

1 **2. Supplementary Information:**

2 **A. Flat Files**

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Item	Present?	Filename This should be the name the file is saved as when it is uploaded to our system, and should include the file extension. The extension must be .pdf	A brief, numerical description of file contents. i.e.: <i>Supplementary Figures 1-4, Supplementary Discussion, and Supplementary Tables 1-4.</i>
Supplementary Information	Yes	LIG_MOT_supplement.pdf	Supplementary Figures 1-8, Supplementary Discussion, and Supplementary Tables 1-4.
Reporting Summary	No		

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**Global ocean heat content in the Last Interglacial**

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33

34 **Abstract**

35           The Last Interglacial (129-116 ka) represents one of the warmest climate intervals of the last  
36 800,000 years and the most recent time when sea level was meters higher than today. However, the  
37 timing and magnitude of peak warmth varies between reconstructions, and the relative importance of  
38 individual sources contributing to elevated sea level (mass gain versus seawater expansion) during the  
39 Last Interglacial remains uncertain. Here we present the first mean ocean temperature record for this  
40 interval from noble gas measurements in ice cores and constrain the thermal expansion contribution  
41 to sea level. Mean ocean temperature reaches its maximum value of  $1.1\pm 0.3^{\circ}\text{C}$  warmer-than-modern  
42 at the end of the penultimate deglaciation at 129 ka, resulting in  $0.7\pm 0.3\text{m}$  of elevated sea level,  
43 relative to present. However, this maximum in ocean heat content is a transient feature; mean ocean  
44 temperature decreases in the first several thousand years of the interglacial and achieves a stable,  
45 comparable-to-modern value by  $\sim 127$  ka. The synchronicity of the peak in mean ocean temperature  
46 with proxy records of abrupt transitions in oceanic and atmospheric circulation suggests that the mean  
47 ocean temperature maximum is related to the accumulation of heat in the ocean interior during the  
48 preceding period of reduced overturning circulation.

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51 **Introduction**

52           With a heat capacity one thousand times larger than that of the atmosphere, the ocean plays  
53 an important role in regulating the rate and magnitude of global temperature change and represents  
54 the largest energy reservoir in the climate system<sup>1</sup>. Ocean heat uptake and warming contribute  
55 directly to increasing sea level through thermal expansion of seawater and may play a role in future  
56 sea level rise through enhanced sub-shelf melting and subsequent mass loss from the Antarctic Ice  
57 Sheet<sup>2</sup>. To understand the future role of ocean heat uptake, it is instructive to study ocean temperature  
58 change during past warm periods in Earth's history.

59           During the Last Interglacial (LIG, 129-116 ka) surface temperatures were warmer than today,  
60 but existing reconstructions differ substantially on the timing and magnitude of peak warmth. A  
61 global average (land and ocean) surface temperature reconstruction<sup>3</sup> from a compilation of seasonal  
62 and annual-average temperature records shows a maximum of  $2^{\circ}\text{C}$  warmer temperatures during the  
63 middle of the LIG. A global annual-average sea surface temperature (SST) reconstruction<sup>4</sup> shows a  
64 maximum of only  $0.5^{\circ}\text{C}$  warmer-than-preindustrial on a global scale that peaks during the earlier  
65 LIG, but up to  $1^{\circ}\text{C}$  warmer in the high latitudes. Climate models show considerable warmth at the  
66 mid-LIG, especially in the high northern latitudes, but in line with the lack of global insolation  
67 forcing, little warming or even cooler conditions on a global scale<sup>5</sup>. At the same time, global sea level

68 during the LIG was 6-9 m higher<sup>6</sup>. Differences in greenhouse gas and orbital forcing over the LIG  
69 relative to modern make the spatial and temporal patterns of temperature change during this period  
70 distinct from what might be expected from anthropogenic warming<sup>7</sup>. As a result, the LIG is not an  
71 analogue for future warming but offers a unique opportunity to assess the validity of earth system  
72 model predictions of sea level rise in response to warming, provided that reliable paleoclimate data  
73 exist for model validation<sup>8</sup>.

74 Sediment cores provide valuable records of changes in ocean conditions through the LIG<sup>4,9-11</sup>  
75 and are critical to understanding the spatiotemporal structure of temperature change. However,  
76 because most available records document surface ocean conditions, deducing total ocean heat content  
77 and thermosteric sea level from these records remains challenging.

78 The measurement of atmospheric noble gases trapped in glacial ice provides a method to  
79 reconstruct changes in mean ocean temperature (MOT) independently from marine records<sup>12-14</sup>.  
80 Changes in the relative atmospheric concentrations of krypton, xenon and nitrogen trace total ocean  
81 heat content because they are caused by temperature-driven changes in gas solubilities in seawater.  
82 Here, we report measurements of the ratios of Kr/N<sub>2</sub>, Xe/N<sub>2</sub>, and Xe/Kr in ice cores from Taylor  
83 Glacier and EPICA Dome C (EDC) ice cores that cover the LIG and penultimate glacial, Marine  
84 Isotope Stage 6 (MIS6, 180-136 ka). We assess the timing and magnitude of ocean temperature  
85 change during the LIG and quantify the thermosteric component of elevated sea level during this  
86 period.

