

1 **Arbuscular cell invasion coincides with extracellular vesicles and membrane**
2 **tubules**

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20 **Abstract:**

21 During establishment of arbuscular mycorrhizal (AM) symbioses, fungal
22 hyphae invade root cells, producing transient tree-like structures, the arbuscules,
23 where transfer of photosynthates for soil minerals occurs. Arbuscule formation and
24 collapse lead to rapid production and degradation of plant and fungal membranes
25 whose spatiotemporal dynamics directly influence nutrient exchange. We determined
26 ultrastructural details of both membrane surfaces and the interstitial apoplastic matrix
27 during growth and senescence of *Rhizophagus irregularis* arbuscules in rice.
28 Invasive growth of arbuscular hyphae was associated with abundant fungal
29 membrane tubules (memtubs) and plant peri-arbuscular membrane evaginations.
30 Similarly, the phylogenetically distant AM fungus, *Gigaspora rosea* and the fungal

31 maize pathogen, *Ustilago maydis*, developed memtubs while invading host cells,
32 revealing novel structural commonalities independent of the mutualistic or parasitic
33 outcome of the interaction. Additionally, extracellular vesicles formed continuously in
34 the peri-arbuscular interface from arbuscule biogenesis to senescence, consistent
35 with signal delivery contributing to inter-organismic communication throughout the
36 arbuscule lifespan.

37

38 **Introduction:**

39 Arbuscular mycorrhiza (AM) symbiosis is an ancient symbiosis between roots
40 of most plant species and fungi of the Glomeromycotina that evolved concurrent with
41 land plants around 450 million years ago and ever since represents an integral part
42 of plant terrestrial ecosystems (for recent review see¹). The outcome of the
43 symbiosis is mutualistic, manifested in a bi-directional transfer of soil minerals, such
44 as inorganic phosphate (Pi) in exchange for host-derived carbon. Central to the
45 symbiotic nutrient trade are specialized fungal feeding structures, called arbuscules
46 that form inside root cortical cells. Arbuscule development starts by establishing a
47 'trunk' domain from where sequential dichotomous hyphal branching and tip growth
48 produce coarse 'support' branches on which an extensive network of 'canopy' fine
49 branches bifurcate until most of the host cell volume is filled, generating the
50 characteristic tree-shaped structure². Simultaneously, the plant plasma membrane
51 envelops the growing fungal structure to establish the peri-arbuscular membrane
52 (PAM). Thereby an apoplastic peri-arbuscular space (PAS) is generated between the
53 fungal arbuscule membrane (FAM) and the plant PAM, which has been described as
54 an 'amorphous' matrix that is continuous with the host cell wall and contains wall-
55 related macromolecules³. The plant-fungal exchange of nutrients within the
56 arbusculated cell is thought to involve release into the peri-arbuscular space (PAS),
57 followed by uptake across either the plant PAM or the FAM.

58 Plant Pi and ammonium transporters with a specific role in AM symbiosis
59 mediate transport processes at the PAM^{4,5,6} whereas equivalently fungal transporters
60 have not been reported. Plant Pi transporters of the type of the rice PT11 (*Medicago*
61 *truncatula* PT4⁵) reside in PAM zones surrounding arbuscular fine branches but are
62 absent from PAM around coarse branches or the trunk^{5,7}. As these transporters
63 mediate most if not all of the symbiotic Pi uptake^{8,9}, their PAM distribution pattern

64 indicates functionally distinct membrane subdomains. Arbuscule establishment is
65 also essential for the organic carbon nourishment of the obligate fungal biotroph to
66 complete its asexual life-cycle¹⁰. As fatty acid (FA) heterotrophs¹¹ AM fungi rely
67 entirely on the supply of FA by their plant hosts^{12,13,14,15}. Conceivably, plant FAs
68 ultimately provide the building blocks for the massive *de novo* fungal plasma
69 membrane biosynthesis associated with arbuscule, especially fine branch formation
70 (reviewed in¹⁶). The mechanism by which FAs are delivered to the fungus are
71 currently unknown. However, PAM-specific half-size ABCG transporters Stunted
72 Arbuscule 1 and 2 (STR1, STR2) have been proposed as FA exporters in *M.*
73 *truncatula*¹⁷, suggesting that the uptake of Pi and the release of FA might be spatio-
74 temporally linked.

