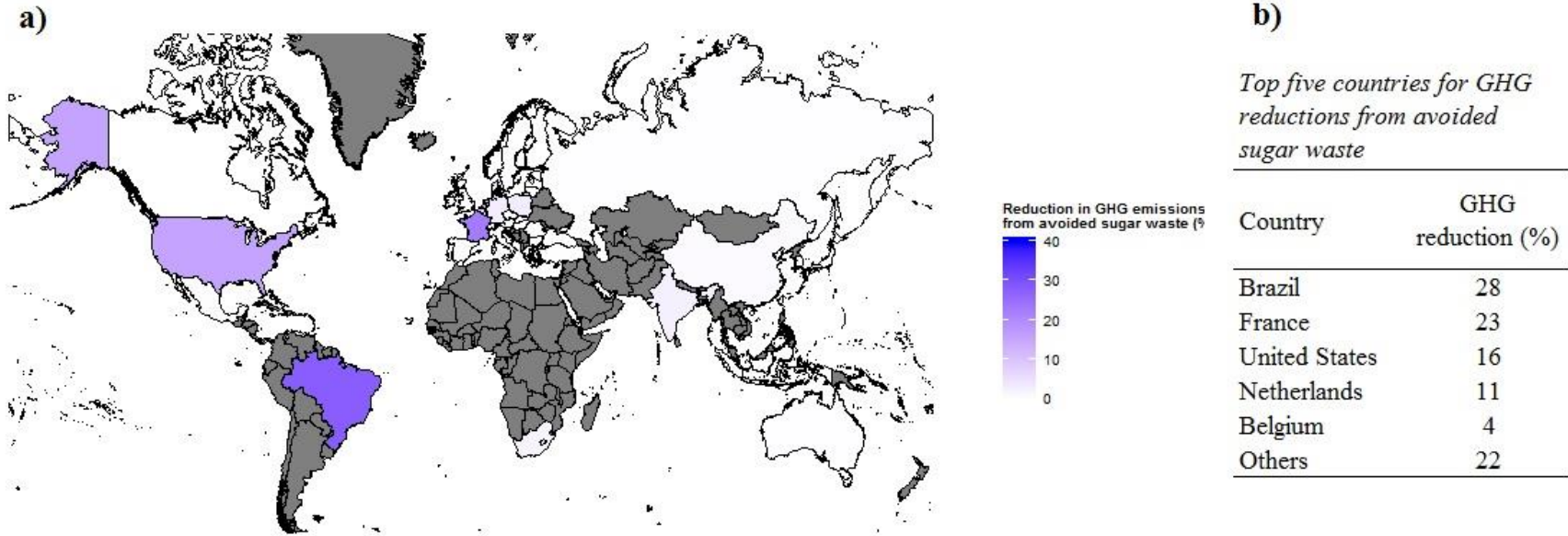
642 Figure 2

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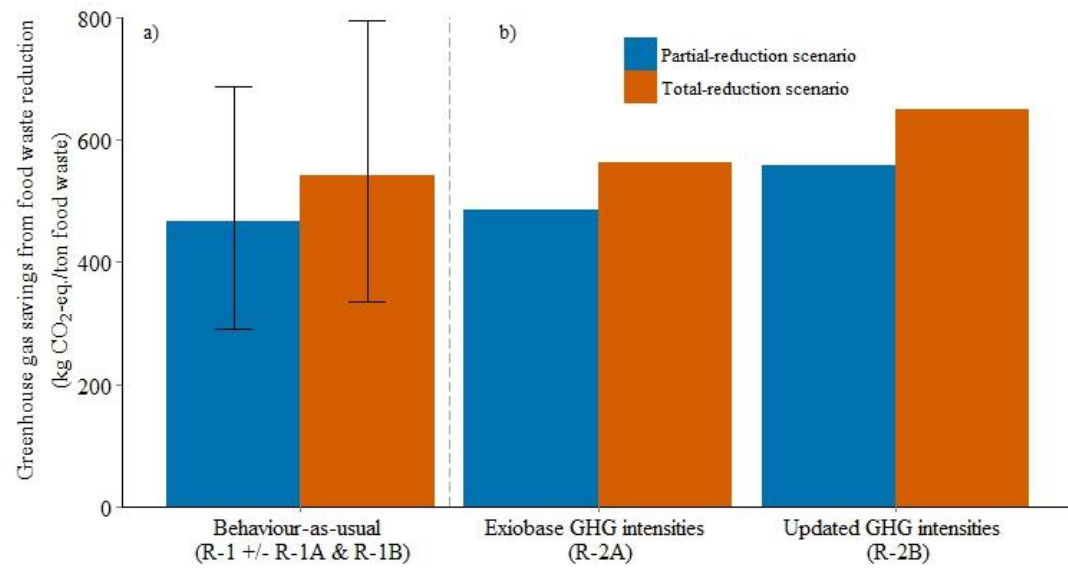
645 Figure 3