87

### 88 **Last Interglacial mean ocean temperature record**

89 MOT anomalies are calculated relative to the Early Holocene (11– 10 ka) for each ice  
90 core because firn fractionation corrections are more robust when calculating relative MOT change  
91 compared to absolute MOT values (supplement). MOT anomalies relative to the preindustrial and  
92 modern are subsequently calculated using the existing WAIS Divide<sup>12</sup> and EDC<sup>15</sup> Holocene-to-  
93 preindustrial MOT records and preindustrial-to-modern simulations of ocean temperature  
94 change<sup>16</sup>. Based on Monte Carlo simulations that account for all known sources of uncertainty  
95 (methods), we constrain peak MOT to  $1.1 \pm 0.3^\circ\text{C}$  ( $1\sigma$ ) warmer than modern at  $129.0 \pm 0.8$  ka on  
96 the Antarctic Ice Core Chronology (AICC2012)<sup>17</sup> (Figure 1). While data for MIS6 and  
97 Termination II are relatively sparse, the period of maximum MOT is highly resolved (methods).  
98 Because of this and the robust age constraints from trace gas measurements for the Taylor Glacier  
99 record (methods/supplement), the timing of peak MOT is well constrained.

100 The record shows a  $3.4 \pm 0.5^\circ\text{C}$  MOT increase from MIS6 to the early LIG, compared to  
101 the LGM to Holocene change of  $2.6 \pm 0.3^\circ\text{C}$ <sup>12</sup>. The larger magnitude in glacial-interglacial MOT

102 change over Termination II versus Termination I is consistent with previous reconstructions of  
103 deep ocean temperature during these intervals from stacks of low-resolution marine records<sup>11</sup>.

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### 105 **Comparison to global surface temperature records**

106 Comparison of our MOT record to stacked SST records from marine sediments<sup>4</sup> over the  
107 LIG reveal distinct differences between these fundamental climate parameters (Figure 2). The  
108 maximum in MOT occurs earlier and exceeds the magnitude of the global SST maximum. The  
109 magnitude of the peak extratropical SST anomaly agrees well with the peak MOT anomaly,  
110 though the temporal evolution of each record over the LIG appears distinct. Comparison of the  
111 timing of MOT and SST change is complicated by the lack of absolute age constraints for  
112 sediment and ice core records spanning the LIG, and a 1-2 thousand year offset between the  
113 SpeleoAge<sup>18</sup> and AICC2012 chronologies that are applied to the SST and MOT records  
114 respectively<sup>19</sup>. However, accounting for the offset in chronologies would actually increase the  
115 offset in the relative timing of the MOT and global SST maxima.

116 While global SST records are good indicators of the ‘skin temperature’ and thus outgoing  
117 longwave radiation for much of the planet, MOT is closely related to subsurface heat content<sup>15</sup>.  
118 MOT represents volume-averaged ocean temperature, so changes in intermediate and deep ocean  
119 temperatures (as opposed to SST changes) play a dominant role in setting MOT. Much of the  
120 intermediate and deep ocean’s temperature is set at high latitudes via meridional circulation, so  
121 the polar regions are likely crucial for the structure of MOT change, relative to that of global  
122 SST<sup>20</sup>.

123 MOT and Antarctic surface temperature<sup>21</sup> records show strikingly similar features  
124 (Figures 2 and 3). Both records are reported on AICC2012, but minor uncertainties in their  
125 alignment may result from error in the Taylor Glacier chronology, or the EDC gas-ice age  
126 difference<sup>22</sup>. The covariation of MOT and Antarctic temperature during the LIG follows the  
127 pattern recently observed during Termination I<sup>12,15</sup> in which mean ocean and high southern  
128 latitude surface warming precede the increase in global SST and appear intrinsically linked. We  
129 thus have strong evidence that changes in MOT outpace and exceed low latitude SST changes  
130 during the LIG, which suggest that polar amplification and intermediate/deep-water formation are  
131 key regulators of MOT.

132

### 133 **Links of MOT and ocean circulation over Termination II/LIG**

134 Recent studies have investigated the role of the bipolar seesaw, the out-of-phase  
135 temperature variations between hemispheres, in the evolution of glacial terminations<sup>10,18,23,24</sup>.

136 While the exact triggering mechanisms are still debated, it is generally accepted that the bipolar  
137 pattern of global temperature anomalies is the result of variations in the strength of the Atlantic  
138 Meridional Overturning Circulation (AMOC)<sup>25</sup>. When AMOC is in a strong mode, as today, there  
139 is northward heat transport at all latitudes in the Atlantic. When AMOC is weakened, this heat  
140 transport is reduced, leading to a net accumulation of heat in the Southern Hemisphere.

141 A recent synthesis of available high-resolution records covering Termination II<sup>26</sup>  
142 including sediment records from the North Atlantic<sup>10</sup>, Chinese speleothems<sup>24</sup>, and Antarctic ice  
143 cores<sup>27,28</sup> suggest that the AMOC was considerably weakened during Heinrich Stadial 11 (HS11,  
144 ~136-129 ka), a cold period in the Northern Hemisphere that covers much of Termination II. At  
145 ~129 ka, these proxy records show a rapid recovery of AMOC and Asian monsoon strength,  
146 coinciding with an abrupt shift in Antarctic moisture source<sup>27</sup>, CH<sub>4</sub> increase<sup>28</sup>, and the peak in  
147 MOT in our reconstruction (Figure 3). Because CH<sub>4</sub> and noble gases are measured on the same  
148 ice samples, there is virtually no uncertainty in the relative timing of the abrupt rise in CH<sub>4</sub> and  
149 the MOT maximum (supplement). The excellent agreement in the timing of peak MOT  
150 (129.0±1.9 ka, including AICC2012 uncertainty) and the end of HS11 (128.9±0.06 ka) dated  
151 from the Sanbao Cave records<sup>24</sup> also suggests an important connection between MOT and the  
152 bipolar seesaw.