75 Despite the seemingly huge fungal and plant investment into producing and
76 accommodating arbuscules, these are ephemeral structures with a lifespan of only
77 one to two days in rice¹⁸. Arbuscule development thus reflects an immensely
78 vigorous cell invasion process, brought about by reiterated hyphal bifurcation and
79 elongation that is based on polar hyphal tip growth, common to filamentous fungi.
80 Senescence of arbuscules resembles the inverse procedure, commencing by the
81 collapse of the fine branches that rapidly proceeds across the more basal parts of
82 the structure until the entire arbuscule has been removed. The window for symbiotic
83 Pi uptake (and likely FA release) appears hence restricted to the highly dynamic and
84 short period of fine branch formation.

85 To capture the ultra-structural detail of the plant and fungal membrane
86 surfaces during the successive developmental range of growing and collapsing
87 arbuscules, we performed TEM tomography and 3-D reconstruction of high pressure
88 frozen, freeze substituted rice roots colonized by *R. irregularis*. We found that
89 instead of smoothly aligned parallel membranes, separated by a homogenous
90 interfacial matrix, plant and fungal membranes adopted complex 3D structures.
91 Invasive arbuscular growth was associated with the extensive production of
92 paramural membraneous tubules (memtubs), a feature that occurred similarly during
93 maize leaf cell infection by the ear smut fungus *Ustilago maydis*. PAM evaginations
94 populated the PAS together with extracellular vesicles (EVs) of plant or fungal origin
95 all through the different stages of arbuscule life, suggesting not only a further

96 significant increase in contact area between the two symbionts but also sophisticated
97 mechanisms for inter-organismal cell-to-cell communication.

98

99 **Results:**

100 **Classification of arbuscular hyphae**

101 Images of arbuscules typically show a collection of hyphae, which in
102 micrographs are distinguishable from the rice cortical cell cytosol by the densely
103 stained fungal cell walls and presence of small circular vacuoles (Supplementary Fig.
104 1a). To ensure membrane surfaces in colonized roots were retained as close to their
105 native state as possible, we used high-pressure freezing followed by freeze
106 substitution (HPF-FS) to preserve rice root tissue. Indeed, in chemically fixed rice
107 tissue we consistently observed fixation artifacts consisting of irregular membrane
108 undulations (Supplementary Fig. 1b). Using HPF-FS of colonized rice root tissue we
109 found excellent preservation of fungal and plant membranes, whilst membrane
110 undulations associated with fixation artifacts were not observed (Supplementary Fig.
111 1c).

112 With the aim to characterise plant and fungal membrane details during the
113 arbuscule lifespan, we required a strategy to accurately discriminate arbuscule fine
114 from large hyphal branches in TEM cross sections. Trunk and low-order hyphae
115 were visually larger in diameter than smaller fine hyphae, however, since arbuscule
116 formation is a continuum of hyphal branches, and hyphae are often obliquely
117 sectioned (Supplemental Fig ?), the identification of fine hyphae based on hyphal
118 diameter alone can be challenging. During filamentous hyphal growth fungal cell
119 walls are progressively thicker towards the older more distal part of the fungal hypha
120 as new cell wall (CW) material is deposited just behind the growing hyphal tip¹⁹. The
121 fungal CW of arbuscule fine branches are typically thinner than larger mature and
122 arbuscule trunk hyphae^{20,21}. We, therefore, inferred that fungal CW thickness,
123 combined with hyphal diameter, could be used to distinguish fine from large/trunk
124 fungal hyphae in TEM, which is required to determine the relative position of a hypha
125 within the arbuscular structure.

126 Hyphal diameter and CW thickness were thus measured from micrographs,
127 whilst simultaneously visually categorizing hyphae as either fine, large or trunk.
128 Since hyphal CW thickness is dependent on the angle of a section, the thickness of

129 the section and the curvature of the structure, we consistently measured CW
130 thickness taken from the thinnest point of the fungal CW surrounding a hypha
131 (Supplemental Fig 1?). Selecting hyphae randomly from TEM micrographs we found
132 a good correlation between hyphal diameter and fungal CW thickness ($R^2=0.88$,
133 $n=61$ hyphae taken from 8 micrographs across 7 independent biological replicates),
134 which provided the training dataset and generated a simple linear regression model
135 ($y=42.2 \cdot CWT+131.3$; Supplementary Fig. 2a) with an average mean absolute
136 percentage error (MAPE) of 25% (tested 100 fold using a 80:20 ratio). We next
137 carried out unsupervised K-means testing on our training dataset, which identified
138 three clusters that closely matched our visual classification of hyphae as fine, large
139 and trunk (Rand index value of 0.961, Supplementary Fig. 2a). A mean hyphal
140 diameter corresponding to cluster centers of 866.81nm, 2058.40nm and 3506.82nm
141 and CW thickness of 18.76nm, 47.26nm and 65.49nm were obtained for fine, large
142 and trunk hyphae, respectively. An excellent differentiation between arbuscule fine
143 branches and larger trunk hyphae was obtained, although the distinction between
144 large and trunk hyphae was less clear (Supplementary Fig. 2a). We next determined
145 if fungal CW thickness could be used to predict hyphal diameter and, together with
146 K-means testing, to ultimately classify hyphae. A Rand index value of 0.751
147 (Supplementary Fig. 2b) was obtained. In spite of overlap between large and trunk
148 hyphae, arbuscule fine hyphae were clearly discriminated, indicating that fungal CW
149 thickness combined with K-means testing could be applied to accurately discriminate
150 fine hyphal branches from large and trunk hyphae and this corresponded well with
151 our visual classification of fine and thick hyphae in TEM-based analyses.