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647 Figure 4

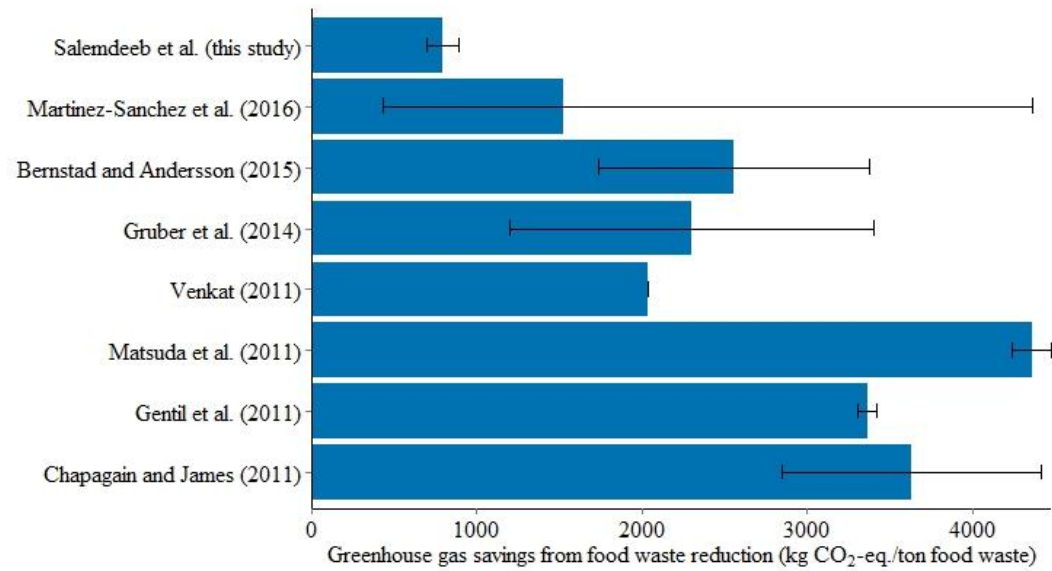
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650 Figure 5

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653 Figure 6

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655        Figures Captions

656        Figure 1 Conceptual diagram of the system investigated in this study. Post-primary  
657        production stage includes the processing of primary food products, the distribution  
658        and retailing of final products whilst primary production consists of processes  
659        required to produce primary food products and transport them to a regional  
660        distribution centre. A graphical representation of the system boundary for the AD  
661        technology is provided in Appendix F.

662

663        Figure 2 Hotspot analysis of GHG savings from food waste prevention. Triangles  
664        show the overall avoided GHG emissions.

665

666        Figure 3 Preventing food waste in UK households leads to GHG savings  
667        internationally, due to savings made throughout the UK's global food supply chain.  
668        Countries shaded in grey have no data available. A detailed contribution analysis of  
669        GHG emissions, disaggregated by industrial sectors and geographical sources, is  
670        provided in Appendix J.

671

672        Figure 4 Sources of GHG savings for the avoidance of sugar waste, both from sugar  
673        beet and sugar cane. Countries shaded in grey have no data available. A detailed  
674        contribution analysis of GHG emissions, disaggregated by industrial sectors and  
675        geographical sources, is provided in Appendix J.

676

677

678        Figure 5 Uncertainty in estimates for the rebound effect. The left two bars (a) show  
679        the GHG savings assuming that the respend occurs in line with current budget shares  
680        (R-1), i.e. behavior-as-usual. The error bars represent the estimates for the GHG  
681        savings when spending is assumed to shift across the top 25 consumption categories  
682        (scenario R-1A, upper limit & scenario R-1B, lower limit). The bars to the right show  
683        (b) the estimated GHG savings, assuming that some of the respend is spent "trading  
684        up" to higher quality goods (scenarios R-2A and R-2B).

685

686        Figure 6 A comparison of the different estimates of GHG savings from avoiding one  
687        tonne of food waste. The error bars illustrate the ranges reported in each study.

688