153 Recent modeling studies have examined the impact of reduced AMOC on surface and  
154 subsurface temperature change through freshwater hosing experiments<sup>14,25,29</sup>. In these simulations,  
155 reduction in AMOC strength results in a globally asymmetric surface pattern of cold Northern  
156 Hemisphere SSTs, as Southern Hemisphere SSTs, MOT, and Antarctica temperatures increase.  
157 At the subsequent recovery of the AMOC, the accumulated subsurface heat is released, leading to  
158 an abrupt increase in Northern Hemisphere SST, and gradual decrease in Southern Hemisphere  
159 SST, Antarctic temperature, and MOT<sup>25</sup>. This spatiotemporal pattern is consistent with the  
160 observed Antarctic temperature and MOT trends during HS11 and the LIG (Figure 3). As in the  
161 hosing simulations, we observe MOT and Antarctic temperature increase during the weakened  
162 AMOC interval of HS11, reach a maximum at ~129 ka synchronous with AMOC recovery<sup>10</sup>, and  
163 then decrease during the several thousand years following AMOC recovery. This mechanism is  
164 also consistent with the lead of Southern Hemisphere over Northern Hemisphere high latitude  
165 warming that is observed at the onset of the LIG<sup>4,9</sup>.

166 These observations raise the question<sup>30</sup> of how much of the warmer-than-modern MOT in  
167 the early LIG was due to the weakened AMOC state, and how much can be attributed to the  
168 stable interglacial climate. In our record, MOT decreased and eventually stabilized by ~127 ka (at  
169 latest by ~124 ka) at a temperature that is comparable to Holocene/modern MOT (+0.2±0.3°C). If

170 the observed MOT decrease was due to the release of stored heat post-AMOC recovery, then we  
171 can attribute most of the MOT anomaly at the LIG onset to deglacial changes in ocean  
172 circulation.

173 While our Termination II record of MOT lacks resolution at its onset, the only observed  
174 warming occurs during the weakened AMOC interval, HS11. Northern Hemisphere insolation  
175 forcing during Termination II exceeded that of Termination I, which may in part explain the  
176 comparatively rapid disintegration of the Northern Hemisphere ice sheets during Termination II,  
177 and long duration of suppressed AMOC due to strong freshwater forcing of the North Atlantic<sup>23</sup>.  
178 During Termination I the AMOC temporarily recovered, possibly due to the weaker insolation  
179 and thus reduced freshwater forcing<sup>31</sup>. During this time, both Antarctic temperatures and MOT  
180 decreased (Figure 3). The so-called ‘Antarctic Cold Reversal’, may in many ways be analogous to  
181 the Antarctic and mean ocean cooling observed at the end of Termination II, post-AMOC  
182 recovery. While the magnitude of MOT decrease over the Antarctic Cold Reversal was slightly  
183 smaller than what is observed for the LIG onset, the net mean ocean warming during Heinrich  
184 Stadial I<sup>12</sup> and the Younger Dryas<sup>32</sup> of  $3.4\pm 0.4^{\circ}\text{C}$  is remarkably similar to the net warming found  
185 from MIS6 to the LIG peak observed in our record ( $3.4\pm 0.5^{\circ}\text{C}$ ). In addition, the magnitude of  
186 glacial-interglacial change across Termination II once MOT has stabilized is  $2.5\pm 0.5^{\circ}\text{C}$ , which is  
187 comparable to the magnitude of MOT change across Termination I ( $2.6\pm 0.3^{\circ}\text{C}$ ). Several studies  
188 comparing Terminations I and II have posited that the larger magnitude of changes in Antarctic  
189 temperature<sup>27</sup> and  $\text{CO}_2$ <sup>10</sup> across Termination II are related to the delayed recovery of AMOC  
190 strength. Our record suggests the same is true for MOT.

191 These observations suggest that the AMOC interruptions during the past two terminations  
192 transiently provided an additional  $\sim 1^{\circ}\text{C}$  of mean ocean warming above the net glacial-interglacial  
193 MOT change. A recent quantitative assessment of Earth’s radiative imbalance over Termination  
194 I<sup>15</sup> found maxima in positive radiative imbalance during the Younger Dryas and Heinrich Stadial  
195 I, suggesting that reduced AMOC during these intervals contributed energy to the climate system  
196 through an increase in ocean heat storage. This storage and subsequent release of energy may  
197 play a critical role in terminations<sup>29</sup>. As shown in simulations<sup>29</sup>, when the AMOC is reduced the  
198 subsurface ocean works as a ‘capacitor’, storing heat while the surface (centered on the North  
199 Atlantic) remains cold. Once the AMOC recovers, the subsurface heat is released, providing  
200 enhanced surface warming. While our MOT record lacks the necessary resolution to conduct a  
201 similar assessment of radiative imbalance across Termination II, the comparable magnitudes of  
202 enhanced mean ocean warming during weakened AMOC intervals over the last two terminations  
203 suggest that this mechanism was also important for Termination II. Along with the potential

204 importance of AMOC interruptions in releasing Southern Ocean CO<sub>2</sub><sup>33,34</sup> and destabilizing  
205 Northern Hemisphere ice sheets<sup>35,36</sup>, their role in providing additional energy to the climate  
206 system lends support to the hypothesis that AMOC interruptions are not merely incidental to  
207 terminations, but play a role in driving the climate out of glacial conditions<sup>18,24</sup>.