152 We frequently observed collapsed hyphae adjacent to viable fungal hyphae
153 (Supplementary Fig. 1a), suggesting that arbuscule fine hyphal branching and
154 collapse are unsynchronized with both simultaneously present in an arbuscule.
155 Collapsed fungal hyphae appeared distorted with compressed CW, mostly entirely
156 devoid of fungal cytoplasm (Supplementary Fig. 1a), as recorded previously²².

157

158 **Fungal plasma membrane tubules are preferentially associated with** 159 **arbuscular fine branches**

160 Unexpectedly, we observed an extensive accumulation of paramural
161 structures in the extracellular space between the fungal plasma membrane and CW

162 (Fig. 1). These structures were homogeneous in diameter (49.36nm, \pm 14.3nm, n=80
163 hyphae taken from 8 micrographs across 3 independent biological replicates) and
164 delineated by a well-defined lipid bilayer (Fig. 1b,c). While most of them appeared
165 vesicular in cross section, transverse sections revealed that they were membrane
166 tubules (memtubs, Fig. 1). Interestingly, memtubs were not evenly distributed in the
167 paramural space, but were clustered together in distinct lateral pockets (Fig. 1a, e, h)
168 or between two fungal protoplasts within a single fungal CW (Fig.1d). This created
169 the impression of a cross-section just above the point of hyphal bifurcation, however,
170 the possibility that memtubs were captured in the inner fold of a bending hypha
171 cannot be excluded. Occasionally, small pockets of memtubs were also observed on
172 the side of thick and/or trunk branches, however, these appeared less extensive than
173 those associated with fine branches (Fig. 1f,g). In fully collapsed hyphae, fungal
174 protoplasts were entirely absent, however, in partially collapsed fine hyphae
175 memtub-like structures were present (Fig 1h,i). However, it was unclear if the
176 structures observed were memtubs or remnants of retracting fungal protoplast. The
177 observation by Ivanov et al in the accompanying manuscript that memtubs
178 accumulate in collapsing fine branches would suggest that once formed memtubs
179 remain associated with fungal hyphae until their collapse. .

180 To determine when during arbuscule growth memtubs are most likely forming,
181 we measured the frequency by which memtubs are observed in fine as compared
182 with large/trunk hyphae. Our analysis showed that only 28% of all fine hyphae
183 contained memtubs (n=258) supporting our earlier conjecture that memtubs are
184 infrequently formed (Supplementary Table 1). Moreover, the number of memtubs
185 associated with thick hyphal branches (large and trunk hyphae) was significantly less
186 as compared with fine hyphae (15%, n=173, p=0.015). Together, the low abundance
187 of memtubs at large and trunk hyphae and their preferential association with thin
188 hyphae suggested that they are likely formed during actively growing or bifurcating
189 arbuscular hyphae, but once formed persists until hyphal collapse.

190

191 **Memtubs are continuous with the fungal plasma membrane**

192 To determine if memtubs were continuous with the fungal plasma membrane,
193 thereby confirming that they were of fungal origin, and also to gain further insights
194 into their spatial organisation, semi-thin sections we generated for TEM tomography.