208

### 209 **Implications for West Antarctic Ice Sheet stability**

210 The MOT changes across the LIG have direct and indirect implications for sea level.  
211 Pinning down the sources contributing to the LIG global mean sea level highstand is crucial to  
212 understand the vulnerability of modern ice sheets to global warming. From CMIP5 estimates of  
213 the expansion efficiency of heat (0.12 m YJ<sup>-1</sup>)<sup>37</sup>, we find that the 1.1±0.3°C MOT anomaly during  
214 the early stages of the LIG contributed 0.7±0.3m to elevated sea level. By ~127 ka MOT had  
215 decreased to near-modern values, and no appreciable thermosteric contribution (relative to  
216 modern) is expected by this early stage in the interglacial. In fact, our record implies a trend of  
217 thermosteric sea level lowering in the first several thousand years of the LIG. Coral reef records  
218 indicate that sea level was already 5.9±1.7m higher than modern at 128.6±0.8ka<sup>38</sup>, requiring a  
219 substantial ice sheet (in addition to the thermosteric) contribution early in the LIG to explain this  
220 magnitude of elevated sea level.

221 The early maximum in MOT may have played another, more indirect role in contributing  
222 to sea level rise during the LIG. In recent Antarctic Ice Sheet simulations of the LIG<sup>39,40</sup>, ocean  
223 warming played an important role in mass loss from the West Antarctic Ice Sheet. Ref. 50 found  
224 that if ocean warming occurred shortly after the glacial termination, the West Antarctic Ice Sheet  
225 was more prone to lose mass because of enhanced reverse-sloped beds at grounding lines. By  
226 invoking sub-shelf melting through Southern Ocean warming, ref. 51 derived the highest rates of  
227 sea level rise during maximum Antarctic temperatures at the end of Termination II, synchronous  
228 to our MOT maximum. The delay in AMOC recovery and resulting accumulation of heat in the  
229 ocean interior and Southern Hemisphere at the end of Termination II may therefore have played  
230 an important role in West Antarctic Ice Sheet mass loss and elevated sea level during the LIG.

231 An important caveat to consider for this hypothesis is that MOT is not a proxy for ocean  
232 temperatures directly under ice shelves, and higher MOT does not necessarily imply that  
233 temperatures in vulnerable sub-ice shelf regions were enhanced. However, MOT and the  
234 temperature of circumpolar deep water are intrinsically linked because circumpolar deep water is  
235 made up of a representative mixture of waters from all ocean basins<sup>41</sup> and is brought efficiently to  
236 the surface by isopycnal mixing in the Southern Ocean. If, as today, circumpolar deep water

237 intruded onto the Antarctic continental shelf, its ice melting capacity would be enhanced during  
238 the early stages of the LIG.

239

## 240 **Conclusions**

241 The ocean heat anomaly provided from our MOT reconstruction is a simple but important  
242 metric to evaluate in earth system models, making it useful for forthcoming simulations of the  
243 LIG. Comparison with other proxy and model results suggest that peak MOT coincided with the  
244 abrupt recovery of the AMOC at the end of Termination II and was a transient rather than stable  
245 feature of the LIG. Enhanced MOT contributed to elevated thermohaline sea level during the early  
246 stages of the LIG and may have played a more indirect role in the sea level highstand through  
247 amplified melting of ice sheets and shelves from below. The temporal evolution of AMOC and  
248 MOT over the past two terminations suggest that the ocean's overturning circulation plays a  
249 dominant role in controlling the timing and magnitude of MOT change across terminations;  
250 studying the LIG in the context of the termination that preceded it provides a more complete view  
251 of the climate evolution that occurred over this interval.

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- 375

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378

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397

398 **Author Contributions**

399

400 J.P.S. and S.S. designed research. S.S., M.H., D.B., and T.K. performed noble gas measurements.  
401 J.A.M., E.J.B., R.H.R., J.R.M. and S.S. performed trace gas field/lab measurements for Taylor  
402 Glacier age model. S.S., D.B., J.A.M., M.N.D., B.B., T.K.B., R.H.R., E.J.B., V.V.P., M.J.R., T.K.,  
403 M.H., J.S., H.F., and J.P.S. analyzed data. S.S. wrote the paper with input from all authors.

404

405 **Competing Interests**

406 The authors declare no competing interests.

407

408

409 **Figure Captions**

410

411 **Figure 1. Mean Ocean Temperature (MOT) anomaly from Kr/N<sub>2</sub>, Xe/N<sub>2</sub>, and Xe/Kr.** MOT  
412 data is shown with 1 $\sigma$  error (methods). Vertical dashed lines mark the Marine Isotope Stage 6  
413 (MIS6), Heinrich Stadial 11 (HS11) and Last Interglacial (LIG) boundaries. Gray bars indicate  
414 the time intervals for which MIS6 MOT (>136 ka), peak MOT (129.0 $\pm$ 0.8 ka), and stable LIG  
415 MOT (<127 ka) are calculated. MOT is reported on the AICC2012<sup>17</sup> chronology. Global average  
416 deep ocean temperature (DOT) from stacked marine sediment records<sup>11</sup> on LR04<sup>42</sup> is shown for  
417 reference.

418

419

420 **Figure 2. Surface and mean ocean temperature (MOT) anomalies during the LIG.** **a)** global  
421 and **b)** extratropical sea surface temperatures (SST) (relative to preindustrial) from the Northern  
422 Hemisphere (red) and Southern Hemisphere (blue) from stacked SST proxy records<sup>4</sup> on the  
423 SpeleoAge chronology<sup>18</sup>. Shading shows 2 $\sigma$  confidence interval. **c)** MOT (relative to modern) on

424 AICC2012<sup>17</sup> with 1 $\sigma$  error bars (points) and 1 $\sigma$  confidence envelope (shading). **d**) EPICA Dome  
425 C (EDC) surface air temperature<sup>21</sup> (SAT, relative to average of last 1000 years) on AICC2012.

426

427 **Figure 3. Climate records of Terminations II and I.** Left panel: climate records of Termination  
428 II. **a**) Mean ocean temperature (MOT) anomaly relative to modern from this study with 1 $\sigma$  error  
429 (shading). **b**) Antarctic temperature<sup>21</sup> anomaly relative to average of last 1000 years, **c**) CO<sub>2</sub><sup>43</sup>, and  
430 **d**) CH<sub>4</sub><sup>28</sup>. Green points show Taylor Glacier CH<sub>4</sub> measurements. a)-d) are presented on  
431 AICC2012<sup>17</sup>. **e**) Sanbao<sup>24,44</sup> <sup>230</sup>Th-dated  $\delta^{18}\text{O}_{\text{calcite}}$  records. Colors distinguish individual  
432 speleothems. **f**) North Atlantic  $\epsilon\text{Nd}^{10}$  on core-specific age scale. **g**) Red Sea Level anomaly  
433 corrected for isostatic effects<sup>45</sup> on core-specific age scale (light blue). Gray diamonds show coral  
434 reef sea level records<sup>38</sup>. **h**) Summer solstice insolation at 65°N. Right panel: climate records of  
435 Termination I with differences from left panel as follows. **a**) MOT anomaly relative to modern  
436 from WAIS Divide<sup>12</sup> (turquoise) and Taylor Glacier<sup>32</sup> (dark blue). Error bars show spread (1 $\sigma$ ) of  
437 replicate samples measured at SIO for this study (supplement). **c**) CO<sub>2</sub><sup>46</sup>, and **d**) CH<sub>4</sub><sup>47</sup>. a), c) and  
438 d) are presented on WD2014<sup>48</sup>. **e**) Dongge<sup>49</sup> (red) and Hulu<sup>50</sup> (orange and yellow)  $\delta^{18}\text{O}_{\text{calcite}}$   
439 records. **f**) North Atlantic  $\epsilon\text{Nd}^{51}$  on core-specific age scale **g**) eustatic sea level<sup>52</sup> with 1 $\sigma$  error  
440 from radiocarbon/uranium-series dated coral and sediment records. Orange bars indicate times  
441 when AMOC was in a weakened mode and blue bars show periods of strong AMOC and mean  
442 ocean/Antarctic cooling. Top panel: benthic  $\delta^{18}\text{O}$  on LR04<sup>42</sup>. Gray bars highlight the intervals  
443 shown in the panels below.

444

445

446

## 446 **Methods**

447

### 448 **Taylor Glacier sampling and site description**

449

450 Taylor Glacier is an outlet glacier of the East Antarctic Ice Sheet with a >80 km long  
451 ablation zone exposing easily accessible old ice at the surface. Its accumulation zone is located on  
452 the northern flank of Taylor Dome and it terminates in Taylor Valley. Extensive work on  
453 mapping the stratigraphy of the glacier identified ice from the LIG located near the terminus of  
454 the glacier<sup>53–55</sup>.

455 For this study, a total of four large-diameter ice cores were collected during the 2014/15  
456 and 2015/16 Antarctic field seasons (Figure S1 in supplement). Two cores spanning  
457 approximately 155 – 120 ka were collected approximately 4 km from the glacier terminus.  
458 Additionally, two cores were drilled along a previously-established across-flow transect<sup>53</sup> from  
459 the early Holocene (10.6 ka) and Last Glacial Maximum (LGM, 19.9 ka) to serve as a  
460 comparison to LIG and MIS6 MOT samples. Cores were drilled with the Blue Ice Drill<sup>56</sup> and are  
461 24.1 cm in diameter. Cores were processed and subdivided in the field and analyzed for noble  
462 gases for MOT reconstruction as well as other atmospheric gases used to establish the chronology  
463 of the record.

464

### 465 **Taylor Glacier core chronology**

466

467 A major challenge in sampling a blue ice area is establishing ages for the samples<sup>57</sup>. Ice  
468 from Taylor Glacier has traveled tens of kilometers from its deposition site and has likely  
469 undergone non-uniform thinning and folding. While the dynamics of the glacier have been  
470 studied in detail<sup>58,59</sup>, not enough is known about the basal topography or subsurface ice flow to  
471 build a chronology for the glacier from a glaciological model.