195 In tomograms, we frequently found memtubs protruding from the fungal plasma
196 membrane into the paramural space (Fig. 2a-b; Video 1). Some memtubs remained
197 connected to the fungal cytosol as open tubes (Fig. 2a and 2f; Video 1) while in other
198 cases narrow constrictions between the memtub and the fungal plasma membrane
199 (Fig. 2b and 2f, Video 1), or also ramifying tubules were observed (Fig. 2f-k, Video
200 1). Interestingly, memtubs appeared highly elongated, forming an interconnected
201 network of memtubs separated by narrow membrane constrictions (Fig. 2c-e, Video
202 1). Although reminiscent of the budding off of plasma membrane ectosomes,
203 distinctly separate extracellular vesicles (EVs) were not detected. We additionally
204 found that open-type of memtubs adjoined to form cytoplasmic bridges between
205 cytosols of early bifurcating hyphae, which were still surrounded by one fungal cell
206 wall (Fig. 2f-l, Video 1). Collectively, we present evidence for an intricate plasma
207 membrane tubular network and connective tubules during arbuscule fine hyphal
208 branching.

209

210 **Fungal memtubs are a conserved feature of invasive hyphal growth**

211 To determine if memtubs are more broadly associated with arbuscule
212 development in different AM fungal species, we examined rice roots colonized by
213 *Gigaspora rosea*. Indeed, membrane tubules similar to those observed from *R.*
214 *irregularis* were present in the paramural space of a *G. rosea* arbuscule fine hypha
215 (Supplementary Fig. 3a), whereas they were absent from large or collapsing hyphae.
216 Moreover, fungal memtubs were also observed in *R. irregularis* and *Glomus*
217 *versiforme* colonized *Brachypodium distachyon* and *Medicago truncatula*,
218 respectively (Ivanov et al., accompanying manuscript).

219 Therefore, the formation of memtubs appears to consistently coincide with
220 arbuscular fine branch development of phylogenetically distant AM fungi.

221 However, we occasionally observed memtubs associated also with intra-
222 radical hyphae in paramural pockets wedged between plant and fungal CW
223 suggesting they are not an exclusive feature of arbuscules and AMS (Supplementary
224 Fig. 4). We therefore investigated if memtubs were a generic feature associated with
225 invasive growth of fungal hypha. To this end, TEM analysis was carried out with
226 maize leaf sheath tissue colonized by the corn smut fungal pathogen *Ustilago*
227 *maydis*. Tissue was collected at one to two days post inoculation (dpi) to capture the

228 stage of early appressorial penetration into the leaf epidermis²³. Tubular vesicular
229 membrane structures resembling memtubs were found in the paramural space of a
230 young penetrating fungal hypha (Supplementary Fig. 5). The variable presence of
231 memtub-like structures on intracellular fungal hyphae suggested that also in *U.*
232 *maydis* memtubs might occur at specific stages of hyphal growth. Moreover, the
233 presence of memtubs during the early stage of cellular infection by *U. maydis*
234 indicated that these are formed during invasive fungal hyphal growth in both
235 beneficial and pathogenic filamentous fungi.

236

237 **PAM protrusions and membrane-bound vesicular structures occur** 238 **preferentially in the PAS around arbuscular fine branches**

239 It is largely assumed that the PAM envelopes the arbuscule like a glove,
240 however, our TEM analysis of *R. irregularis*-colonised rice cortex cells reproducibly
241 showed that the PAM enclosed an apoplastic PAS of variable size, often surrounding
242 more than one fungal hypha (Fig. 3a,b). The PAS has previously been described as
243 an amorphous, and therefore somewhat 'neutral' matrix³. Our TEM approach
244 however revealed that the PAS in addition contains an extensive number of
245 membrane-bound structures of heterogeneous shape and size (Fig. 3), adding to the
246 membrane complexity. We distinguished complex swirl-like PAM evaginations (Fig.
247 3b, Video 2) from vesicular-appearing membrane-bound structures (Fig. 3c, Video
248 2). In contrast to the fungal memtubs, the diameter of the PAS structures varied
249 widely, spanning two orders of magnitude from ~30nm to ~3000nm. In addition, the
250 apoplastic vesicular structures (AVS) differed in electron density suggesting they
251 were heterogeneous (Fig. 3c).

252 The symbiosis-specific rice Pi transporter PT11 uniquely localizes to the PAM
253 subdomain surrounding expanding fine branches and would therefore be expected to
254 be present on the observed PAM evaginations. To validate the association of the
255 PAS-internal AVS with arbuscular fine branches, we performed immunogold labelling
256 (IGL) on PT11-GFP expressing rice plants using the anti-GFP antibody. Immunogold
257 particles localized to the PAM and to a few AVS within the PAS of transgenic roots
258 only (Supplementary Fig. 6a and b), thereby indicating that at least some AVS were
259 derived from the PAM.

260 Localisation of PT11-GFP with a subset of AVS suggested that they were
261 associated with fine arbuscule branches during symbiotic Pi uptake. Therefore, to
262 determine if AVS are preferentially associated arbuscule hyphae we determined the
263 frequency by which AVS accumulated across all fungal hyphae. We found a
264 significantly higher number of hyphae contain AVS as compared to memtubs (53%,
265 $n=431$, $p=3.938 \times 10^{-10}$) (Supplemental Table 1). Moreover, unlike memtubs that
266 associated more frequently with fine hyphae, no significant difference was observed
267 in the frequency by which AVS accumulated around fine (52%, $n=258$) as apposed
268 to large/trunk (54%, $n=173$) hyphae suggesting AVS are ubiquitously produced
269 during arbuscule formation. Interestingly, AVS were also found in the PAS
270 surrounding collapsing fine branches, often however appearing smaller in size and
271 less electron-dense compared to those present around intact hyphae (Fig. 3d), which
272 may be linked with reduced membrane deposition as the branch commences to
273 collapse. This further suggests that AVS remain associated with arbuscule hyphal
274 branches throughout their formation and collapse.

275 To determine if AVS are a widespread feature of AMS we examined the PAS
276 of *G. rosea* colonised rice cells. An accumulation of membraneous bodies that were
277 similarly delineated by a clear lipid bilayer and appeared heterogeneous in size,
278 shape and electron density were also observed (Supplementary Fig. 4). The
279 equivalent appearance of the PAS-internal structures in *R. irregularis* and *G. rosea*
280 infected roots suggested common membrane remodeling mechanisms during cell
281 invasion by these distantly related AM fungi. Presence of structures similar in
282 appearance and heterogeneity to AVS are also described in the accompanying
283 manuscript by Ivanov *et al* supporting our hypothesis that AVS occur widespread
284 during AMS.

285

286

287 **PAS-localised AVS consist of PAM-connected, interconnected and separate** 288 **extracellular vesicles**

289 To determine if the AVS were connected to the PAM as we had seen for the
290 fungal memtubs, or would also include separate extracellular bodies, we performed
291 3-D tomography and IMOD reconstruction (Fig. 4a-l, Video 2). In the PAS around
292 thin arbuscular branches we monitored vesicles that were either separate from the

293 PAM but linked with one another, containing narrow, stalk-like connections (Fig. 4a-
294 d, Video 2) or appeared as free individual units of extracellular vesicles (EVs, Fig. 4
295 a-f, Video 2). Although imaging artifacts can formally not be excluded, the
296 appearance of EVs resembled structures made in other plant-fungal interactions²⁴⁻²⁶.
297 Further support for the occurrence of EVs is provided by the observation of similar
298 structures in the PAS surrounding arbuscules of *G. versiforme* in *M. truncatula* cortex
299 cells (Ivanov et al., accompanying paper). In addition, our tomography captured a
300 PAM-continuous evagination in the same PAS, which also showed a noticeable
301 constriction between the PAM and the more vesicular part (Fig. 4g-l, Video 2). In
302 contrast to memtubs, tubular connections between different neighboring PAMs were
303 not observed. In summary, diverse types of membrane structures populate the PAS,
304 including PAM evaginations of variable size and shape, and single or clustered
305 interconnected EVs, consistent with a role in intercellular communication.

306

307 **Multivesicular bodies fuse with PAM**

308 The release of EVs into the apoplast can be due either to vesicles budding off
309 the plasma membrane (ectosomes) or by fusion of multivesicular bodies (MVB) with
310 the plasma membrane (exosomes)²⁷. Either mechanism may be involved in the
311 generation of EVs in the PAS. On the one hand, the narrow constrictions observed
312 on PAS vesicular bodies would suggest that pinching off might occur. On the other
313 hand, we frequently found MVBs in the host cytoplasm in proximity to the fungal
314 hyphae (Supplementary Fig. 7a), and also observed plant MVBs that appeared to
315 fuse with the PAM in areas where vesicular structures were found in the adjacent
316 PAS (Supplementary Fig. 7b), thereby suggesting that the MVB pathway may
317 contribute to EV secretion.