472 We therefore use alternative methods to construct the chronology for our samples.  
473 Previous work in blue ice areas<sup>53,60–62</sup> has demonstrated success in establishing ice sample  
474 chronologies through value and/or inflection point matching of well-mixed atmospheric gases to

475 well-dated ice core records<sup>63</sup>. For this study the chronology was constructed using a least-squares  
476 fitting method with measurements of methane concentrations (CH<sub>4</sub>), molecular oxygen isotopic  
477 composition ( $\delta^{18}\text{O}_{\text{atm}}$ ), and carbon dioxide concentrations (CO<sub>2</sub>), tied to EPICA Dome C (EDC)  
478 reference records<sup>28,43,64</sup> on the Antarctic Ice Core Chronology (AICC2012)<sup>17,65</sup>. This method  
479 allows for a construction of an age probability distribution for each noble gas sample that can be  
480 used to assess sample age uncertainty (supplement).

481

## 482 **Taylor Glacier noble gas measurements**

483

484 Taylor Glacier measurements of noble gases for MOT reconstruction were made at  
485 Scripps Institution of Oceanography (SIO). A total of 45 ice samples from the 2014/15 and  
486 2015/16 cores were analyzed, including eight replicate samples, giving 37 unique MOT samples.  
487 Of the 45 samples, 3 were rejected due to sample age uncertainty (see supplement). In addition, at  
488 SIO and Bern five samples from the Holocene (10.6 ka) and five from the LGM (19.9 ka) were  
489 measured (Figure 3) at each institution. The motivation for this analysis was to verify the quality  
490 of the noble gas records by comparison to published MOT records<sup>12</sup>, and to verify that any offsets  
491 in the EDC and Taylor Glacier MOT results were unrelated to lab offsets (see supplementary  
492 materials).

493 The analytical methods for noble gas measurements are described in detail by Bereiter et  
494 al. (2018b). In short, ~800 grams of ice were melted under vacuum and liberated gases (~80 ml at  
495 standard temperature and pressure, STP) were cryogenically trapped in stainless steel dip tubes.  
496 After gas extraction, the samples were split into two aliquots. The larger (~78 ml STP) aliquot  
497 was exposed to a Zr/Al alloy at 900°C to remove all non-noble gases and measured on a Thermo-  
498 Finnigan MAT-253 isotope ratio mass spectrometer via dual inlet method for <sup>40</sup>Ar/<sup>38</sup>Ar ( $\delta^{40/38}\text{Ar}$ ),  
499 <sup>40</sup>Ar/<sup>36</sup>Ar ( $\delta^{40/36}\text{Ar}$ ), <sup>86</sup>Kr/<sup>84</sup>Kr ( $\delta^{86/84}\text{Kr}$ ), <sup>86</sup>Kr/<sup>83</sup>Kr ( $\delta^{86/83}\text{Kr}$ ), <sup>86</sup>Kr/<sup>82</sup>Kr ( $\delta^{86/82}\text{Kr}$ ), <sup>84</sup>Kr/<sup>40</sup>Ar  
500 ( $\delta\text{Kr}/\text{Ar}$ ), and <sup>132</sup>Xe/<sup>40</sup>Ar ( $\delta\text{Xe}/\text{Ar}$ ). The smaller aliquot (~2 ml, STP) was passed through a  
501 cryotrap (-196°C) to remove CO<sub>2</sub> and measured on a Thermo-Finnigan MAT Delta V isotope  
502 ratio mass spectrometer via dual inlet method for <sup>29</sup>N<sub>2</sub>/<sup>28</sup>N<sub>2</sub> ( $\delta^{15}\text{N}$ ), <sup>34</sup>O<sub>2</sub>/<sup>32</sup>O<sub>2</sub> ( $\delta^{18}\text{O}$ ), <sup>32</sup>O<sub>2</sub>/<sup>28</sup>N<sub>2</sub>  
503 ( $\delta\text{O}_2/\text{N}_2$ ), and <sup>40</sup>Ar/<sup>28</sup>N<sub>2</sub> ( $\delta\text{Ar}/\text{N}_2$ ). Measurements were corrected for pressure imbalance and  
504 chemical slope according to established procedure<sup>67</sup>.

505 All data are reported in delta notation, relative to a modern atmosphere standard. Because  
506 argon is preferentially lost relative to xenon and krypton during ice bubble formation<sup>68</sup>, we  
507 mathematically combine  $\delta\text{Xe}/\text{Ar}$ ,  $\delta\text{Kr}/\text{Ar}$ , and  $\delta\text{Ar}/\text{N}_2$  to obtain  $\delta\text{Kr}/\text{N}_2$ ,  $\delta\text{Xe}/\text{N}_2$ , and  $\delta\text{Xe}/\text{Kr}$ .