318

319 **Discussion:**

320 During arbuscule formation, the switch from lower order to higher order hyphal
321 branching generates a dramatically increased surface area where symbiotic nutrient
322 exchange occurs. We found highly elongated fungal tubular membrane structures in
323 spatially restricted paramural pockets on opposite sides of thin-walled, small hyphae
324 or juxtaposed between interconnected bifurcating hyphae, indicating that these
325 memtubs form during invasive hyphal growth. Paramural vesicles from AM fungi

326 have been reported as early as 1961²⁸ and repeatedly since for a range of different
327 AM fungal species^{29,30,31,32,33,34}. Their organisation into tubular networks, continuous
328 with the FPM, has in the absence of 3-D tomography however been largely
329 overlooked. Since memtubs not only occurred during cell invasion by diverging AM
330 fungi but also in the ear smut fungus *U. maydis*, we hypothesize a generic role during
331 cell-invasive hyphal growth. Indeed published reports of several axenically grown
332 filamentous fungi and yeasts documented the presence of membrane tubular
333 structures called lomasomes/plasmalemmasomes in the hyphal paramural space²⁹.
334 Lomasome-like structures were also observed in the apical zone behind the growing
335 tip of extracellular branched absorbing mycelia of monoxenic symbiotic cultures of *R.*
336 *irregularis* and thus a role for lomasomes was suggestion in cell wall deposition and
337 hyphal growth (*Bago et al 1998*). Intriguingly in 2-D micrographs these structures
338 resemble memtubs described here suggesting that memtubs may occur both during
339 filamentous growth and during intercellular tissue invasion. This would indicate a
340 generic function for memtubs that could include a role in water or nutrient uptake or
341 hyphal cell wall deposition as opposed to a specialized function in the context of
342 symbiosis.

343 The presence of memtubs between bifurcating AM fungal hyphae and their
344 infrequent association with larger hyphae would argue against a role for memtubs
345 during hyphal tip growth. Conceivably, memtubs could increase the absorptive
346 surface area for the acquisition of plant-derived compounds that would diffuse
347 through the fungal cell wall. By analogy, in the giant algae *Chara coralline* a positive
348 correlation was found between the rate of chloride influx and the associated increase
349 in membrane surface area via an interconnected membrane tubular network named
350 charasomes^{35,36}. We favour however an alternative scenario where memtubs would
351 be involved in the release of molecules that modulate their environment to facilitate
352 hyphal growth, including perhaps also the secretion of fungal effectors to manipulate
353 the host cell. Although we were unable to detect the shedding of microvesicles from
354 memtubs, the delivery of 'bioactive cargo' via EVs cannot be excluded. Furthermore,
355 the finding of memtubs interconnecting bifurcating arbuscule hyphae is perplexing as
356 it suggests a symplastic connection between hyphae that are undergoing spatial
357 separation while in addition sharing a common stem hypha. Memtubs are
358 predominantly associated either with such early forking hyphae that at this stage are

359 still contained within the same fungal cell wall, or found in lateral pockets of single
360 hyphae. The spatio-temporal relationship between the two patterns, for instance
361 such that memtub production in lateral pockets would be remnants of hyphal
362 branching is unclear.

363 In addition, we documented the accumulation of EVs within the PAS
364 surrounding arbuscular hyphal branches. These were of different electron density,
365 which might either indicate their heterogeneous cargo, or alternatively, their
366 heterogeneous origin, being plant or fungus derived. Although we at this point cannot
367 provide experimental evidence, it can formally not be excluded that also the fungus
368 releases EVs into the PAS.

369 EVs have been described to consist of both ectosomes and exosomes that
370 facilitate not only intercellular but also interspecies communication²⁶ (reviewed in³⁷).
371 The nature of the PAS-internal EVs is presently unclear as the vesicular constrictions
372 of PAM evaginations would be reminiscent of a stage just before pinching off the
373 vesicle. PT11-eGFP signal on vesicular structures within the PAS would be
374 consistent with ectosomes that had budded off the PAM, however in 2-D IGL
375 imaging the distinction between free and connected vesicles cannot be made. Our
376 finding is in agreement with previous reports about the localization of the symbiotic
377 H⁺ATPase to the PAM and to membranous vesicles present in the PAS^{38,39,40}.
378 However, also here the documentation was limited to 2-D IGL, thereby not permitting
379 the distinction between free or attached membrane structures. EVs that resemble
380 ectosomes were also detected in *G. mossae* colonizing different plant species as
381 well as in arbuscule fine hyphae from natural inoculum⁴¹, suggesting that they are
382 ubiquitously produced during arbuscular fine branches, which is consistent with our
383 observation that EVs are also present during the rice-*G. rosea* association.

384 In addition to an accumulation of MVBs around arbuscular hyphae, we
385 observed MVBs that appeared to fuse with the PAM, thereby confirming that
386 exosomes may also be released during arbuscule formation. Thereby proportions of
387 the host cytoplasm would intriguingly be transferred into the PAS that could contain
388 nucleic acids, proteins and nutrients. In plant-pathogen interactions, EVs
389 corresponding to exosomes accumulated at sites where early defense structures,
390 namely CW appositions, were forming^{24,25}. Exosomes were also present in the
391 extrahaustorial matrix of the biotrophic powdery mildew pathogen *Golovinomyces*

392 *orontii* and *Arabidopsis thaliana*⁴². Moreover, proteome analysis of EV cargo from the
393 apoplast of *Arabidopsis thaliana* and sunflower showed that EVs were enriched for a
394 diverse range of stress and defense proteins, confirming a role for exosomes in
395 innate immunity and intercellular communication^{43,44}. In addition, only 16% of
396 proteins present in EVs had signal peptides suggesting a role for EVs in non-
397 canonical secretion⁴³.

398 Importantly, recent studies have shown that fungi are capable of taking up
399 host EVs; for instance, spores of the phytopathogenic fungus *S. sclerotium* were
400 able to take up EVs isolated from sunflower causing a suppression of fungal
401 growth⁴⁴. Similarly, *Arabidopsis thaliana* EVs containing small RNAs (sRNAs) are
402 acquired at infection sites by the fungal pathogen *Botrytis cinerea*²⁶, demonstrating a
403 role for plant EVs in inter-kingdom communication to combat the invading microbe,
404 more specifically in host-induced gene silencing (HIGS). Interestingly, HIGS of the *R.*
405 *irregularis* *Monosaccharide Transporter 2* in *Medicago truncatula* confirmed that also
406 in AM symbiosis plants transferred small interfering RNAs to AM fungi⁴⁵, however, an
407 involvement of EVs was not shown.

408 In summary, our study provides an ultrastructural 3-D reconstruction of the
409 hitherto little understood dynamic and spatial reorganization of plant and fungal
410 membranes as well as of the intermittent PAS during the arbuscule lifespan. Future
411 identification of proteins and cargo of EVs during arbuscule formation and collapse
412 will provide exciting novel insights into the host-fungal dialogue at the PAS and
413 uncover novel mechanisms of arbuscule functioning.

414

415 **Methods**

416 **Plant and fungal material**

417 Seven day old maize inbred line *Zea mays* (L.) (corn) seedlings of the variety Early
418 Golden Bantam (Olds Seeds, Madison, WI, USA) and two to three week old *Oryza*
419 *sativa* ssp. *japonica* cv. Nipponbare wild type and transgenic rice lines carrying
420 *PromPT11:PT11-eGFP*⁷ were used in this study. For rice inoculation with beneficial
421 fungi, de-husked seeds were surfaced sterilized in 3% hypochlorite solution and pre-
422 germinated on 0.3% Bacto-agar plates for 4 days at 30°C in the dark. Germinated
423 seedlings were transferred to 60mm petri-dishes containing untransformed
424 Nipponbare rice, which were colonized with *R. irregularis* or *G. rosea* and used at 6-

425 weeks post inoculation (wpi), thus functioning as high inoculum strength ‘nurse
426 plants’. Rice seedling roots were harvested 10 days post inoculation (dpi). Plants
427 were grown in a growth chamber with a 12h/12h day/night cycle at 28°C/22°C and
428 60% humidity. Plants were fertilized every second day with half strength Hoagland
429 solution, containing 25µM of KH₂PO₄. Seedlings were harvested for imaging at 10
430 days post inoculation (dpi).

431 To infect maize with *Ustilago maydis*, the solopathogenic strain ULL152
432 (SG200Suc2AvitagHA-Pcmu1-GFP-Avitag HA) was generated. This strain
433 expresses eGFP from the strong *cmu1* promoter. The *cmu1* promoter is induced
434 after colonization⁴⁶ and concomitant cytoplasmic eGFP expression facilitates the
435 detection of biotrophic hyphae. To construct the strain, plasmid pLL188 was
436 generated by cloning eGFP into pLL181, a derivative of p123 that contains the *cmu1*
437 promoter and the AvitagHA (L. Lo Presti, unpublished). To this end eGFP was
438 amplified using OLL258 (BamHI site, primer sequence
439 ttttGGATCCATGGTGAGCAAGGGCGAG) and OLL499 (XbaI site, primer sequence:
440 ttttTCTAGACTTGTACAGCTCGTCCATGCC), digested with BamHI/XbaI and ligated
441 to BamHI/XbaI digested pLL181. pLL188 was then linearized with Ssp1 and
442 integrated into the *ip* locus of strain ULL152⁴⁷. For the infection of maize seedlings
443 the protocol of²³ was followed. Seven day-old seedlings were used and infected leaf
444 samples for microscopy were harvested at 2 dpi, a stage where penetration had
445 occurred and biotrophic hyphae were established.