508

## 509 **Taylor Glacier fractionation corrections**

510

511 To reconstruct ocean temperature from Kr/N<sub>2</sub>, Xe/N<sub>2</sub> and Xe/Kr, it is necessary to correct  
512 for fractionation during firnification, the process by which fresh snow compacts, transitioning to  
513 denser firn and eventually to glacial ice containing air trapped in bubbles. While the free  
514 troposphere is well mixed through convective processes, the low permeability of the firn restricts  
515 bulk flow; gases within the firn column are transported primarily via molecular diffusion<sup>69</sup>. This  
516 allows for gravitational settling and thermal diffusion to alter firn air from its atmospheric  
517 composition before it is occluded in glacial ice<sup>70,71</sup>. As such, Kr/N<sub>2</sub>, Xe/N<sub>2</sub> and Xe/Kr must be  
518 corrected for fractionating processes to derive the paleoatmospheric composition for inferring  
519 MOT.

520 As suggested by ref. 12, under/over-correction of fractionation may lead to systematic  
521 offsets in MOT, but the effect primarily impacts the absolute MOT anomaly (relative to modern)  
522 and has little impact on relative MOT change within a record. We investigate the influence of the  
523 choice in methods of fractionation correction on the MOT record and find that different methods  
524 shift the absolute MOT record up or down but have little effect on relative MOT change in the

525 Taylor Glacier record (see supplement). We thus compute the MOT anomalies relative to the  
526 Taylor Glacier Holocene (10.6 ka) samples and then estimate the Holocene – modern MOT  
527 difference (and uncertainties) from the WAIS Divide MOT record and model simulations of  
528 ocean heat content over the last 2000 years<sup>16</sup>. A detailed description and assessment of the  
529 fractionation corrections is included in the supplementary materials.

530

### 531 **EDC ice core noble gas analysis**

532

533 Four EDC ice core samples from the LIG and four from MIS6 were analyzed at the  
534 University of Bern and included in this study. Measurement and data processing for these  
535 samples are similar to the analysis of Taylor Glacier samples with a few important distinctions  
536 (ref. 15 and supplement). Chronological uncertainties are not considered in this analysis, because  
537 the Taylor Glacier chronology is tied to that of EDC through ice core synchronization and  
538 contribute minimally to the total uncertainty for these samples. In addition, the approach to firm  
539 fractionation corrections differs slightly between Taylor Glacier and EDC (supplementary section  
540 SI4).

541

### 542 **Derivation of MOT from noble gas data**

543

544 To reconstruct MOT values from fractionation-corrected Kr/N<sub>2</sub>, Xe/N<sub>2</sub> and Xe/Kr, we use  
545 the ocean-atmosphere box model of ref. 12 with several modifications. We make no assumptions  
546 about the glacial-interglacial change in the ocean saturation state and use current estimates of  
547 krypton and xenon undersaturation<sup>72</sup> in the box model for the entirety of the record. We also do  
548 not invoke the glacial-interglacial changes in the relative water mass distributions that were  
549 applied in ref. 12 and use the modern distributions of Antarctic Bottom Water and North Atlantic  
550 Deep Water to derive MOT over the full record.

551 We account for the effects of changes in ocean salinity, volume, and atmospheric  
552 pressure on the oceanic inventories of krypton, xenon and nitrogen using the sea level record of  
553 ref. 34 corrected for isostatic effects (supplement). We also include the influence of the large ice  
554 shelf over the Arctic during MIS6, which holds the equivalent of 15 meters of sea level,  
555 influencing ocean salinity and volume, but not sea level<sup>73</sup>.

556 To assess uncertainty in our MOT record we run 10,000 Monte Carlo simulations of our  
557 reconstruction with all known analytical and dating uncertainties in the MOT and sea level  
558 records, as well as the uncertainty in the Holocene-to-modern MOT change. We include  
559 uncertainties in measured Kr/N<sub>2</sub>, Xe/N<sub>2</sub> and Xe/Kr and the isotope data used to correct for firm  
560 processes in our simulations, as well as the method used for fractionation corrections  
561 (supplementary section SI4). To account for age uncertainties in the MOT record, we use an  
562 inverse transform method<sup>74</sup> to randomly sample from our age probability distribution to include in  
563 our Monte Carlo simulations. For our final uncertainty estimate, we use the average of the three  
564 MOT records (and the Monte Carlo simulations) from Kr/N<sub>2</sub>, Xe/N<sub>2</sub> and Xe/Kr to minimize the  
565 influence of analytical noise from any single measurement.

566 The 1 $\sigma$  confidence envelope shown in Figures 2 and 3 was constructed using the  
567 MATLAB cubic smoothing spline function (csaps) with a 2500 year cut off period on the 10,000  
568 Monte Carlo MOT reconstructions. Each reconstruction was resampled using a bootstrapping  
569 method before the spline was produced. The 1 $\sigma$  confidence envelope was then calculated from  
570 the distribution of the Monte Carlo splines at each time interval in the record.

571

### 572 **Data availability**

573 Presented data are available online at <http://www.usap-dc.org/view/dataset/601218>.

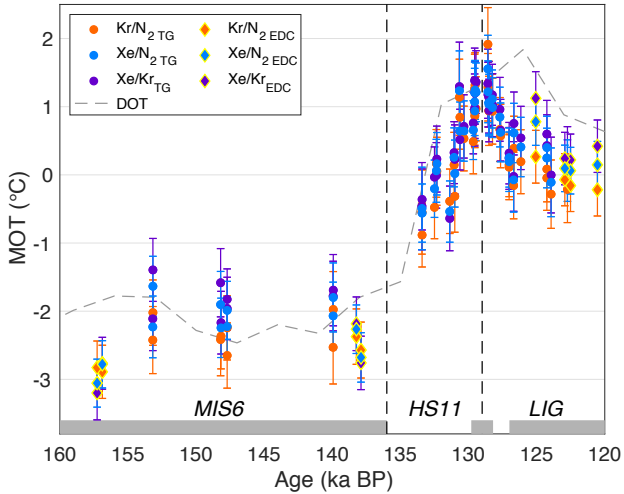
574

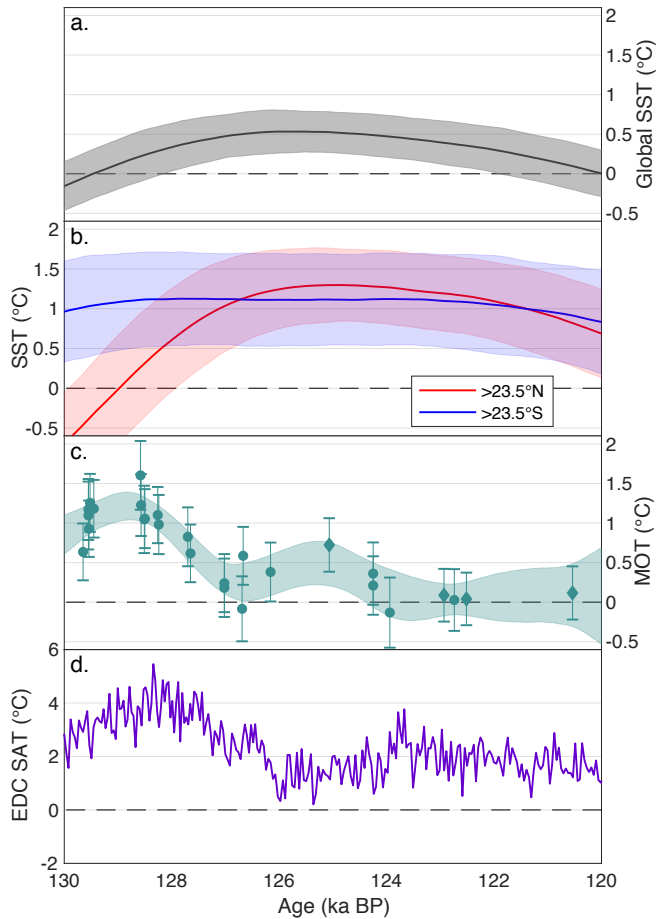
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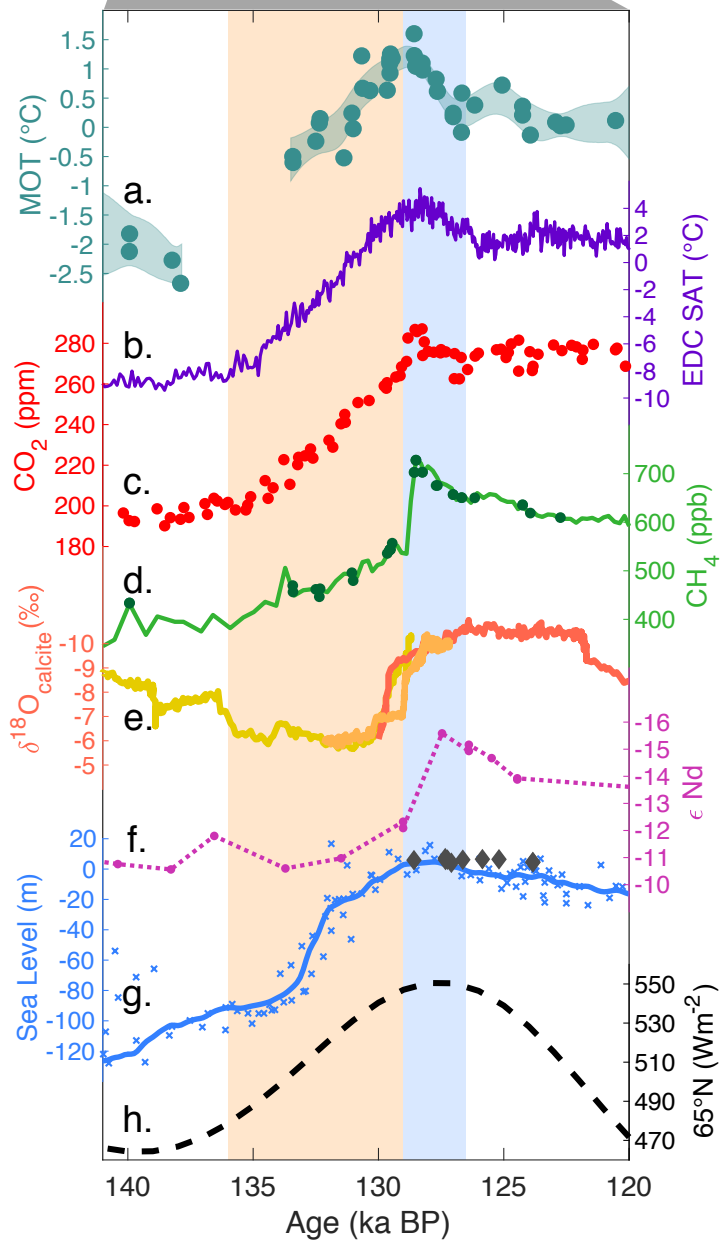








### Termination II



### Termination I