446

447 **Sample preparation for TEM and IGL**

448 Ultra-structural analyses of arbuscule-containing cells in *R. irregularis*
449 colonized rice roots are largely hindered by physical barriers of mature tissue such
450 as thick cell walls, suberized schlerenchyma layer and extensive aerenchyma that
451 slows penetration of chemical fixatives, resulting in ultra-structural artifacts (reviewed
452 in⁴⁸). Therefore, to overcome physical barriers to rice tissue preservation, here we
453 used young seedlings at 10 days post germination (dpi) for TEM analysis. For
454 chemical fixation, 1-2mm sectors of tissue were fixed in 1.5%
455 paraformaldehyde/0.5% glutaraldehyde in 50mM cacodylate buffer (pH7.4). Samples
456 were post-fixed in 1% OsO₄ followed by *en block* staining in 0.5% Uranyl Acetate,
457 serial dehydration in acetone and embedded in Spurr’s resin. For high pressure

458 freezing (HPF), samples were excised into 1mm sectors in 1-hexadecene and
459 immediately vacuum infiltrated in a solution of 200mM sucrose, 10mM trehalose,
460 10mM Tris Buffer, pH6.6 used for freeze protection for approximately one minute
461 before being transferred to aluminium planchettes (types 241 and 242, Engineering
462 Office M. Wohlwend GmbH, Sennwald, Switzerland). For high pressure freezing was
463 carried out in a Baltec HPM010 (Bal-Tec, Liechtenstein,
464 <http://www.chemeuropa.com/en/companies/16374/bal-tec-ag.html>) and stored in
465 liquid nitrogen until further use. Freeze substitution (FS) was carried out as
466 described previously⁴⁹.

467

468 **Tomography and 3-D modeling**

469 For electron tomography, 250-nm thick sections were placed on formvar coated
470 copper slotgrids were counterstained and placed in a high-tilt holder (Model 2040;
471 Fischione Instruments; Corporate Circle, PA). The area of interest was recorded on a
472 Tecnai F20 EM (FEI, Eindhoven, The Netherlands), operating at 200kV using the
473 SerialEM software package (Mastrorade 2005
474 <https://doi.org/10.1016/j.jsb.2005.07.007>). Images were taken at every degree over
475 a $\pm 60^\circ$ range on an FEI Eagle 4K x 4K CCD camera at a magnification of 19000x
476 and a binning of 2 (pixel size 1.13 nm). The tilted images were aligned by using the
477 positions of the fiducial gold particles. The tomograms were generated using the R-
478 weighted back-projection algorithm. Tomograms were displayed as slices one voxel
479 thick, the vesicles modeled, and analyzed with the IMOD software package⁵⁰
480 (<https://doi.org/10.1006/jsbi.1996.0013>).

481

482 **Quantitative Analysis and modeling**

483 To compute the model for hyphal diameter and fungal CW thickness, the data were
484 split in test and train sets with a ratio of 20:80. The operation was repeated 100
485 times and the average MAPE was calculated. The splitting and the prediction were
486 performed by using caret package (<https://CRAN.R-project.org/package=caret>).

487 The first step in cluster analysis was the cluster number determination. R package
488 factoextra (factoextra: Extract and Visualize the Results of Multivariate Data
489 Analyses. R package version 1.0.5. <https://CRAN.R-project.org/package=factoextra>)
490 was employed to apply the silhouette method. For cluster determination, base R

491 function *kmeans* was used. For the calculation of Rand index, the function *arandi*
492 from R package *mcclust* (*mcclust*: Process an MCMC Sample of Clusterings. R
493 package version 1.0. <https://CRAN.R-project.org/package=mcclust>) was applied. All
494 the plots were drawn using *ggplot2* package (H. Wickham. *ggplot2: Elegant Graphics*
495 *for Data Analysis*. Springer-Verlag New York, 2016.). Statistical analysis of the
496 frequency by which membrane structures accumulate across the different fungal
497 hyphae tested using the Fischer Test.

498

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504

505 **Author contribution**

506 R.R. and U.P. conceptualized the project; R.R., S.H. and C.F. carried out the
507 experiments; R.R. and S.H. conducted the TEM and IGL analysis; C.F. and S.H.
508 carried out the tomography and R.R. performed the IMOD 3-D reconstruction; R.R.
509 and M.C. did the quantitative analysis; R.R and U.P wrote the manuscript.

510

511 **Competing interest.**

512 The authors declare that no competing interests exist.

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